FROM THE DEPUTY EXECUTIVE DIRECTOR OF PUBLIC WORKS

Greetings To The Community,

In the Spring of 2019, my executive team and I met with staff and the community to gather information to create our vision, mission, and core values. In addition, we collected feedback from the communities on what they would like to see regarding capital projects and programming. Many of you have seen some of these requests, and more come to light. Although it did not happen overnight, your feedback and suggestions have been valuable in building a better space for all to enjoy, and we love to hear just how MUCH you enjoy it.

It is time again for us to engage the community about what they want to see in the next 3-5 years. We want to be proactive in hearing what you all want to see in this next phase of programming and capital projects in the City of Mobile.

Please be looking for our engagement dates starting after Mardi Gras!

Enjoy!

Shonnda Smith

Deputy Executive Director of Public Works,

City of Mobile

VISION:

Fun and Safe Places where Everybody is Somebody

MISSION:

To increase the Social, Emotional and Physical well-being of our community by providing diverse activities in secure and welcoming spaces.

CORE VALUES:

- Customer Service
- Teamwork
- Diversity

THE CITY OF MOBILE PARKS & RECREATION DEPARTMENT

VOLUNTEER PROGRAM

The City of Mobile Parks and Recreation Department is looking for volunteers to help with a variety of opportunities. From park cleanup and senior assistance to sports coaches or collecting tickets at large events, there's something for everyone!

Volunteer Opportunities

- · Events Volunteer
- Recreation Centers
- Tennis Volunteers
- Senior Centers
- Therapeutics
- Youth Coaching/Tutoring

Where to Start?

- 1. Determine your level of involvement. Do you want to volunteer for a few hours or do you wish to be involved in a program over an extended period? Mobile Parks and Recreation has several volunteer opportunties such as: one-time only, ongoing roles and special event opportunities.
- 2. Once our Volunteer Coordinator receives your application, you will be contacted for an interview.
- 3. Training will be provided on-site.

Requirements

- Must be at least 16 years of age
- Provide your own transportation
- Friendly personality
- Flexible availability
- Background check is required for everyone (except one time only Large Event volunteers).











Scan the QR code to visit our website and learn more!





@CityofMobileEvents @MobileParksAndRec



MAYOR, CITY OF MOBILE William S. Stimpson

EXECUTIVE DEPUTY DIRECTOR OF PUBLIC WORKS

Shonnda R Smith

OPERATIONS MANAGER Gerard W. McCants

SUPERINTENDENT OF RECREATION Shadrach Collins, Jr.

SUPERINTENDENT OF PARKS Daniel Otto

> **EVENTS MANAGER** Jonni Nottingham

MOBILE PARKS AND RECREATION DEPARTMENT DIRECTORY

ATHLETIC & AQUATICS PROGRAMS SUPERVISOR: Greg Davis

gregory.davis@cityofmobile.org 251-208-1630

AZALEA CITY GOLF COURSE SUPERINTENDENT: Brian Aaron aaron@cityofmobile.org PGA Head Golf Pro: Lawrence Auer auer@cityofmobile.org 251-208-5150

COMMUNITY CENTERS & PROGRAMS SUPERVISOR: LaNisha Rembert-Penn

lanisha.penn@cityofmobile.org 251-208-1652

MEDIA MARKETING SPECIALIST: Stephanie Durkac

stephanie.durkac@cityofmobile.org 251-208-1651

SENIOR & THERAPEUTIC PROGRAMMING SUPERVISOR & ADA LIAISON: DeQuel Robinson

dequel.robinson@cityofmobile.org 251-208-6107

TENNIS CENTERS SUPERINTENDENT: Scott Novak

scott.novak@cityofmobile.org 251-208-5181

The ADA Liaison provides inclusion to individuals with disabilities and/or medical conditions who request modifications to participate in other Parks and Recreation programs. The City of Mobile Parks and Recreation Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and provide reasonable modifications to facilitate program participation. We request that modification requests are made three weeks in advance, so we can communicate and prepare appropriate modifications. To request a modification or for more information, please contact us via email at mprdada@cityofmobile.org or at 251-208-6169.

WWW.MOBILEPARKSANDREC.ORG





@MobileParksAndRec

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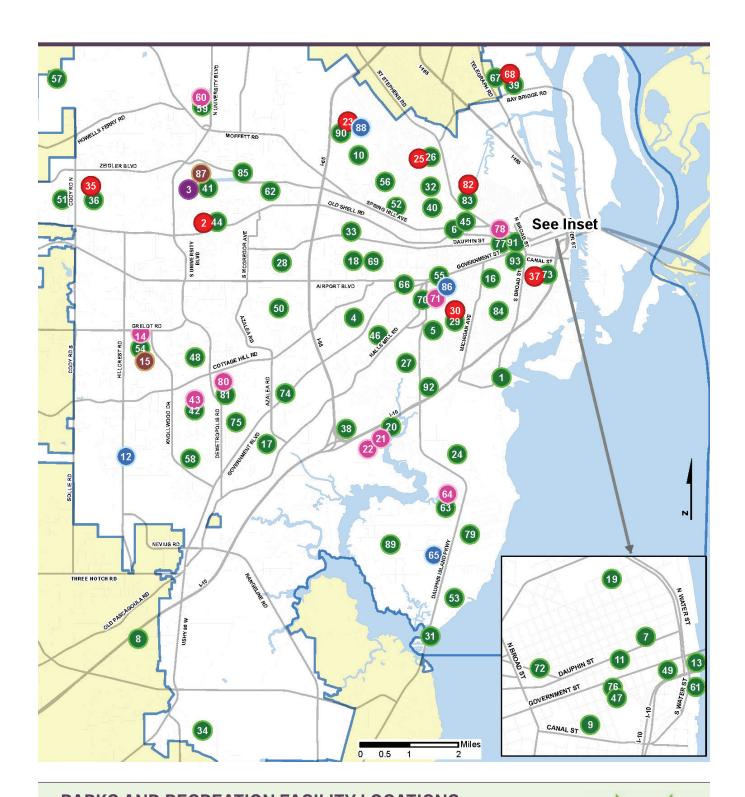
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21-22	HOPE COMMUNITY CENTER
23	LAUN NEIGHBORHOOD CENTER
23-24	LAVRETTA ART & CULTURE CENTER (FORMERLY THE ART INSTRUCTIONAL CENTER)
24	MITTERNIGHT NEIGHBORHOOD CENTER ONLY OPEN FOR RENTALS
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MPRD FACILITIES WILL BE CLOSED ON THE FOLLOWING DATES:

 $\textbf{Dr. Martin Luther King Jr., Birthday:} \ \mathsf{Monday, Jan.} \ 16$

Mardi Gras: Monday, Feb. 20 & Tuesday, Feb. 21

Memorial Day: Monday, May 29



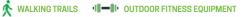


SEE LEGEND ON PAGES 6-7

Data Source: City of Mobile GIS

	PARK & FACILITY	ADDRESS	DISTRICT
32	Aaron Park 🏃	2010 Andrews Street	4
10	Bush Park	712 Rice Street	
23/90	Dotch Community Center &	3100 Bank Avenue	
	Trinity Gardens Park 🟌		
25/26	Figures Community Center & Park 🏌	658 Donald Street	
33	Herndon (Sage) Park 🔨	2900 Dauphin Street	
40	Fredrick D. Richardson, Jr., Tricentennial Park 🏌 💵	2121 Bragg Avenue	
52	McLean Park	320 Park Avenue	
56	Mill Street Park	2665 Mill Street	
	MLK Park	1101 Dr. Martin Luther King,	Jr. Avenue
88	Tricksey Senior Center	3055 Bank Avenue	
7	Bienville Square	150 Dauphin Street	
9	British Park	209 S Dearborn Street	
11	Cathedral Square	300 Conti Street	
13	Cooper Riverside Park	1 Government Street	
16	Crawford-Murphy Park 🏌 ㎡	351 S Ann Street	
19	Detonti Square Park	311 N Conception Street	
29/30	Harmon-Thomas Community Center & Park	1611 Belfast Street	
67/68	Hope Community Center 🏌 📭	850 Edwards Street	
39	Kidd Park	800 East Street	
	Lafayette Heights Park	1508 St Stephens Road	
45	Lyons Park & Tennis Center 🟌	180 Lyons Park Avenue	
47	Malaga Square	403 Church Street	
49	Mardi Gras Park	109 Government Street	
55	Memorial Park	1800 Airport Boulevard	
70/71	Rickarby Neighborhood Center & Park	550 Rickarby Street	
72	Ryan Park	750 Springhill Avenue	
73/74	Seals Community Center & Park 🏌 💵	540 Texas Street	
76	Spanish Plaza	401 Government Street	
78	Springhill Recreation Center	1151 Springhill Avenue	
82/83	Sullivan Community Center & Park	351 N Catherine Street	
91	Unity Point Park	900 Springhill Avenue	
93	Washington Square	251 Chatham Street	







RENTALS AND PERMITS

MPRD's Athletic Fields, Community Centers and Parks are perfect for your upcoming event. For additional information, call the rentals office at (251) 208-1620, email mprdpermits@cityofmobile.org or visit mprd.recdesk.com

Free Wi-Fi available at all Community Centers

	PARK & FACILITY	ADDRESS	DISTRICT
1	Arlington Park 🏌	1705 Broad Street	
5	Baumhauer-Randle Park	1909 Duval Street	
24	Doyle Park 🕏	1728 Rosedale Road	
27	Fry Park	1114 Gimon Circle	
31	Helen Wood Park	4901 Dauphin Island Parkway	
53	McNally Park	4380 Park Road	
63/64	Newhouse Neighborhood Center & Park 🏌	2960 Alston Drive	
65	Parkway Senior Center	1600 Boykin Blvd.	
79	Stewart Road Park	1320 Stewart Road	
89	Trimmier Park 🕏	3600 Alba Club Road	
92	Walsh Park	1401 Windsor Avenue	
46	Maitre Park	2412 Halls Mill Road	
17	Crestview Park 🏌	1600 Roland Drive	
20			
34	Dog River Park Heroes Park 🕏	2459 Dog River Drive N	
38	PFC Howard Johnson II Park 🏌	7161 Old Military Road 2661 Atoll Drive	
30 42	Laun Neighborhood Center & Park 🏌	5401 Windmill Drive	
42	_	5355 Raines Drive	
58	Malibar Heights Park Mims Park	5400 Grishilde Drive	
74	Schwarz Park	3701 Riviere du Chien Road	
7 4 75		4212 Arcturus Lane	
	Skyland Park Stotts Neighborhood Center & Park 🕏		
80/81	Stotts Neighborhood Center & Park	2150 Demetropolis Road	
4	Joe Bailey Park 🏌 🗂	712 Magnolia Road	
18	Denton Park 🏌	2859 Emogene Street	
28	Hackmeyer Park 🏌 🗂	3710 Conway Drive S	
50	Matthews Park	3700 Michael Boulevard	
66	Public Safety Memorial Park 🏌 🗂	2301 Airport Boulevard	
69	Rich Park	2700 Foreman Circle	
12	Connie Hudson Regional Senior Center	3201 Hillcrest Road	
54	Medal of Honor Park 🐧 🗂	1711 Hillcrest Road	
01	West Side Park	1001 Hitt Road	
35/36	Hillsdale Community Center & Park	558 East Felhorn Road	
41	Langan Park 🏌	4901 Ziegler Boulevard	
44/2	Lavretta Park, Art & Culture Center 🟌	200 Parkway W	
57	Miller Park	7000 Lamplighter Drive	
59/60	Mitternight Neighborhood Center & Park 🏌	5310 Colonial Oaks Drive	
51	McCants-Chavers Park	7215 Thirteenth Street	
8	Boykin Park	5850 Carol Plantation Road	
0	20,	5555 Garott latitution modu	n/a



ATHLETIC PROGRAMS

48 N. SAGE AVENUE, MOBILE, AL 36607 | (251) 208-1631
ATHLETICS SUPERVISOR: GREG DAVIS | EMAIL: mprdathletics@cityofmobile.org



This icon indicates a class or activity led by an official MPRD Programmatic Partner.

ALL PARTICIPANTS MUST PRE-REGISTER

YOUTH SPORTS

Contact: Monteil Fluker Phone: 251-208-1649

Email: monteil.fluker@cityofmobile.org

TRACK AND FIELD (Ages 4-14)

Clinic: 3/4 (Free) 9-11am

Season Starts: 3/13

Season Ends: 5/13 (Track Meet Date)

Registration: 1/9 - Online mprd.recdesk.com

Fees: \$75 for ages 4-6, \$100 for ages 7-14

*Discount offered with 2 or more children

Payment Method: Sage Office and/or

Online mprd.recdesk.com

Location: Murphy High School (Mon - Fri, 5-7pm)

YOUTH GIRLS' VOLLEYBALL LEAGUE (Ages 7-14)

Clinic: 3/11 (Free) 9-11am

Season Starts: 3/18 Season Ends: 4/8

Team Registration: 3/12-3/16 - Online mprd.recdesk.com

Fees: \$200 per team/\$20 free agent

Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: Hillsdale Community Center (Sat. 9am-3pm)

YOUTH SPORTS SKILL DEVELOPMENT CAMP (Ages 3-5)

Season Starts: 3/18 Season Ends: 5/13

Registration: 1/9 - Online @ mprd.recdesk.com

Fees: \$45

Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: Sage Park (Sat. Noon-1:15pm)

YOUTH SOCCER LEAGUE (Ages 4-11)

Clinic: 3/18 (Free) 9-11am

Season Starts: 3/25 Season Ends: 6/3

Registration: 2/11-3/18 (Sat. 9-11am) at Sage Park

and/or Online mprd.recdesk.com

Fees: U6-U8 \$100 per team

U10-U12 \$200 per team

Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: Sage Park (Sat. 9am-2pm)

YOUTH BASEBALL LEAGUE (Ages 4-14)

Clinic: 3/25 (Free) 9-11am

Season Starts: 4/8
Season Ends: 6/3
Team Registration: 3/27-4/1

8am-Noon at Sage Park Pavilion and/or Online mprd.recdesk.com

Fees: \$200 per team/ \$20 free agent

Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: Medal of Honor Park/Sage Park (Sat. 8am-3pm)

YOUTH GIRLS' SOFTBALL LEAGUE (Ages 4-14)

Clinic: 3/25 (Free) 9-11am

Season Starts: 4/8
Season Ends: 6/3
Team Registration: 3/27-4/1

8am-Noon at Sage Park Pavilion and/or Online mprd.recdesk.com \$200 per team/ \$20 free agent

Fees: \$200 per team/ \$20 free a
Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: Medal of Honor Park/Sage Park (Sat. 8am-3pm)



ATHLETIC PROGRAMS

YOUTH FLAG FOOTBALL (Ages 7-18)

Clinic: 5/6 (Free) 9-11am

Season Starts: 5/13 Season Ends: 6/17 Team Registration: 4/17-5/5

Online mprd.recdesk.com

Fees: \$200 per team/ \$20 free agent

Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: Sage Park (Sat. 9am-Noon)

ADULT SPORTS

Contact: Marcus Fluker Phone: 251-208-8029

Email: marcus.fluker@cityofmobile.org

ADULT FLAG FOOTBALL LEAGUE (Ages 18 & Up)

Season Starts: 1/14 Season Ends: 2/18

Team Registration: 1/9 - Online @ mprd.recdesk.com

Fees: \$200 per team
Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: Medal of Honor Park (Sat. 2:30-5:30pm)

Programmatic Partnership with South Alabama

CO-ED ADULT SOCCER (Ages 18 & Up)

Soccer Association
Contact: Eddie Hamilton

ontact: Eddie Hamilton

Phone: 251-458-3530

Email: sasasoccerleague@gmail.com

SASA WINTER 7V7 TOURNAMENT

Tournament Date: Sun. 1/22 & Sun. 1/29
Early Entry Fee: \$200 per team thru 1/15
Late Entry Fee: \$250 per team 1/16-1/19

Individual Players: Please contact the league for team

placement/registration

Location: Sage Park

SASA SPRING 11V11 SEASON

Season Starts: 2/26 - 6/4

Early Entry Fee: \$200 per team thru 2/15 Late Entry Fee: \$250 per team 2/16-2/19

Individual Players: Please contact the league for team

placement/registration

Location: Sage Park (Sun. 3-7pm)





VOLLEYBALL OPEN GYM (Ages 16+)

Season Starts: 3/4 Season Ends: 5/20

Registration: Ongoing - Online mprd.recdesk.com

Fees: Free

Location: Hillsdale (Sat. 10am-Noon)

ADULT BASKETBALL LEAGUE (Ages 18 & Up)

Season Starts: 3/28 Season Ends: 5/13

Team Registration: 2/26-3/25 Online mprd.recdesk.com

Fees: \$200 per team
Payment method: Sage Office and/or

Online at MPRD.recdesk.com

Location: James Seals Community Center

Thomas Sullivan Community Center

Harmon Community Center Hillsdale Community Center

AZALEA CITY GOLF COURSE

1000 GAILLARD DRIVE, MOBILE AL I (251) 208-5150
HOURS OF OPERATION: MON.-SUN. 7AM-5PM I DRIVING RANGE OPEN 7AM-4PM
WWW.AZALEACITYGOLFCOURSE.COM

GCSSA SUPERINTENDENT: BRIAN AARON I aaron@cityofmobile.org PGA HEAD GOLF PROFESSIONAL: LAWRENCE AUER I auerl@cityofmobile.org

Azalea City Golf Course offers golf lessons for all golfers. We have various skill level lessons offered from the novice student to the advanced for more experienced golfers. Contact our office for more information regarding private lessons.

Golf instruction is available from our PGA and LPGA teaching professionals. Group and individual instruction programs are available year-round.

Call-in reservations for tee times are encouraged. Weekday tee times are available up to seven days in advance. Weekend tee times may be reserved from 8am on Wednesday before the weekend.

Golf Cart Rentals Available.

GREENS FEES:

\$25 Before Noon, \$17 After Noon

JUNIOR RATES: 18 YEARS & YOUNGER:

\$12 Before Noon, \$8 After Noon

ANNUAL MEMBERSHIPS AVAILABLE

* Limited Membership: Mon.- Fri.

Individual: \$700/year \$200/quarter
Per dependent: \$300/year \$100/quarter

* Unlimited Membership: Mon.-Sun.

Individual: \$1200/year \$325/quarter
Per dependent: \$325/year \$100/quarter

Contact us at 251-208-5150 to schedule your next golf tournament.

COTTAGE HILL GYMNASTICS CENTER

MEDAL OF HONOR PARK, 1711 HILLCREST RD. (BETWEEN GRELOT & COTTAGE HILL), MOBILE, AL 36695 (251) 367-6182 OR (251) 533-8645 | TONYA CARROLL | tonya.carroll@cityofmobile.org

PRESCHOOL MOVEMENT EDUCATION (Ages 3-5)

Children MUST be potty trained to attend class. Introduction to gymnastics apparatus. Body awareness, balance and self-confidence are developed through an introduction to the world of exercise and fun.

,		
1/9-2/13	Mon. & Wed. 2-2:45pm	\$70
1/10-2/9	Tues. & Thur. 9:30-10:15am	\$70
1/14-2/11	Sat. 9-10am	\$50
2/27-3/22	Mon. & Wed. 2-2:45pm	\$65
2/28-3/23	Tues. & Thur. 9:30-10:15am	\$65
3/4-3/25	Sat. 9-10am	\$45
4/3-5/10	Mon. & Wed. 2-2:45 pm	\$70
4/4-5/11	Tues. & Thur. 9:30-10:15am	\$70
4/8-5/13	Sat. 9-10am	\$50

KINDER-GYM (Ages 18 mo.-3 yrs.)

Your toddler will learn basic gymnastics, body awareness, balance and self-confidence in a relaxed gymnastics environment! An adult must participate with the child.

Instructor: Jamila Gatlin

1/13-2/10	Fri. 9:30-10:30am	\$50
1/13-2/10	Fri. 10:30-11:30am	\$50
3/3-3/24	Fri. 9:30-10:30am	\$45
3/3-3/24	Fri. 10:30-11:30am	\$45
4/7-5/12	Fri. 9:30-10:30am	\$50
4/7-5/12	Fri. 10:30-11:30am	\$50



COTTAGE HILL GYMNASTICS CENTER

YOUTH CLASSES

These classes teach progressive skills on trampoline and other gymnastics equipment. Flexibility, strength, balance, and coordination are enhanced through participation in this program.

YOUTH GYMNASTICS (Ages 5-8)

Must be 5 years old by first class

1/10-2/9	Tues. & Thu. 4-5pm	\$75
1/14-2/11	Sat. 10-11am	\$50
2/28-3/23	Tues. & Thur. 4-5pm	\$70
3/4-3/25	Sat. 10-11am	\$45
4/4-5/11	Tues. & Thur. 4-5pm	\$75
4/8-5/13	Sat. 10-11am	\$50

YOUTH GYMNASTICS (Ages 9-12)

1/14-2/11	Sat. 11am-Noon	\$50
3/4-3/25	Sat. 11am-Noon	\$45
4/8-5/13	Sat. 11am-Noon	\$50

BEGINNING TUMBLING (Ages 5-10)

This class is designed to introduce younger students to the various components of tumbling. Primarily: cartwheels, round-offs, back walkovers and back handsprings.

1/10-2/9	Tues. & Thur. 5-6pm	\$75
2/28-3/23	Tues. & Thur. 5-6pm	\$70
4/4-5/11	Tues. & Thur. 5-6pm	\$75

CHEER TUMBLING (Ages 10 & Up)

Emphasis on the tumbling aspect of cheerleading. A must for students preparing for middle school or high school cheerleading.

, , ,	0	
1/9-2/13	Mon. & Wed. 6-7pm	\$75
2/27-3/22	Mon. & Wed. 6-7pm	\$70
4/3-5/10	Mon. & Wed. 6-7pm	\$75
1/10-2/9	Tues. & Thur. 6-7pm	\$75
2/28 -3/23	Tues. & Thur. 6-7pm	\$70
4/4-5/11	Tues. & Thur. 6-7pm	\$75

BEGINNING TRAMPOLINE & TUMBLING (Ages 5 & Up)

This class teaches basic trampoline and tumbling skills. It is an excellent safety course for those families with backyard trampolines.

1/9-2/13	Mon. & Wed. 4-5pm	\$75
2/27-3/22	Mon. & Wed. 4-5pm	\$70
4/3-5/10	Mon. & Wed. 4-5pm	\$75

INTERMEDIATE TRAMPOLINE & TUMBLING (Ages 8-10)

This class is designed to perfect the skills taught in the Beginning T & T class and build on them.

1/9-2/13	Mon. & Wed. 5-6pm	\$75
2/27-3/22	Mon. & Wed. 5-6pm	\$70
4/3-5/10	Mon. & Wed. 5-6pm	\$75

Classes held at: Hillsdale Community Center

558 East Felhorn Road, Mobile, AL 36608

KINDER-GYM (Ages 18 mo.-3 yrs.)

A class for toddlers that will teach basic gymnastics, body awareness, balance and self-confidence in a relaxed gymnastics environment! An adult must participate with the child.

1/14-2/11	Sat. 9-9:45am	\$40
3/4 3/25	Sat. 9-9:45am	\$40
4/8-5/13	Sat. 9-9:45am	\$40

Class Held At:

James Seals Community Center

540 Texas Street, Mobile, AL 36603

KINDER-GYM (Ages 18 mo.-3 yrs.)

A class for toddlers that will teach basic gymnastics, body awareness, balance and self-confidence in a relaxed gymnastics environment! An adult must participate with the child.

1/14-2/11	Sat. 10:30-11:15am	\$40
3/4-3/25	Sat. 10:30-11:15am	\$40
4/8-5/13	Sat. 10:30-11:15am	\$40



COMMUNITY CENTER BEAT

MARCH TO THE BEAT OF YOUR COMMUNITY'S DRUM WITH SPECIALTY ACTIVITIES, CLASSES AND EVENTS VIA THE WEB OR IN PERSON!
THERE'S ALWAYS SOMETHING NEW TO DO! VIRTUAL EDUCATION CAN BE ACCESSED VIA FACEBOOK OR OUR WEBSITE!

FXFRCISE

- Virtual Exercise Darebee: Fitness https://darebee.com
- Fitness Blender https://www.fitnessblender.com/
- Cosmic Kids Yoga https://www.youtube.com/user/CosmicKidsYoga

NEW! FIT M.O.B. - MOBILE (Ages 13 & Up)

Sweat more, pay less! Fit Mobile is a fitness movement outside of the traditional gym setting. With a "less is more" mentality, Fit M.O.B. hosts strength, cardio, and yoga workouts requiring minimal equipment for people of all fitness levels. Catch up with the Fit M.O.B.

Tour Dates:

tour dates around the city!

1/9	6-7pm	Spring Hill Recreation Center
1/12	9-10am	Medal of Honor Park
1/21	9-10am	Figures Community Center
1/28	9-10am	Mardi Gras Park
2/1	6-7pm	Harmon -Thomas Center
2/15	6-7pm	Langan Park
3/4	9-10am	Hillsdale Community Center
3/18	9-10am	Lake Drive Tricentennial Park
3/29	6-7pm	Seals Community Center
4/1	9-10am	Cooper Riverside Park
4/12	9-10am	Spring Hill Recreation Center
4/15	9-10am	Rickarby Park
4/19	9-10am	Lavretta Park
4/29	9-10am	Sullivan Community Center
5/6	9-10am	Dotch Community Center
5/13	9-10am	Mardi Gras Park

NEW! MPRD FIT TRAIL LAUNCH EVENT

QR Codes will be posted along our beautiful walking trails that will allow the walker/runner to gain access to monthly challenges and actives posted through the MPRD landing page. Join local walking challenges among other members and view accomplishments posted on our social sites highlighting our members! During this Launch Event learn how to use your smartphone to get fit!

1/18 Wed. 9-10am

Fredrick D. Richardson Jr., Tricentennial Park

NATIONAL POPCORN DAY

National Popcorn Day pops onto the scene with a crunch we all love to enjoy! The annual celebration recognizes a treat that satisfies munchies, day or night. Stop by your local Community Center and grab a free bag today!

1/19 Thur.

NATIONAL BOY SCOUT DAY

Looking for a troop? Sign-up at James-Seals, Rickarby or Hillsdale Community Centers! Girls are welcome too! 2/8 Wed.

NATIONAL GIRL SCOUT DAY

Whether you are into Caramel Delites, Peanut Butter Patties or shortbread flavors, we can all agree that Girl Scout Cookies are delicious! Support your local Girl Scouts and pick up a box to celebrate National Girl Scout Day!

3/12 Sun.





BREAKTHROUGH TEENS PROGRAMS, ACTIVITIES, & EVENTS

HUMP DAY HANGOUT (All Age Teens)

Free open gym at our Community Centers. Teens will have the opportunity to play basketball, dance, paint, vibe, and more with their friends during the middle of the week. Breakthrough's "Hump Day Hangout" will take place twice a month in one of our community centers in the city of Mobile.

 1/11
 Wed. 4:30-7:30pm

 1/25
 Wed. 4:30-7:30pm

 2/8
 Wed. 4:30-7:30pm

 2/22
 Wed. 4:30-7:30pm

 3/8
 Wed. 4:30-7:30pm

 3/22
 Wed. 4:30-7:30pm

 4/5
 Wed. 4:30-7:30pm

NEW! BREAKTHROUGH'S CAFE (Ages 13-19)

(College Ain't For Everyone) Vocational & Life Skills Day in partnership with: Bishop State, Mobile Police Department, AIDT, FBI, Airbus, Business owners, Military Careers & other organizations.

1/18 Wed. 5-7pm 2/15 Wed. 5-7pm 3/14 Tues. 5-7pm 4/18 Tues. 5-7pm

NEW! COLLEGE CAREER DAYS (Ages 13-19)

During these special days, "Breakthrough Teens MPRD" will be giving teens the opportunity to experience different college campuses. That's right! All teens who register will be able to visit different colleges to see what they have to offer. Registration is required. Sign up at mprd.recdesk.com to save your spot. Space is limited.

1/28 Sat. 2/25 Sat. 3/25 Sat.

NEW! MOVIE NIGHT (All Age Teens)

Teens, are you looking for something to do during spring break? If so, "Breakthrough Teens MPRD" is hosting a movie night just for you. This night you will be able to enjoy a picnic type of vibe movie outdoors! There will be free refreshments as well, so come out and chill before you head back to school!

4/17 Mon. 7-8:30pm

NEW! TEEN SYMPOSIUM (Ages 13-19)

Teen Symposium is an exciting conference designed for the elevating teens of Mobile. The attending teens will have fun participating in engaged activities, games, and the opportunity to hear from amazing motivational speakers (life coaches & business owners). The selected speakers will be discussing life & vocational-related topics. Registration is required at mprd.recdesk.com

4/19 Wed.

NEW! BREAKTHROUGH TEENS MPRD PROGRAM

(Ages 13-24)

Our "Breakthrough Teens MPRD" program focuses in the development of personal, social and professional skills through a variety programs offered in different locations/facilities of the City of Mobile. Our goal is to equip our teens with tools that will help them with their future development. Each week will explore specific themes that are essential for positive growth. Registration is required at mprd.recdesk.com

 4/24-4/28
 Week 1: Career Prep

 5/8-5/12
 Week 2: Career Prep

 5/22-5/26
 Week 3: Educational

6/5-6/9 Week 4: Life Skills & Recreational

6/13-6/15 Week 5: Health 6/19-6/23 Week 6: Leadership

CAMP LIFE

WIND DOWN WEDNESDAY (Ages 5-12)

Come enjoy arts and crafts featuring Mardi Gras themed activities! Bring your throws and let's create new magic.

2/22 Wed.7:30am-4:30pm
Locations: Activity held at all centers

Fee: Free

NEW! AROUND THE WORLD IN A DAY CAMP (Ages 5-12)

Spend the day using your MPRD passport to travel around the world!

3/20 Mon. 7:30am-4:30pm Locations: Activity held at all centers

Fee: Free



SPRING BREAK IN OUTER SPACE CAMP (Ages 5-12)

Spend spring break in MPRD's Outer Space –themed Camp. Travel into outer space within the solar system, let the sun come together with all the planets that revolve around it.

4/17-4/21 Mon.-Fri. 7:30am-4:30pm Locations: Activities held at all centers

Fee: \$15 per day or \$50 for the whole week

MPRDKIDS SUMMER CAMPS

Camp Sessions: Mon-Fri 6/5-8/4

Registration: Begins 4/3, Registration Fee \$25

Sign up weekly: First come, first serve

Camp Weekly Fee: 7:30am-4:30pm, \$25/Camper

Post-Camp Care: 4:30pm-6:30pm, \$5/day or \$20/week Locations: Dotch, Hillsdale, Seals, Springhill,

and Sullivan Community Centers

CAMP LIFE

SUMMER CAMP: AGES 5-12

Structured Camps include:

ARTS AND CULTURE

6/5-6/23

Children will love to explore creativity and the environment this summer! Learn more about Mobile arts and culture while enjoying activities to help enrich the mind and body.

SPORTS AND FITNESS

6/26-7/14

Campers who like to be active can choose from a variety of activities and sports that add diversity to their exercise routine, while having fun at the same time!

EDUCATIONAL AND STEM

7/17-8/4

We will be sharing the wonder of STEM (science, technology, engineering and mathematics) this summer with an interactive camp environment that will encourage campers to explore, build and create.

OUTDOOR CAMP: AGES 3-11

CHILD OF THE WILD

Wild Sprouts is a nature enrichment program that offers children a unique opportunity to improve their development and education while connecting with nature and friends. Participants will explore nature through the study of the native flora and fauna, investigation of new discoveries and more. Call (251) 751-2697 for more information or to register.

Instructors: Rebecca Baxter and J P Kinney

1/19-2/9 Thurs.4-6pm \$30 3/23-4/13 Thurs.4-6pm \$30

Location: Meets at the water tower

in Medal of Honor Park, 1711 Hillcrest Road



This icon indicates a class or activity led by an official MPRD Programmatic Partner.

JOSEPH C. DOTCH COMMUNITY CENTER

3100 BANK AVE., MOBILE, AL 36617 | (251) 452-9856 | HOURS: MON.-FRI. 11AM-8PM, SAT. 10AM-2PM MICHAEL GARBUTT | michael.garbutt@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM (Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness.

1/9-5/19 Mon.-Thurs. 3-7:30pm

GUITAR (Ages 12 & Up)

Rhythm and theory, finger exercises, scales and chords are just a few accompaniments to all the fun songs you will learn from one of Mobile's living legends. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur Jr.

 1/10-1/31
 Tues. 5:30-7:30pm
 \$45

 2/7-2/28
 Tues. 5:30-7:30pm
 \$45

 3/7-4/18
 Tues. 5:30-7:30pm
 \$45

 4/25-5/16
 Tues. 5:30-7:30pm
 \$45

Location: Room C

KNIGHT LIFE LEADERSHIP DEVELOPMENT PROGRAM FOR YOUNG BOYS (Ages 9-14) PP

Bringing the art of chivalry back into our modern world!
Life Core 3-16 is a Christ centered, male focused, group
mentoring discipleship and leadership training series. We promote
a structured, multi-component, versatile program that focuses
on three specific life principles (with supporting declarations) and
sixteen personal core values. Please call 251-591-8041 or email us
at jubileekidz@jysla.org – some scholarships are available. We are
here to teach, learn and have fun.

Instructors: Llewaylyn Lanier, Marc Guerrieri, & Johnnie Eaton, "Jubilee Youth Leadership Academy"

1/10-5/18 Tues. & Thurs. 4:30-6:30pm

Fee: \$25/week Location: Room B



JOSEPH C. DOTCH COMMUNITY CENTER

PIANO (Ages 7 & Up)

Rhythm and theory, finger exercises, scales and chords are just a few accompaniments you will learn from one of

Mobile's Living Legends. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur Jr.

1/11-2/22 Wed. 5:30-7:30pm \$45 \$45 3/1-3/29 Wed. 5:30-7:30pm Wed. 5:30-7:30pm 5/3-5/17 \$45

Room C Location:

BIBLE STUDY



Study the letters of the Bible with one of Mobile's Bible scholars.

Instructor: Elder J. Tubbs

1/13-5/19 Fri. 10am-Noon Location: Room D

FITNESS AND NUTRITION (Ages 18 & Up)

This program offers regular exercise planning and development. This program is for those who want to learn how to make simple nutritious meals on a budget.

Instructor: Mike Garbutt

Mon. & Fri. 5-6pm 1/9-5/19

Location: Room A

COMPUTER FOR BEGINNERS (Adults)

Come learn the basic operation of a computer and how to easily access the internet. We will also show you how to wirelessly print from your cell phone.

Instructor: Linda Carter

1/9-5/18 Mon., Tues. & Thurs. 3-4pm

Room C Location:

ZUMBA FOR WOMEN (Ages 18 & Up)



Get the workout you been missing; low and high intensity moves. You will get muscle conditioning, flexibility and a boost of energy in every class.

Instructor: Deanne Franklin

1/10-5/18 Tues. & Thurs. 4-5pm

Location: Room A

OPEN BASKETBALL

1/9-5/19 Mon., Wed., & Fri. Session 1: 11:30am-2:30pm 1/9-5/19 Mon., Wed., & Fri. Session 2: 5:30-7:30pm

1/10-5/18 Tues. & Thurs. 11:30am-2:30pm

Only session of the day:

Location: Gym

CROCHET MATS

Learn to make sleeping mats for the homeless out of plastic bags. Please save your clean grocery bags for us.

Instructor: Joann Willcutt

1/11-5/17 Wed. 10am Location: Computer Lab

CHAIR EXECRISE WITH JOHNNIE

Chair exercise is a safe, effective, low impact workout that is good for all fitness levels.

Instructor: Johnnie Rankins

1/10-5/25 Tues. & Thurs. 9am Location: Multipurpose Room A

OPEN ART LAB (All ages)

In this self-lead activity participants bring their own art supplies and encourage each other by helping or offering light critiques.

Mon. 10am-Noon 1/9 - 5/15 1/12 - 5/18 Thurs. 10am-Noon Location: Computer Lab

LALA LINE DANCING (All ages)



Swing your arms, shake your hips & move your feet to the beat of popular line dancing music. This is a good aerobic activity and everyone is encouraged to move at their own pace.

Instructor: LaDresta (LaLa) McNeal

1/10-5/16 Tues. 11am-1pm 1/11 - 5/17 Wed. 5-7:30pm 1/12 - 5/18 Thurs. 5-7pm Location: Gym

SENIOR PROGRAMMING (AGES 55+)

BOOKWORM CLUB (Ages 55+)

For seniors of all ages that love to enjoy a good read. This club is a reading group, consist of open-minded people who loves to read and discuss books based on a topic or an agreed-upon readings.

Instructor: Kathleen O'Neal

1/13-5/19 Fri. 10am Location: Computer Lab

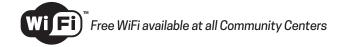
BUNCO CLUB

Come roll the dice with us. In this game no skill is required. It is the luck of the roll. Learn Bunco and play for fun!

Instructor: Heidi Hanchev

1/13-5/12 2nd Friday of the month, 10am

Multipurpose Room A Location:



JOSEPH C. DOTCH COMMUNITY CENTER

OPEN GAMES

Play a different hand each day of the week and learn new skills while making friends.

1-9-5/20 Rook & Canasta Mon. & Fri. 10am-Noon

Mexican Train Tues. & Thurs. 9am-Noon Bid Whist Tues. & Turs. Noon -7pm

Pinochle Wed. 9am-7pm

Location: Game Room

ROOK CARD GAME

Learn to play Rook and you can join us in competing at the Master's Games Oct. 2023.

Instructor: JoAnn Willcutt

1/13 -5/12 Fri. 10am Location: Game Room

BEGINNER WATERCOLOR CLASS

Looking for beginner watercolor enthusiast! Nurture your creativity through the relaxation therapy of art. This is a nonjudgmental approach to watercolor. A supply list will be given first day of class.

Instructor: Heidi Hanchey

1/10-5/16 Tues. 10am

Location: Multipurpose Room A

CRAFTING CLASS

New supply list each month. Work together with a class of crafters to learn new techniques and encourage each other in order to create new projects.

Instructor: Heidi Hanchey

2/3-5/5 1st Friday of the month 10am

Location: Multipurpose Room A

PICKLE BALL (Ages 55+)

A paddleball sport (like a racket sport) that combines elements of badminton, table tennis, and tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, much like a whiffle ball, with 26-40 round holes,

over a net.

1/31 -5/16 Tues. 10am Location: Gym



This icon indicates a class or activity led by an official MPRD Programmatic Partner.

MICHAEL A. FIGURES COMMUNITY CENTER

658 DONALD STREET #C, MOBILE, AL 36617 I (251) 452-4052 I HOURS: MON-FRI. 8AM - 8PM YOLANDA TURNER I yolanda.turner@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon. - Fri. 3-5pm

LIGHT OF THE VILLAGE "CAMP LIGHT" (Ages 5-14)

Be a happy camper! Campers play fun-filled games plus hear short Bible stories and participate in reading and math enrichment activities.

Instructors: Light of the Village Staff

1/9-5/15 Mon. 3-5pm

Location: Multi-purpose room A

3 ON 3 BASKETBALL (Ages 18 & Up)

Come build sportsmanship and a spirit of friendly good-fellowship while having a great time in the community.

Instructor: Edward Stokes

1/10-5/17 Tues & Wed. 5:30-7pm

ARTS AND CRAFTS (Ages 4-10)

Provide children with opportunities to engage in arts and crafts, allowing them to explore their ideas and concepts, and then express that through making something with which they can feel proud.

Instructor: Yolanda Turner

1/9-5/17 Mon. & Wed. 4-5pm Location: Multi-purpose room B

CRICUT CRAFT 101 (Ages 13 & Up)

This class is for the absolute beginner. We will be going over the basics of the Cricut machine and software. In this two-hour class you will complete a project to take home.

Instructor: Claudia Williams

1/10-5/16 Tues. 5-7pm

Location: Multi-purpose room B

MICHAEL A. FIGURES COMMUNITY CENTER

WALKING TRACK

Walking is a type of Cardiovascular physical activity, which increases your heart rate. This improves blood flow and can lower blood pressure. It helps to boost energy levels by releasing certain hormones like endorphins and delivering oxygen throughout the body.

Instructor: Yolanda Turner

1/9-5/15 Mon. 11:00am-Noon

BEGINNER FOOSBALL (Adults)

Build comradery in the community, Provide activities for all. A fast paced "2 man" face off. Come join the fun.

Instructor: Edward Stokes

1/9-5/17 Mon. & Wed. 11:30am

Location: Game room 1

TABLE TENNIS LEAGUE AND TOURNAMENT (Adults)

Sometimes called Ping Pong, Table Tennis is a sport enjoyed by people across the world. Come play with us at Figures Community Center's Table Tennis Leagues. Build comradery in the community.

Instructor: Edward Stokes

1/10--5/18 Tues. & Thurs. 11:30am

Location: Game room 1

COMMUNITY CLEAN UP DAY (Ages 5-10)

The kids will have a fun time picking up trash and treating it like it is a competition. At the end of the day the one with the largest recycled bag of trash wins a prize.

Instructor: Frank Spraglin

 2/24
 Fri. 5:30pm

 3/24
 Fri. 5:30pm

 4/28
 Fri. 5:30pm

 5/19
 Fri. 5:30pm

LINE DANCE WITH LALA (Ages 15 & Up)

Line dancing/swing out is just another way you can stay healthy at Michael Figures Community Center. When you join us, you can learn the latest dance steps, have lots of fun and get some exercise.

Instructor: LaDestra McNeal

1/10-5/16 Tues. 5-7pm

Location: Multi-purpose room A

CONFLICT RESOLUTION (All Ages)

To introduce participants to effective problem solving and respect of others. Participants will develop communication skills.

Instructor: Cheryl Turk

1/10-5/18 Tues. & Thurs. 6:30pm Location: Multi-purpose room C

LET'S READ FOR FUN (All Ages)

Build reading skills, explore different cultures in the world, discover new places to travel. Participants will develop reading skills and explore new places.

Instructor: Cheryl Turk

1/11-5/17 Wed. 5:30pm Location: Multi-purpose room C

LET'S TALK (Ages 12-19)

To allow participants the opportunity to openly engage in topics of concerns specific to their age group and learn how to express their daily challenges.

Instructor: Claudia Williams

1/9-5/15 Mon. 5pm

Location: Multi-purpose room C

OPEN GAME ROOM (All Ages)

Monopoly, Uno, Spades, Bumper Pool & more. Join us for some open play game room fun.

1/9-5/19 Mon.-Fri. 11am-3pm 1/9-5/19 Mon.-Fri. 5:30-7:30pm

Location: Game room 2

OPEN COMPUTER LAB

1/9-5/19 Mon.- Fri. Noon-2pm

OUR STORIES (Ages 15 & Up)

Our Stories is a mentoring program that provides motivation, financial preparation, job skills and educational programs to help young people develop life skills and make healthy choices in their everyday life.

Instructor: Yolanda Turner

 1/9
 Mon. 4-5pm

 2/13
 Mon. 4-5pm

 3/13
 Mon. 4-5pm

 4/10
 Mon. 4-5pm

 5/8
 Mon. 4-5pm

Location: Multi-purpose room C

WOODWINDS (Ages 12 & up)

Aspiring musicians can get instruction in brass or woodwind instruments. Lessons will be provided on clarinet, flute, saxophone, trumpet, trombone, etc. Call 251-422-4009 for more information and to register.

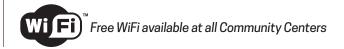
Instructor: Theodore Arthur Jr.

 1/9-2/13
 Mon. 5-6:30pm
 \$45

 2/27-4-3
 Mon. 5-6:30pm
 \$45

 4/10-5/15
 Mon. 5-6:30pm
 \$45

Location: Multi-purpose room A



MICHAEL A. FIGURES COMMUNITY CENTER

TENNIS ALL LEVELS (Ages 6 & Up)

Coach Deleston will provide beginner & intermediate instruction. Practice in the areas of ready position stance, back-hand & forehand stance, and how to strike a tennis ball correctly. Other areas of instruction include how to serve, play points and keep score. Racquets are available or bring your own. Call 251-648-2965 for information or to register.

Instructor: Lance Deleston

4/8-5/20 Sat. 8-11am \$40/4 wks.

Location: Tennis court



HARMON-THOMAS COMMUNITY CENTER

1611 BELFAST ST., MOBILE, AL. 36605 | (251) 470-7752 | HOURS: MON.-FRI. 11AM-8PM LESLIE PETTAWAY | leslie.pettaway@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Location: Room B

LIGHT OF THE VILLAGE AFTER SCHOOL CAMP (Ages 5-14)

Be a happy camper! Campers play fun-filled games plus hear short Bible stories and participate in reading and math enrichment activities.

Instructors: Jordan and Julisa

1/9-5/19 Mon. 3-5pm Location: Room B

PLAY YOUR BEST GAME (Ages 13-17)

Teaching basic life skills through games of basketball and volleyball.

Instructor: James White

1/11-5/19 Wed. & Fri. 4:30-5:30pm

Location: Room D

NEW! FINANCIAL WELLNESS (Ages 18 & Up)

Financial wellness helps you emotionally while empowering people with the financial knowledge needed to improve their path to a healthy lifestyle.

Instructor: Quanesha Cade

1/10-5/19 Tue.-Fri. 3-5pm Location: Room B

LANDSCAPING 101 (Adults)

Come out with your mind and body ready to plant flowers while beautifying your community. It's good a way to grow a greener thumb with others.

Instructor: Nathanial Moore

1/9-5/19 Mon.-Fri. Noon-2pm

Location: Room C

COMPUTER FOR BEGINNERS (Adults)

Come learn the basic operation of a computer and how to easily access the internet. Along with teaching how to wirelessly print from your cell phone.

Instructors: Leslie Pettaway

1/9-5/19 Mon. & Fri. 11:15am-12:15pm

Location: Room A

NEW! COMMUNITY CLEAN UP DAY (Ages 5-10)

The kids will have a fun time picking up trash and treating it like it is a competition. At the end of the day the one with the largest recycled bag of trash wins a prize.

Instructor: Nate Moore

 2/24
 Fri. 5:30pm

 3/24
 Fri. 5:30pm

 4/28
 Fri. 5:30pm

 5/19
 Fri. 5:30pm

NEW! VOICE 101 (All Ages)

Whether you want to learn how to sing or strengthen your existing skills, this is the class for you. The voice is an instrument. Learn proper breathing, posture and vocal projection.

Instructor: James Gulley

1/10-5/16 Tues. 10:30-11:30am

Location: Room B

OPEN BASKETBALL

1/9-5/19 Mon., Wed., & Fri. 5:30-7:30pm 1/10-5/18 Tues. & Thurs. 11:30am-2:30pm

Location: Gym



HILLSDALE COMMUNITY CENTER

558 EAST FELHORN ROAD, MOBILE AL 36608 | 251-344-0341

HOURS: MON.-FRI. 9AM-8PM, SAT. 10AM-2PM | RHONDA MCDANIEL | rhonda.mcdaniel@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM (Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness. 1/9-5/19 Mon.-Thurs. 3-7:30pm

HILLSDALE ANNUAL MARDI GRAS CELEBRATION

Join in as we parade with bands and bead - Mardi Gras Style! 2/17 Fri. 10am-2pm

NEW! COOKING HISPANIC FOOD WITH KISMETH

(Ages 15 & Up)

Learn to cook with Hispanic and healthy flavor. Come and discover the diversity of flavors through basic recipes. Join my group and delight your palate by having fun while learning the basics of cooking. For more information or to register call 787-922-5081.

Hispanic Community Services Instructor: Kismeth Melendez

 1/27
 Fri. 6:30-7:30pm

 2/24
 Fri. 6:30-7:30pm

 3/31
 Fri. 6:30-7:30pm

 4/28
 Fri. 6:30-7:30pm

NEW! BEGINNER ENGLISH CLASS FOR ADULTS

(Ages 18 & Up)

Basic English classes for adults. In a very relaxed setting with emphasis on pronunciation and every day communication.

For more information or to register call 318-471-2462.

Hispanic Community Services Instructor: Francisca Carvajal

1/10-5/16 Tues. 6-7pm

Location: Multi-Purpose room D

NEW! BEGINNING SPANISH CLASSES FOR CHILDREN

(Ages 4-6)

Basic Spanish classes for children, in a very relaxed setting with emphasis on pronunciation and every day communication. For more information or to register call 787-922-5081

Hispanic Community Services Instructor: Kismeth Melendez

1/10-5/16 Tues. 6-7pm

Location: Multi-Purpose room C

NEW! LATIN DANCE (Ages 15 & Up)

Come join us for a fun dancing class, where exercise and culture come together to help you stay in shape! For more information or to register call 251-391-5193.

Hispanic Community Services Instructor: Flor de Maria Gilman & Co

1/9-5/15 Mon. 6:30-7:30pm

Location: Gym

NEW! CARDIO DANCE (Ages 15 & Up)

Whether your goal is to have a healthy lifestyle or to get in shape, you can enjoy the healthy benefits of different dance styles and cultures, regardless of your age, nationality or physical condition. For more information or to register call 787-375-1708.

Instructor: Cristina Ramos & Co.

1/10-5/16 Tues. 6-7pm Location: Gym

ETIQUETTE (Ages 10-12)

This class is designed to empower children to develop strong social skills that will transfer them into leaders of tomorrow.

Instructor: Rhonda McDaniel

1/10-5/18 Tues. & Thurs. 4-5pm Location: Multi-Purpose room C

CRICUT CRAFT 101 (Ages 13 & Up)

This class is for the absolute beginner. We will be going over the basics of the Cricut machine and software. In this two-hour class you will complete a project to take home.

Instructor: Destiny Hale and Rhonda McDaniel

1/11-5/17 Mon. & Wed. 5-6:30pm Location: Multi-Purpose Room A

CHAIR EXERCISE (Adults)

You will build strength in your arms, legs, core and more without having to stand up.

Instructor: Brenda Miller

1/10-5/18 Tues. & Thurs. 3-4pm

Location: Gym

BALLET & JAZZ (Ages 4-6)

A beginner dance class that combines ballet and jazz. Students learn basic ballet positions and techniques along with jazz walks, chasse' and battements. Students will perform a short center floor combination using these skills. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

1/10-5/16 Tues. 5-5:45pm \$20/4wks.

Location: Multi-Purpose room B

HILLSDALE COMMUNITY CENTER

BALLET (Ages 7-12)

🦳 A beginner dance class. Students learn basic ballet positions and techniques. Students will perform a short center floor combination using these skills. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

1/9-5/15 Mon. 5-6pm \$20/4wks.

Location: Multi-Purpose Room B

JAZZ (Ages 7-12)

A beginner dance class. Students learn basic jazz walks, chasse' and battements. Students will perform a short center floor combination using these skills. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

1/9-5/15 Mon. 6-7pm \$20/4wks.

Location: Multi-Purpose Room B

DANCE COMPANY (Ages 7-13)

Comprised of dedicated dance students who love to perform and are looking to be challenged in class, rehearsals and performance. Each dance team level is designed for their specific age group and promotes teamwork and self-confidence.

Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

1/11-5/17 Wed. 5:45-7:30pm \$20/4wks.

Location: Multi-Purpose Room B

LYRICAL DANCE & HIP HOP (Ages 4-6)

Fun, creativity and self-expression are the basis of this class that combines Hip Hop, also known as street dance & Lyrical, a blend of ballet & jazz. Call 251-348-2654 for more information or to register.

Instructor: Shalinda Henry

1/10-5/16 Tues. 5-6pm \$20/4 wks.

Location: Multi-Purpose Room B

TABLE TENNIS CLUB "It's On like Ping Pong"

The Table Tennis Club is a place for people to learn table tennis, practice and meet others to play matches. Mike Ho, Baker High School Table Tennis coach will be helping everyone to work on skills and learn the game.

1/9-5/18 Mon. & Thurs. 5:45-7:45pm Location: Multi-Purpose Room B

TEEN DANCE (Ages 13-18)

This class teaches students 13-18 the basics of jazz, ballet, hip hop, lyrical and majorette. Call 251-348-2654 for more information or to register.

Instructor: Shalinda Henry

1/9-5/15 Mon. 7-7:50pm \$20/4wks.

Location: Multi-Purpose room B

TAP (Ages 6-10)

igwedge In this class you will learn the basic steps for beginner tap dance.

Instructor: Shalinda Henry

1/12-5/18 Thurs. 5:30-6:30pm \$20/4wks.

Location: Multi-Purpose room B

HIP HOP (Ages 7-12)

Necestivity and self-expression are the basis of this class that combines Hip Hop, also known as street dance & Lyrical, a blend of ballet & jazz. Call 251-348-2654 for more information or to register.

Instructor: Shalinda Henry

1/12-5/18 \$20/4wks. Thurs. 6:30-7:30pm

Location: Multi-Purpose room B

TIK TOK DANCE (Ages 5 & Up)



This class focuses on Tik Tok dance trends.

Call 251-348-2654 for more information or to register.

\$20/4wks.

Instructor: Shalinda Henry

1/12-5/18 Thurs. 5-5:30pm

Location: Multi-Purpose room B

PERFORMANCE GROUP



A dance will be performed in front of an audience.

Instructor: Shalinda Henry

1/11-5/17 Wed. 5:30-7pm \$20/4wks.

Location: Multi-Purpose room B

TODDLER DANCE (Ages 2-3)

) Instill a love of dance in your young child. Learn basic ballet and tap movements with proper techniques in a positive and fun environment. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

1/11-5/17 Wed. 5-5:30pm \$20/4wks.

Location: Multi-Purpose room B

SENIOR PROGRAMMIMG (AGES 55+)

ALABAMA ELDERLY NUTRITION PROGRAM

Are you at least age 60? Would you enjoy meeting others, socializing, playing games, learning about healthy eating and a hot meal? Come have a nutritious meal combined with social activities and fellowship.

Must register for a center meal.

1/9-5/19 Mon.-Fri. 9am-1pm



HILLSDALE COMMUNITY CENTER

JOG THROUGH THE PARK (Ages 55+)

Early Riser? Want to get your steps in? Join Gigi and Hillsdale seniors as we walk, stroll, and jog Hillsdale's trails every Mon. Wed. And Friday morning! Come Out and Get Some Fresh Air!

Instructor: Guynasha DeWeever

1/16-5/12 Mon. Wed. Fri. 9am-10am

BLANKET MAKING (Ages 55+)

Want to learn a new skill? Join Hillsdale seniors in creating Knott blankets. In this class you will learn how to cut, fill, and create blankets.

1/10-2/9 Tues. & Thurs. 12:30-1:30pm

SENIOR HEALTH FAIR

Join us in March for Health Education, Blood Pressure Checks, Preventative Screening, and learn about the Health Resources offered in your community! Let's all take a step into living a healthier life by becoming informed!

3/16 Thurs. 10am-1pm

NEW! BINGOCIZE (Adults)

BingoCize is a 10-week program designed to increase physical activity. This will increase older adults' functional fitness,

knowledge of fall prevention and social engagements.

Instructor: AltaPoint Staff

1/14-3/30 Tues. & Thurs. Noon-1pm

Location: Gym

ROBERT HOPE COMMUNITY CENTER

850 EDWARDS STREET, MOBILE AL 36610 | (251) 456-7639 | HOURS: MON.-FRI. 11AM-8PM CHAMYNE THOMPSON | chamyne@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM (Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness.

1/9-5/19 Mon.-Thurs. 3-7:30pm

BLACK HISTORY 2023 EVENT

Theme: "Black Perseverance"

Celebrating the Arts, Music, and Culture! This is a free family-friendly event for the entire community.

2/6 Mon. 6:30-8pm

ADULT BASKETBALL FREEPLAY (Ages 18 & Up)

Get In the Game...Playing basketball strengthens muscular endurance requires agility, strength, and stamina. Builds healthy bones, improves balance and coordination, develops fundamental movement skills, improves body composition, and boosts heart health with Freeplay.

1/9 - 5/17 Mon., Wed., & Fri. 11am-2pm

Location: Gym

Wi Fi Free WiFi available at all Community Centers

YOUTH BASKETBALL FREEPLAY (Ages 5-17)

GAME ON...Playing basketball strengthens muscular endurance requires agility, strength, and stamina. Builds healthy bones, improves balance and coordination, develops fundamental movement skills, improves body composition, and boosts heart health with Freeplay.

1/9 - 5/17 Mon.-Fri. 2:30-4:30pm

Location: Gym

WALK FIT/ CHAIR EXERCISE (Adults & Seniors)

Instructor: Marie Beard & Barbara Hines

1/9-5/19 Mon. & Fri. 11am-Noon and 6-7pm

Location: Gym and Outdoor Track

GAME ZONE /PLAYSTATION AND MORE (Ages 7-16)

Come have fun and get social in the Game Zone while playing video games and more.

Instructor: Conrad Allen

1/11-5/17 Wed-Friday 5:15-7:15pm

Location: Game Room

ART WHAT YOU WANT (Ages 11-15)

In this Art-mazing class your child will be given the option to be Creative and "art what they want" providing children with opportunities to engage in arts and crafts by allowing them to explore their ideas and concepts while making something of which they can be proud.

Instructor: Chamyne Thompson 1/9-5/15 Mon. 4-5

1/9-5/15 Mon. 4-5pm Location: Art Room 4

ROBERT HOPE COMMUNITY CENTER

DISRUPSHUN SERVICE ORGANIZATION (Grades 8-12)

This program is a service organization designed for young ladies and gentlemen ages 13-19, exclusively for educational and charitable purposes. For more information call Ms. Walker at 251-610-9427.

Instructor: Carla Walker

1/10-5/18 Tues. & Thurs. 5:30-7:30pm Location: Multi-Purpose Room 5

BAKING WITH MS. BARBARA & FRIENDS (Ages 10-17)

Learn basic baking with ease. Join us and have fun while learning the basics of baking.

Instructor: Barbara Hines

1/13-5/12 2nd Friday of each month, 5-6pm

Location: Multi-Purpose Room 5

SEWING CLUB (Ages 10-16)

A fun-loving group of people with a common interest of sewing. Enjoy sewing and learn together how to create beautiful garments, pillows and more.

Instructor: Marie Beard

1/10-5/16 Tues. Noon-1pm Location: Room 2

ADULTS SPADES/BID (Adults)

Get social and join us for Card Games.

Instructor: Marie Beard

1/9-5/19 Mon. & Fri. 11am-2pm & 6-7:30pm

Location: Game Room 1

PUZZLE PALS

Patterning activity for youth and adults.

Instructor: Marie Beard

1/10-5/17 Tues & Wed 11:30am-1:30pm (Adults)

4-5pm (Children)

Game Room 1 Location:

NEW! YOUTH BOXING & KICKBOXING (Ages 5 & Up)

Get your youth physical with boxing and kickboxing. They will learn a new skill of improve their endurance, mobility and learn the basic fundamentals of this amazing sport. Core development is the primary objective. \$25 per class call Mr. Derick Payne to register at 251.331.6130.

Instructor: Mr. Derick Payne

1/9-5/15 Mon. 4-6pm

Location: Multi-Purpose Room



EXPLORE PUPPETRY (Ages 6 & Up)

Explore interactive puppet-building and become puppet makers and puppeteers.

Instructor: Marie Beard

1/11-5/17 Wed. 5:30-6:30pm

Location: Room 2

VIRTUAL WORLD PLAY (Ages 11-17)

Step into a new virtual world with downloadable games, apps, entertainment and more with the Oculus VR Experience.

Instructor: Conrad Allen

1/9-5/19 Mon. & Fri. 3:30-5:30pm

Location: Game Room

NEW! SOUND OF AFRICATOWN (Ages 5 & Up)



Kids will learn basic drumming skills with local drummer.

Instructor: Wayne Curtis

1/12-5/18 Thurs. 4-5pm Game Room Location:

NEW! PEARLS OF HOPE & RAYS OF HOPE MENTORING

PROGRAM (Ages 8-17)

PEARLS OF HOPE & RAYS OF HOPE is a mentoring program for young women and men that provides life skills that empowers the youth through social skills, spiritual development, entrepreneurship, financial literacy, job readiness, health/fitness, and educational programs to help them to make healthy life choices and find their life purpose to achieve success.

Instructor: Chamyne Thompson 1/12-5/19 Thurs. 4-5pm

Multi-Purpose Room Location:



LAUN COMMUNITY CENTER

5401 WINDMILL DR. (OFF DEMETROPOLIS RD.), MOBILE, AL 36693 | (251) 661-6541 HOURS: MON.-FRI. 11AM-8PM | RODERICK CUNNINGHAM | roderick.cunningham@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19

Mon.-Fri. 3-5pm

Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM (Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness.

1/9-5/19 Mon.-Thurs. 3-7:30pm

CRICUT CRAFTS 101 (Ages 13 & Up)

This class is for the absolute beginner. We will be going over the basics of the Cricut machine and software. In this two-hour class, you will learn to create and make fun things to share!

Instructors: Dorothy Smith

1/10-5/18 Tues. & Thurs. 4-6pm

HEALTH & NUTRITION (Ages 6 & Up)

Teaching kids about nutrition and healthy food choices.

Instructor: Roderick Cunningham

1/9-5/17 Mon. & Wed. 4-5pm

SEWING FOR BEGINNERS (Ages 13 & Up)

Learn the basic function of your sewing machine and become comfortable with straight stitching.

Instructor: Dorothy Smith

1/9-5/17 Mon. & Wed. 5:30-6:30pm

LAVRETTA ART & CULTURE CENTER

200 PARKWAY WEST (OFF OLD SHELL ROAD, IN LAVRETTA PARK), MOBILE, AL 36608
(251) 460-2421 | HOURS: MON-FRI. 11AM-8PM | ACTIVITIES SPECIALISTS: LEE CALLAGHAN & REGINA SMITH

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm

CARING CLUB (Ages 5 & Up)

A very elite club for community members to invest in their park. This is a family friendly activity, and parental involvement with their children is encouraged. We will work together to always keep our park clean and inviting. Beautification projects will include gardening and craft activities. If you have garden gloves, they may come in "handy".

Instructor: Lee Callaghan & Regina Smith

1/23 Every other Mon. 3:30-5pm

2/6

3/6

3/20

4/3

5/1

*We will not meet on 4/17 due to the Songkran Festival



PRESCHOOL STORYTIME & CRAFT (Ages 3-5)

Bring your preschooler for a story and let them participate in creating a fun craft. Parents must accompany their child. New story and craft every week!

Instructor: Lee Callaghan & Regina Smith

1/17-5/2 Tues. 3:30-5pm

*No class 4/18

AFTER SCHOOL ARTS & CRAFTS (Ages 6-12)

A break from the grind of school, kids will put on their creativity hats and work on projects that inspire them and give their self-esteem a boost in an encouraging environment.

Instructor: Lee Callaghan & Regina Smith

1/19--5/4 Thurs. 3:30-5pm

*No classes 2/23 & 4/20

LAVRETTA ART & CULTURE CENTER

WORLD EXPLORERS (Ages 6-14)

In this arts & cultural class, children will explore customs and artforms of other countries throughout our world. We will have guest presenters and a variety of experiences that will enrich our young participants' lives.

Instructor: Lee Callaghan

1/30 Every other Mon. 3:30-5pm

2/13

2/27

3/13

3/27

4/10

4/24

5/8

MARDI GRAS PORCH PARADE (Ages 12-17)

One-of-a-kind, 5-week class to teach teens about sculpting and using papier-mache to create a large Mardi Gras Porch Parade piece. This is going to be such an awesome experience for teens!

Instructor: Lee Callaghan

1/12-2/9 Thurs. 6-7pm

A TIME FOR TEENS (Ages 13-17)

Teens, join us to explore multitudes of artforms, artists, and mediums, while hanging out with friends old & new. Here you may expect to find the creativity you never knew you had through independent and collaborative efforts. This is one of the coolest classes for teens in town if you like art, music, drama, etc.

Instructor: Lee Callaghan

1/11-5/10 Wed. 3:30-5pm

*No class 3/8 (Join us for HOLI) & 4/19

PEN PAL CLUB (Ages 8 & Up)

Join the Pen Pal Club to meet new friends who share the joys of writing and corresponding. Learn and discuss methods of how to engage your exchanges with enjoyable themes, games, and decorated letters.

Instructor: Regina Smith

1/9-5/15 Mon. 11am-12:30pm

* No class 3/20 and 4/17

1/11--5/17 Wed. 6-7:30pm

* No class 4/19

POLYMER CLAY SCULPTING (Ages 8 & Up)

Using polymer clay, tools, and imagination, create something special for yourself or a loved one based on class themes.

Instructor: Regina Smith

1/10--5/16 Tues. 5-7pm

*No class 4/18

1/12--5/18 Thurs. 11am-1pm

*No class 4/20

BEGINNING WATERCOLOR (Ages 8 & Up)

Using watercolor, students will create beautiful works of art based on class themes. New theme each week!

Instructor: Regina Smith

1/10-5/16 Tues. 5-7pm

*No class 4/18

1/12-5/18 Thurs. 1-3pm

*No class 4/20

NEW! VOICE 101 (All Ages)

Whether you want to learn how to sing or strengthen your existing skills, this is the class for you. The voice is an instrument. Learn proper breathing, posture and vocal projection.

Instructor: James Gulley

1/19-5/18 Thur. 5:30-6:30pm

MITTERNIGHT NEIGHBORHOOD CENTER

5310 COLONIAL OAKS DRIVE NORTH, MOBILE, AL 36618 (251) 344-7275 | HOURS: MON.-FRI. 11AM-8PM

OPEN FOR RENTALS ONLY

NEWHOUSE TEEN CENTER

2960 ALSTON DRIVE, MOBILE, AL 36605 | (251) 470-7753 | HOURS: MON.-FRI. 11AM-8PM

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

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1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM

(Ages 13-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness.

1/9-5/19 Mon.-Thurs. 3-7:30pm

TEEN KICKBACK (Ages 13-19)

Bring a friend for a night of fun, games, and light refreshments.

Instructor: Mikayla Lewis

1/13 & 1/27 Every other Fri. 5-7pm

2/10 & 2/24 3/10 & 3/24 4/7 & 4/21 5/5

NEW! COMMUNITY CLEAN UP DAY (Ages 5-10)

The kids will have a fun time picking up trash and treating it like it is a competition. At the end of the day the one with the largest recycled bag of trash wins a prize.

Instructor: Beverly Riggins

 2/24
 Fri. 5:30pm

 3/24
 Fri. 5:30pm

 4/28
 Fri. 5:30pm

 5/19
 Fri. 5:30pm

NEW! COMMUNITY HEALTH YOUR LINING WEALTH

(Ages 18 & Up)

A six-session alternate week delivery on senior life healthcare issues to manage a higher quality of life.

Instructor: Dr. Antonette Francis-Shearer, PhD

1/11-1/25 Wed. 5:30-7pm

2/8-2/22 3/8-3/22 4/12-4/26 5/10

PS4 (Ages 13-19)

With eSports becoming the newest crazy, come compete with teens around the city and see who wins the tournament.

Instructor: Mikayla Lewis

1/12 Every 2nd Thurs. 4-6pm 2/9 3/9

4/13 5/11



RICKARBY RECREATION CENTER

550 RICKARBY ST., MOBILE, AL 36606 | (251) 470-7750 | HOURS: MON.-FRI. 11AM-8PM JACKIE SIMMONS MCMILLIAN | jacqueline.simmons@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM

(Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness.

1/9-5/19 Mon.-Thurs. 3-7:30pm

NEW! COMMUNITY CLEAN UP DAY (Ages 5-10)

The kids will have a fun time picking up trash and treating it like it is a competition. At the end of the day the one with the largest recycled bag of trash wins a prize.

Instructor: Jackie McMillian

2/24 Fri. 5:30pm 3/24 Fri. 5:30pm 4/28 Fri. 5:30pm 5/19 Fri. 5:30pm

RICKARBY RECREATION CENTER

BOOKMOBILE!

Come sign up for a library card and check out books & movies. You are welcome to sit and read or participate in mini activities.

Second Tues. of every month

KIDS ZONE FAMILY FEUD /PLAYSTATION & MORE

(Ages 4-16)

Instructor: Jackie McMillian

Open your creative mind! Come, have fun and show your creative skills.

Mon. 5-6:15pm 1/9-5/15 1/4-5/17 Wed. 5-6:15pm 1/13-5/19 Fri. 5-6:15pm Game Room Location:

TIE DYE CLOTHING CREATIONS (All Ages)

Come and learn how to create your own Tie Dye clothing. Bring your own materials.

Instructor: Jackie McMillian

1/9-5/15 Mon. 5-6:15pm \$5 1/11-5/17 Wed. 5-6:15pm \$5

WALK WITH EASE/ CHAIR EXERCISE

Just 30 minutes of walking does the body good, along with chair exercises. Walking also helps improve heart health, aids in weight loss, regulates blood pressure, improves circulation and reduces the risk of diabetes.

Instructor: Jackie McMillian

1/4-5/19 Mon., Wed. & Fri. 4:45-5:30pm

JAMES SEALS COMMUNITY CENTER

540 TEXAS ST., MOBILE, AL 36603 | (251) 438-7498 | HOURS: MON.-FRI. 11AM-8PM, SAT. 10AM-2PM LASHANDRA BARNES | | lashandra.barnes@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM

(Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness.

1/9-5/19 Mon.-Thurs. 3-7:30pm

LOVE SPEAKS INC. KIDZ COOKING CULTURE

PROGRAM (Ages 6-18)

Love Speaks is a non-profit kid cooking culture program introducing proper nutrition, sanitation, kitchen etiquette, and self-reliance. For more information or to register call 251-404-4287 or lovespeaksinc.org/upcoming events

Instructors: Jessica White and India Andrews

1st & 3rd Tues. of the month, 4:30-7:30 pm 1/17

2/7-2/21 3/7-3/21 4/4-4/18 5/2-5/16

Location: Kitchen

STEP. ROLL AND SLIDE LINE DANCE

Come one, come all and learn the latest line dances.

Instructor: Tiffany Barnes

1/9-5/17 Mon. & Wed. 5:30-7pm

Location: Room B

COMPUTER FOR BEGINNERS (Adult)

Come learn the basic operation of a computer and how to easily access the internet. Along with teaching how to wirelessly print, from your cell phone.

Instructor: LaShandra Barnes

1/10-5/16 Tues. 11:30am-12:30pm

Room C Location:

SPONTANEOUS YOUTH BIBLE STUDY WITH ARTS & CRAFTS

This class is designed to play biblical games using arts and crafts to emphasize the truth about Jesus Christ. This experience will propel them to be faithful to in all they do as they get older.

Instructors: Brittany Heartfield / Josiah Tower

1/9-5/15 Mon.5-6pm Room B Location-

WII BOWLING (Adult)

Learn the proper stance in bowling. This fun game helps with coordination along with strength and balance.

Instructor: Dorothy Lewis

1/10-5/16 Tue. 3-4pm Location: Gym



JAMES SEALS COMMUNITY CENTER

WREATH MAKING (16 & Up)

Resign your favorite wreath for your own special occasion. Bring your own supplies and come and show your creative style.

Instructor: LaShandra Barnes

1/18-1/25	Wed.	4-5pm
2/15-2/22	Wed.	4-5pm
3/15-3/22	Wed.	4-5pm
4/19-4/26	Wed.	4-5pm
5/10-5/17	Wed.	4-5pm

Location: Room C

BOOM MIND YOGA

Boom Mind Yoga is a fusion of Yoga and Pilates that focuses on stretching and core strength. Improve your flexibility and athletic performance which is good for your body and your mind. Call 251-666-3922 for more information or to register.

Instructor: June Jones

1/9-5/18 Mon.& Thurs. 11:30am-12:30pm

Chair Exercise

1/10-5/16 Tues. 11:30am-12:30pm

Basic Yoga

Location: Room B

NEW! COMMUNITY CLEAN UP DAY (Ages 5-10)

The kids will have fun time picking up trash and treating it like it is a competition. At the end of the day the one with the largest recycled bag of trash wins a prize.

Instructor: Ralph Gordon

2/24	Fri. 5:30pm
3/24	Fri. 5:30pm
4/28	Fri. 5:30pm
5/19	Fri. 5:30pm



OPEN BASKETBALL

1/9-5/19 Mon., Wed., & Fri. 2-5:30pm 1/10-5/18 Tues. & Thurs. 11:30am-2:30pm

NEW! LEAD ONE, TEACH ONE (Ages 10-17)

Lead One, Teach One was developed to assist in curving some of the youth violence. This project is an educational training program designed for students and their parents to work with the students to achieve a successful outcome.

Instructor: Darlene Martin

1/14/5/13 Sat. 11am-1pm

Location: Gym

YOGA FOR FITNESS & RELAXATION, BEGINNERS

(Ages 18 & Up)

A combination of power yoga using strong, flowing movements with deep breathing you create a high-energy workout that helps you build strength, unwind tight joints and loosen those tight muscles (also burn calories) with gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime. Bring a yoga mat. For more info or to register, call 251-454-2259.

Instructor: Kendra Bell

1/5-1/26	Thurs. 5:30-6:15pm	\$30/4 wks. or \$8/class
2/2-2/23	Thurs. 5:30-6:15pm	\$30/4 wks.
3/2-3/23	Thurs. 5:30-6:15pm	or \$8/class \$30/4 wks.
4/6-4/27	Thurs. 5:30-6:15pm	or \$8/class \$30/4 wks.
4/0-4/2/	murs. 0:50-0:15pm	or \$8/class

Location: Room A

TIKTOK DANCE (Ages 5 & Up)

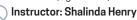
Come out and learn the latest TikTok dance trends.

Instructor: Shalinda Henry

1/3-1/24	Tues. 5-5:30pm	\$20/4wks.
2/7-2/28	Tues. 5-5:30pm	\$20/4wks
3/7-3/28	Tues. 5-5:30pm	\$20/4wks
4/4-4/25	Tues. 5-5:30pm	\$20/4wks

Location: Gym

JAZZ DANCE (Ages 6-10)



Tues.5:30-6:15pm	\$20/4wks.
Tues.5:30-6:15pm	\$20/4wks.
Tues.5:30-6:15pm	\$20/4wks.
Tues.5:30-6:15pm	\$20/4wks.
	Tues.5:30-6:15pm Tues.5:30-6:15pm

Location: Gym

SPRINGHILL RECREATION CENTER

1151 SPRINGHILL AVENUE | MOBILE, AL 36604 | (251) 438-7415 | HOURS: MON.-FRI. 10AM-8PM MARCUS HARDEN | marcus.harden@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

NEW! PROGRESSIVE FITNESS (Age 18 & Up) FREE

Members will have access to weekly workouts. Self-led workout instructions will be posted in the multi-purpose room and you will be able to utilize the fitness equipment set out to follow along at your own pace.

1/9-5/19 Mon.-Fri. 11:30am

Location: Room B

NEW! GULF COAST W.O.D. (WORKOUT OF THE DAY)

We offer group exercise that is personalized to each individual. Our programming is based on cross-training and is designed to challenge people at any age and level. The workout is different every day and our structured program includes a group warm-up, workout, and cool down at every class.

Instructor: Jihad Irby

 1/9-1/23
 Mon. 6-7PM

 2/6-2/13
 Mon. 6-7PM

 3/6-3/20
 Mon. 6-7PM

 4/3-4/17
 Mon. 6-7PM

 5/15
 Mon. 6-7PM

 Location:
 Room A

BEGINNER BELLY DANCE (Ages 16 & Up)

Whether you aspire to be a performer or you just want to get into shape, you can enjoy the benefits of this dance class while developing stamina and overall flexibility-whatever your age, size or shape! Costumes not required, however a hip scarf with coins is encouraged. Suggested class attire-yoga/exercise clothing and dance shoes or socks. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

 1/9-2/27
 Mon. 5:30-6:30pm
 \$30

 3/6-4/10
 Mon. 5:30-6:30pm
 \$30

 4/17-5/15
 Mon. 5:30-6:30pm
 \$30

Location: Gym

BEGINNING SMALL GROUP PERSONAL FITNESS

(Ages 18 & Up)

This class will include cardiovascular, strength training and core exercises with flexibility exercises. Routines will be adapted for each participant. Class limited to six.

Instructor: Marcus Harden

1/10-5/18 Tues. & Thurs. 11-11:45am

Location: Room A

PICKLEBALL (Ages 13 & Up)

Join the pickleball craze! It's a little tennis, a bit of ping pong and a splash of badminton. Played on a court ¼ the size of a tennis court, with a short racquet called a paddle and a perforated ball similar to a whiffle ball. Easier than tennis, lower impact, develops reaction time and strategy. This game is for everyone in the family. Paddles & balls provided. Wear tennis shoes and bring your own water.

1/10-5/18 Thurs. 10am-Noon & 4:30-7:45pm

Location: Gym

FREESTYLE FENCING (Ages 9 & Up)

Students will learn basic blocks, fencing terms, and stances. They will also participate in mock duels to learn the art of fencing. Types of swords used will be foils, rapiers and sabers. Call or text 251-510-0654 for more information or to register.

Instructor: Shari Prestwood

1/11-3/15 Wed. 6-7pm \$40 3/22-5/17 Wed. 6-7 pm \$40

Location: Room A

CHAIR YOGA (Adults)

This gentle form of yoga is practiced sitting on a chair or using a chair for support during standing poses. Chair yoga is especially suitable for older adults, people with balance or coordination issues and those with disabilities. Chair yoga helps increase flexibility, lung capacity, circulation and strength, while improving balance and relieving stress. The class incorporates breathing exercises, stretching, yoga postures and final relaxation. Call or text 773-837-7618 or 251-208-1662 for information or to register.

Instructor: June Jones

1/9-5/18 Mon. & Thurs. 11am-Noon

Location: Room A

GUITAR, BEGINNER-INTERMEDIATE (Ages 10 & Up)

Pick up this affordable musical instrument and start learning the basic skills or dust off your old guitar and refresh those rusty skills. You must bring a tunable acoustic guitar. You will learn to play 3-4 note lyrics, chords, finger positioning and how to tune your guitar. Call 251-422-4009 for more information and to register.

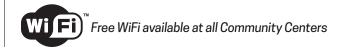
Instructor: Theodore Arthur Jr.

 1/12-2/23
 Thurs. 5-6:30pm
 \$45/4 weeks

 3/2-4/13
 Thurs. 5-6:30pm
 \$45/4 weeks

 4/20-5/18
 Thurs. 5-6:30pm
 \$45/4 weeks

Location: Room C



SPRINGHILL RECREATION CENTER

LINE DANCE (Adults)

Looking for exercise that does not feel like EXERCISE? This is it! Join us and learn the latest line dance steps and brush up on some of the older ones as well. Ms. Dorothy will have you moving and grooving as a group, using easy-to-follow instructions.

Instructor: Dorothy Chaney

1/9-5/15 Mon. 5-6:45pm 1/10-5/19 Tues. & Fri. 11am-1pm

Location: Room A

NEW! CARDIO NO AUDIO SILENT GLOW IN THE DARK FITNESS PARTY (Ages 13+)

Introducing a new way to get lit while you get fit. Cardio no audio silent party infuses the same energy and intensity of being out with friends on a Friday night and your favorite song come on, but working out to your own music with multiple playlist!

Instructors: Marcus Harden & Jihad Irby 05/05 Fri. 6:30 pm Location: Gym

OPEN BASKETBALL

1/9-5/19 Mon., Wed., & Fri. Session 1

11:30am-2:30pm

1/9-5/19 Mon., Wed., & Fri. Session 2

5:30-7:30pm

Location: Gym



STOTTS RECREATION CENTER

2150 N. DEMETROPOLIS RD. (OFF COTTAGE HILL), MOBILE, AL 36693 | (251) 666-4955 HOURS: MON.-FRI. 11AM-8PM | WOODY CANNON | woody.cannon@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM

(Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness.

1/9-5/19 Mon.-Thurs. 3-7:30pm

TAOIST TAI CHI (All Ages)

In the Taoist tradition, health comes when the body, mind and spirit work together in harmony. The 108 move Tai Chi set grew from this tradition, and working on these moves contributes to better balance and posture, increased strength and flexibility, improved circulation, a mind that is dynamic yet clear and calm, and a spirit that is resilient yet light and peaceful at the deepest levels. Tai Chi practice is suitable for people of all ages and physical conditions, so come join us to learn and practice a moving meditation that can reduce stress and help you find joy. For more information or to register call 334-315-1379.

Instructor: Robert Varley

1/17-2/28 Tues. 4-5pm 3/7-4/11 Tues. 4-5pm

ARTS & CRAFTS WITH WOODY (Ages 5-12)

A break from the grind of school, kids will put on their creativity hats and work on projects that inspire them and give their self-esteem a boost in an encouraging environment. All supplies provided.

Instructor: Woody Cannon

1/9-5/17 Mon. & Wed. 3-5pm

OPEN PICKLEBALL PLAY

Pickleball is a cross between badminton, tennis and ping-pong. It is played on a badminton-sized court with wooden paddles, a whiffle ball and a net that is lowered to 34 inches. It is a fun easy to learn sport for people of all ages and athletic abilities. Bring your own equipment.

1/9-5/19 Mon.-Fri. 11am-7pm Location: Pickleball Courts



This icon indicates a class or activity led by an official MPRD Programmatic Partner.

STOTTS RECREATION CENTER

BELLY DANCE-ADVANCED LEVEL 1 & 2 (Ages 18 & Up)

The Advanced Belly Dance classes are fast paced with an emphasis on musical interpretation and choreography. This class offers lots of changes and movements while helping to build stamina and improve skill. Students will learn performance sets including folkloric dance, veil work and drum solos. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

ADVANCED LEVEL 1

Prerequisite for Level 1: Completion of Beginning and Intermediate Belly Dance Classes.

1/11-2/15 Wed. 5:45-6:45pm \$35 3/1-4/5 Wed. 5:45-6:45pm \$35 Wed. 5:45-6:45pm 4/12-5/17 \$35

ADVANCED LEVEL 2

Prerequisite for Level 2: Completion of Beginning, Intermediate and Advanced Level 1 Belly Dance Classes.

1/11-2/15 Wed. 6:45-7:45pm \$35 3/1-4/5 Wed. 5:45-6:45pm \$35 Wed. 5:45-6:45pm 4/12-5/17 \$35

BELLY DANCE-BEGINNER & INTERMEDIATE

(Ages 18 & Up) PP

Whether you aspire to be a performer or you just want to get into shape, you can enjoy the benefits of this dance class while developing stamina and overall flexibility-whatever your age, size or shape! Costumes not required, however a hip scarf with coins is encouraged. Suggested class attire-yoga/exercise clothing and dance shoes or socks. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

BEGINNER

1/12-2/16	Thurs. 5:45-6:45pm	\$30
3/2-4/6	Thurs. 5:45-6:45pm	\$30
4/13-5/18	Thurs. 5:45-6:45pm	\$30

INTERMEDIATE

1/12-2/16	Thurs. 6:45-7:45pm	\$30
3/2-4/6	Thurs. 6:45-7:45pm	\$30
4/13-5/18	Thurs. 6:45-7:45pm	\$30

THOMAS SULLIVAN COMMUNITY CENTER

351 N. CATHERINE ST., MOBILE, AL 36603 I (251) 438-7282 HOURS: MON.-FRI. 11AM-8PM | TANYA GULLETT | tanya.gullett@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18) FREE

Afterschool Nutrition Program operates in partnership with Feeding the Gulf Coast. This program provides a free meal and a snack to children after school and during school holidays.

1/9-5/19 Mon.-Fri. 3-5pm Room B

MPRD AFTER SCHOOL ALL-STARS PROGRAM

(Ages 5-16)

MPRDkids after school program for school aged youth. Program includes homework assistance, enrichment activities, and health and fitness. 1/9-5/19 Mon.-Thurs. 3-7:30pm

BEGINNER CRICUT CLASSES

So, you bought a Cricut machine or are thinking about purchasing one? We will help you get started with how to set up your Cricut and begin making fun crafts.

Instructor: Tanya M. Gullett

1/5-5/18 Thurs. 11:30am-12:30pm

Location: Room A

CALLING ALL CARD AND DOMINO PLAYERS

For seniors, card games and dominoes are a fun, inexpensive way to spend time with friends and meet others, so come join us! Tues. & Thurs. 11:30am-2:30pm 1/10-5/18

Location: Room B

EOB'S - EXCEPTIONAL QUEENS OF BEAUTY CIVIC CLUB (Ages 13-19)

A program designed for young ladies not organized for profit but operated exclusively for educational or charitable purposes.

Instructor: Morgan Raspberry

1/10-5/18 Every 2nd & 4th Thurs. 5:30-7:30pm

Location-Gym



THOMAS SULLIVAN COMMUNITY CENTER

IGNITE YOUR PASSION FOR GOD

"Merely reading the Bible is no use at all without we study it thoroughly and hunt it through, as it were, for some great truth," Dwight L. Moody. "Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth." 2 Timothy 2:15

Instructors: Tanya M. Gullett

1/10-5/16 Tues. 11:30am-12:30pm

Location: Room A

QUILTING MADE EASY (All Ages)

You don't have to be on pins and needles about creating that family heirloom or just making a quilt. Come join the fun and learn how to quilt and share your tips with others. Some supplies are needed.

Instructor: Tanya Gullett

1/11-5/19 Wed. & Fri. 11am-2:30pm

Location: Room B

SULLIVAN'S WALKING CLUB! (All Ages)

Walking can help you lose weight and belly fat, as well as provide other excellent health benefits, including decreased risk of disease and improved mood. Walking just one-mile burns about 100 calories.

Instructor: Lorenzo Grayson

1/9-5/19 Mon.-Fri. 11:30am-12:30pm & 4-5pm

Location: Gym

WE'RE PLAYING VOLLEYBALL (Ages 13 & Up)

Learn or brush up on basic volleyball skills such as passing, setting, spiking, blocking, digging, serving while getting in a game. Must Register.

Instructor: Lorenzo Grayson & Edward Gamble

1/13-5/19 Fri. 5:30-7:30pm

Location: Gym

OPEN BASKETBALL

1/9-5/19 Mon., Wed., & Fri. 11:30am-2:30pm

1/9-5/17 Mon. & Wed. 5:30-7:30pm

Location: Gym

LEARN TO CODE

Come learn the basic operation of coding. Participants will learn to use the Python programming language to create simple programs.

Instructor: Adam Jackson

1/4-5/17 Wed. 5-6pm Location: Computer Room

BEGINNER BILLIARDS (Ages 15 & Up)

Introduction to the game of billiards along with active play. Learn the best billiard stance, aiming techniques, and aiming to break along with participants being able to play the game.

Instructor: Edward Gamble

1/10-5/18 Tue. & Thurs. 5-6pm

Location: Room A

COMMUNITY ORGANIC GARDENING

Youth and adults will have the opportunity to grow a small community garden on a raised moveable wooden garden bed. A great Opp for team building, life skills, and an introduction to STEM objects such as Botany, Chemistry, and Agriculture.

Instructor: Adam Jackson

1/9-5/15 Mon. 5-6pm

Location: Community Center Area

NEW! COMMUNITY CLEAN UP DAY (Ages 5-10)

The kids will have fun time picking up trash and treating it like it is a competition. At the end of the day the one with the largest recycled bag of trash wins a prize.

Instructor: Lorenzo Grayson

 2/24
 Fri. 5:30pm

 3/24
 Fri. 5:30pm

 4/28
 Fri. 5:30pm

 5/19
 Fri. 5:30pm

NEW! COMMUNITY HEALTH YOUR LINING WEALTH

(Ages 18 & Up)

A six-session alternate week delivery on senior life healthcare issues to manage a higher quality of life.

Instructor: Dr. Antonette Francis-Shearer, PhD

1/19 Thurs. 10:00-11:30am

2/2-2/16 3/2-3/16 4/6-4/20 5/4-5/18

Location: Room A

EXPLORING MINECRAFT (Ages 5 & Up)

Minecraft is a game where you can use your imagination to create from scratch any kind of virtual setting you desire. Come and explore the different types of worlds that can be created with this platform.

Instructor: Adam Jackson

1/10-5/16 Tues. 5-6 pm Location: Computer Room

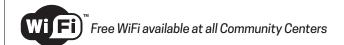
NEW! COOKING WITH CARLA (Ages 13 & Up)

Learn how to cook healthy creative meals. We will teach you how to read a recipe, use simple cooking tools and cook delicious, nutritious meals on a budget. The benefits of this class will go far beyond learning a new technique or dish.

Instructor: Carla Kennedy

1/9-5/16 Mon. & Tues. 5pm

Location: Kitchen



THOMAS SULLIVAN COMMUNITY CENTER

SENIOR PROGRAMMIMG (AGES 55+)

ALABAMA ELDERLY NUTRITION PROGRAM

Are you at least age 60? Meet others, socialize, play games, learn about healthy eating and enjoy a nutritious meal.

Must register for a center meal.

1/9-5/19 Mon. Fri. 9am-1pm

CHAIR EXERCISE

Join us every Monday morning as we start our day seated exercise.

Instructor: Gwendolyn Figare & Felicia Greenhouse

1/9-5/15 Mon. 10-11am

ARTS AND CRAFTS

In the mood to create something new? Join us as we paint, create, and design!

Instructors: Gwendloyn Figare

1/12-5/18 Thurs. 10-11am

BIBLE STUDY

Enjoy reading the Word of God? Come out and fellowship with us every Wednesday!

Instructor: Pastor McCampbell

1/11-5/17 Wed. 10-11am

THERAPEUTIC PROGRAMS

LADARREL BELL | therapeutics@cityofmobile.org | (251) 208-1252

While inclusion services provide accommodations for citizens with disabilities to participate in existing programs without fundamentally altering the program or activity, therapeutic recreation programs are specially designed activities that aim to meet the physical, social, emotional and cognitive needs of their participants.

ADAPTIVE BASKETBALL SKILLS AND DRILLS (Ages 16 & Up)

Develop and improve your fundamental basketball skills by learning essential drills that will help you become a more effective offensive and defensive player.

Instructor: LaDarrel Bell

1/12-5/18 Thurs. 3-5pm

Location: Dotch Community Center, Gym

ADAPTIVE BOCCE BALL (Ages 10 & Up)

Join us for Bocce Ball! A game that can be played by all. Learn the rules and have some fun!

Instructor: LaDarrel Bell

4/17-5/15 Mon. 10am-Noon
Location: Dotch Community Center

ADAPTIVE DANCE PARTY

Swing your arms, shake your hips, and move your feet to the beat of popular line dancing music. This is a good aerobic activity, and everyone is encouraged to move at their own pace.

Instructor: LaDarrel Bell

1/13-3/10 Fri. 10am-Noon

Location: Dotch Community Center, Gym

ADAPTIVE PICKLEBALL

Pickleball is a sport that combines the games of tennis, ping pong, and badminton. This game can be adapted to accommodate individuals who use wheelchairs.

Instructor: LaDarrel Bell

3/06-4/10 Mon. 10am-Noon

Location: Dotch Community Center, Gym

ADAPTIVE VOLLEYBALL (Ages 10 & Up)

Engage in teamwork on the court while learning essential volleyball fundamentals including serving, hitting, setting, passing and blocking.

Instructor: LaDarrel Bell

1/09-2/27 Mon. 10am-Noon

Location: Dotch Community Center, Gym

ARTISM: ARTIST WITH AUTISM

Art provides a way for people who are nonverbal or minimally verbal to express themselves and, in some cases, create an income. It allows people living in sheltered environments to be creative while doing meaningful and enjoyable work. Autistic individuals provide a unique perspective that comes through in all they create.

Instructor: Shurqonda West

1/10-5/16 Tues. 10am-Noon
Location: Dotch Community Center
Multipurpose Room B

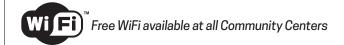
BINGO BONANZA (Ages 10 & Up)

This activity is great for helping individuals recognize numbers and letters. Picking up and placing bingo chips on the card helps improve fine motor skills.

Instructor: Shurgonda West

3/17 Fri. 10am-Noon

Location: Dotch Community Center, Gym



THERAPEUTIC PROGRAMS

COMPUTER COMPANIONS

Receive helpful tips and training on basic computer skills. Learn how to navigate through computer operating systems, create and manage files, and access information via the world wide web.

 1/09-5/15
 Mon. Noon-5pm

 1/10-5/16
 Tues. Noon-5pm

 1/11-5/17
 Wed. Noon-5pm

 1/12-5/18
 Thur. Noon-5pm

Location: Dotch Community Center

GAME ON!

Learn to play various video games on the Xbox and Wii gaming stations. Explore a new dimension of gaming through virtual reality gaming systems. From race car driving to interactive games, enjoy them all.

 1/09-5/15
 Mon. Noon-5pm

 1/10-5/16
 Tues. Noon-5pm

 1/11-5/17
 Wed. Noon-5pm

 1/12-5/18
 Thur. Noon-5pm

Location: Dotch Community Center

KARAOKE & COCOA

Lounge and listen to the melodies or step up to the microphone and sing your favorite song. Let us know if you like your hot cocoa with or without marshmallows.

1/13-3/10 Fri. 10am-Noon

Location: Dotch Community Center

Multipurpose Room B

REC-XERCISE (Ages 10 & Up)

Learn to use various equipment to actively engage in fun exercise routines which can be replicated at home. Exercises can be adapted to meet all abilities and levels.

Instructor: Shurqonda West

3/24-4/21 Fri. 10am-Noon

Location: Dotch Community Center, Gym

REEL FUN FISHING

The Reel Fun fishing program will help to make fishing in City parks an easy option for anyone who might want to try it out. This class will include information about the waterbody, a list of fish species present, fishing tips and techniques applicable to each waterway, and information about obtaining a fishing license.

4/28-5/19 Fri. 10am-Noon Location: Arlington Park

SIMPLE SIGN LANGUAGE

Learn to communicate non-verbally using sign language. This activity is a resourceful method of communication when interacting with individuals who are deaf, who have a hearing impairment, who have speech difficulties or who are non-verbal.

Instructors: Val Armstrong & April Britton

01/10-05/16 Tue. 3-5pm

Location: Dotch Community Center, Computer Lab

SNAP BOWLING (Special Needs Athletes Program)

SNAP of Alabama strives to bring competition to all. This session lasts a span of 10-11 weeks. In order to compete, athletes can make a team of their friends or be placed on a team. Each team needs three special athletes and a coach or guardian, making up a team of four. Bowling takes place every Saturday morning at 10 AM during the session. Teams are able to pick their team's name. Bowlers are able to bowl three games each Saturday and record their scores. At the end of the year there is an award ceremony to honor all of our special athletes and the hard work they have put in through the session.

Sign up is open now for the next session. Grab your spot today!

Email: joe@snapofalabama.com.

Call 251-366-9978 for more information. 1/07-3/25 Sat. 9am-12:30pm

> Bowling Athlete/Captain \$10/week. Includes 3 Games

& Bowling Shoes

Location: Camellia Lanes

T.A.P.S. (Therapeutic Adult Percussion Squad) (Ages 16 & Up) Learn to play different rhythms on various percussion instruments. This group activity helps to boost mood, relieve stress and reduce anxiety. No drumming experience is required.

Instructor: LaDarrel Bell

1/11-5/17 Wed. 10am-Noon

Location: Dotch Community Center, Gym

THERAPEUTIC YOUTH MARCHING BAND (Ages 5-18)

Become a member of the all-inclusive therapeutic marching band.

Learn instrumental music and marching fundamentals, dance routines, and color guard routines to prepare for community performances and parades. Beginner and experienced musicians, dancers and color guard (flag twirler) students are encouraged to join.

1/09-5/15 Mon. 5-7pm 1/11-5/17 Wed. 5-7pm

Location: Dotch Community Center



SENIOR NUTRITION PROGRAMMING

GUYNASHA DEWEEVER I (251) 802-5356
GUYNASHA.DEWEEVER@CITYOFMOBILE.ORG I MPRDSeniors@cityofmobile.org

SENIOR PROGRAMS 55+

BECOMING A MEMBER: Senior center programs and classes are for individuals ages 55 and older. For more information, please email mprdseniors@cityofmobile.org or contact (251) 208-6701. The ADA Liaison provides inclusion to individuals with disabilities and/or medical conditions who request modifications to participate in other Parks and Recreation programs. The City of Mobile Parks and Recreation Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and provide reasonable modifications to facilitate program participation. We request that modification requests are made 3 weeks in advance, so we can communicate and prepare appropriate modifications. To request a modification or for more information, please contact us via email at mprdada@cityofmobile.org or at (251) 208-6169.

ALABAMA ELDERLY NUTRITION PROGRAM

Are you at least age 60? Would you enjoy meeting others, socializing, playing games, learning about healthy eating while enjoying a hot meal? Come have a nutritious meal combined with social activities and fellowship. Must register for a center meal.

Locations: Hillsdale Community Center,

Parkway Senior Center,

Thomas Sullivan Community Center,

Tricksey Senior Center

Hours: Mon.-Thurs. 9am-2pm

Fri. 9am-1pm

CRICUT CLASS FOR BEGINNERS

Do you enjoy doing arts and crafts? Trying to decide whether a Cricut is a good purchase? Come Out and Learn How to Design Shirts, Mugs, Pillows, and More!!

1/9-5/17 Mon. & Wed. 2:30-3:30pm Location: Hillsdale Community Center

ARTS & CRAFTS

Do you enjoy creating centerpieces, crocheting, painting, and more! Join us every evening at Hillsdale where the Art Lounge is open for fun!

1/10-5/18 Tues. & Thurs. 1-2pm
Location: Hillsdale Community Center

SENIORS ONLINE

Want to learn how to shop, pay bills, and more, online? Join us every Monday.

1/9-5/15 Mon. 1-2pm

Location: Hillsdale Community Center, Computer Lab

VALENTINE'S DAY XOXO TREATS WORKSHOP

Come out and create your very own special sweets for the one you love this Valentine's Day! In this Holiday session, we will make non-bake treats that you can share with your family, friends, or love one!

2/13 Mon. 10am-1pm

Location: Hillsdale Community Center

The ADA Liaison provides inclusion to individuals with disabilities and/or medical conditions who request modifications to participate in other Parks and Recreation programs. The City of Mobile Parks and Recreation Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and provide reasonable modifications to facilitate program participation. We request that modification requests are made 3 weeks in advance, so we can communicate and prepare appropriate modifications. To request a modification or for more information, please contact us via email at mprdada@cityofmobile.org or at 251-208-6169.

CONNIE HUDSON MOBILE REGIONAL SENIOR CENTER

3201 HILLCREST ROAD, MOBILE AL 36695 | (251) 208-6701 | HOURS: MON.-FRI. 7:30AM-5:30PM CENTER MANAGER: CARL LEWIS | cl.lewis@cityofmobile.org

Follow us on Facebook! www.Facebook.com/CHMRSCC

BILLIARD ROOM

Open weekdays from 7:30am to 5:30pm to men and woman of the senior center. Come enjoy a game of pool in our state-of-the-art pool room. We have four tables open for play. Practice til you win a monthly tournament

Location: Billiard Room

OPEN FITNESS ROOM

Open weekdays from 7:30am to 5:30pm to men and women of the senior center. Come enjoy our state-of-art fitness room.

Location: Fitness Room

OPEN COMPUTER LAB

Open weekdays from 7:30am to 5:30pm to men and women of the senior center. Come enjoy our state-of-art computer lab.

Location: Computer lab

OPEN GAMES AND COMPUTER LAB FOR SPECIAL NEEDS SENIORS 55+

We offer Wii games and a computer lab setting between the hours of 9-11am Tuesday-Thursday.

Location: Room B/Computer Lab

BLACK HISTORY MONTH CELEBRATION

Come and join us for the DORA FRANKLIN FINLEY AFRICAN-AMERICAN HERITAGE TRAIL TOUR. Please contact the admin office for details 251-208-6169.

2/17 Fri. 9am Location: Lobby

MARDI GRAS DANCE

Come and join us for our Mardi Gras celebration. Please contact the front desk for ticket prices 251-208-6107.

2/10 Fri. 6-9pm Location: Gym

ADVANCED OIL

This is an advanced oil painting class for experienced students to build upon their skills in oil painting using water-based oils.

Instructor: Carmel Alvis

1/12-5/18 Thurs. 12:30-3pm

Location: Room A



This icon indicates a class or activity led by an official MPRD Programmatic Partner.

BEGINNER PAINTING 1

This class is for the true beginner using water-based oil paints. Each student is responsible for their supplies.

Instructor: Carmel Alvis

1/9-5/15 Mon. 9-11am Location: Room A

BEGINNER PAINTING 2

This class is for the true beginner using water-based oil paints. Each student is responsible for their supplies.

Instructor: Carmel Alvis

1/10-5/16 Tues. 9-11am Location: Room A

MIXED MEDIA

This class allows students to work in various mediums.

Instructor: Carmel Alvis

1/11 - 5/17 Wed. 9-11am Location: Room A

ADVANCED ART 2

This class is for our advanced students.

Instructor: Carmel Alvis

1/13 - 5/19 Fri. 9am Location: Room A

ART CLASS PAINTIN' TIME

This is painting time for students.

Instructor: Carmel Alvis

 1/9 - 5/15
 Mon. 1-3pm
 Beg Painting 1

 1/10 - 5/16
 Tues. 1-3pm
 Beg Painting 2

 1/11 - 5/17
 Wed. 1-3pm
 Mixed Media

 1/13 - 5/19
 Fri. 1-3pm
 Advanced Art 2

Location: Room A

ARTS & CRAFTS

Join us for an hour of fun and creativity. Participants are encouraged to pre-register for supplies and materials.

 $\begin{array}{ll} \mbox{1/11-5/17} & \mbox{Wed. 1pm} \\ \mbox{Location:} & \mbox{Room B} \end{array}$

ITALIAN FOR BEGINNERS

Come join us and let our wonderful instructor teach you the basics of the beautiful Italian language. Class begins with common phrases and then progresses to more advanced concepts.

Instructor: Filippo Milone

1/11 - 5/17 Wed. 3-4pm Location: Room B

CONNIE HUDSON MOBILE REGIONAL SENIOR CENTER

HANDMADE CRAFTS

This class will be teaching crochet, knitting, beading, loom knitting, embroidery and many other handmade crafts.

Instructor: Harriet Nihart

1/9 - 5/15 Mon. 10am-Noon

Location: Room B

SILVER SNEAKERS YOGA

a variety of fitness levels.

Move through seated and standing yoga poses to increase flexibility, balance and range of motion. A chair is used to meet

Instructor: Joby Robertson

1/9 - 5/15 Mon. 8-8:45am

Location: Gym

NEW! BOOM MIND

Do you like fast-paced, challenging workouts? Boom was developed by leading fitness experts to improve strength,

flexibility and endurance. These classes will challenge your, but don't worry...one-handed pushups aren't required

Instructor: June Jones

1/12-5/18 Thurs. 9-9:45am

Location: Gym

NEW! CHAIR YOGA

Chair yoga is a gentle form of yoga that can be done sitting on a chair or standing on the ground while using the chair for support. Benefits of chair yoga include. improved flexibility. better concentration, increased strength.

Instructor: June Jones

Thurs 8-8:45am 1/12-5/18

Location: Gym

NEW! WEIGHTS AND RESISTANCE TRAINING

Resistance training increases muscle strength by making your muscles work against a weight or force. Different forms of resistance training include using free weights and resistance bands and your own body weight.

Instructor: June Jones

1/10-5/16 Tues. 9-9:45

Location: Gym

ZUMBA



This class introduces easy-to-follow Zumba choreography that focuses on balance, range of motion and coordination.

No equipment is needed.

Instructor: Joby Robertson/Lillie Crowley

1/9-5/15 Mon. 10-10:45am 1/11-5/17 Wed 10-10:45am 1/12-5/18 Thurs. 4-5pm Location: Gym

ZUMBA 101



This class is a mixture of low and high-intensity moves for an interval-style, calorie-burning dance party.

Instructor: Lillie Crowley

1/9-5/15 Mon. 4:30-5:15pm

Location: Gym

CIRCUIT TRAINING



This standing class alternates upper-body strength work with low-impact cardio to maximize fitness benefits. A chair and

handheld weights or tubing are recommended.

Instructor: Joby Robertson

1/9-5/15 Mon. 9-9:45am

Location: Gym

SILVER SNEAKERS BOOM MUSCLE

Looking for more of a challenge? Try MUSCLE, a unique blend of cardio and strength-based exercises. Enjoy an actionpacked workout with moves inspired by your favorite sports like golf and tennis.

Instructor: Joby Robertson

1/11-5/17 Wed. 9-9:30am

Location: Gym

MEET AND GREET

Meet other seniors in your area! Whether you're in the 50's, 60's, 70's or 80's group, join in activities that keep you young and active!

1/18 Wed 1-2pm 3/15 Wed 1-2pm 5/10 Wed 1-2pm Location: Gym

TRAIL BLAZER TOURS

Come and join us for some of Mobile's finest locations for entertainment, education, and food. Transportation will be provided by the City of Mobile's Parks and Recreations. Please contact the front desk of the Connie Hudson Senior Center for more details. 251-208-6701.

1/20 Fri. 8:30am-1pm 2/17 Fri. 8:30am-1pm 3/24 Fri. 8:30am-1pm 4/21 Fri. 8:30am-1pm 5/19 Fri. 8:30am-1pm

Location: Lobby



CONNIE HUDSON MOBILE REGIONAL SENIOR CENTER

CHESS

Chess is one of the oldest and most popular board games. It is played by two opponents on a checkered board with specially designed pieces of contrasting colors, commonly white and black. The objective of the game is to capture the opponent's king. Self-instructed.

1/10 - 5/16 Tues. 10am-3pm 1/12 - 5/18 Thurs. 10am-3pm

Location: Lobby

BIBLE STUDY

In Christian communities, Bible study is the study of the Bible by ordinary people as a personal religious or spiritual practice. Bible study in this sense is distinct from biblical studies, which is a formal academic discipline.

Instructor: Troy Clements

1/9 - 5/15 Mon. 8:30-9:30am

Location: Room B

PICKLE BALL

A paddleball sport (like a racket sport) that combines elements of badminton, table tennis, and tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, much like a whiffle ball, with 26-40 round holes, over a net.

1/13-5/19 Fri. 3:30-5:00pm

Location: Gym

INTERVAL TRAINING

Interval training is simply alternating short bursts (about 30 seconds) of intense activity with longer intervals (about one to two minutes) of less intense activity. For instance, if your exercise is walking and you're in good shape, you might add short bursts of jogging into your regular brisk walks.

Instructor: Carl Lewis

1/10-5/16 Tues. Noon-12:30pm Location: Fitness Room

OPEN BRIDGE

A trick-taking card game using a standard 52 -card deck. In its basic format, it is played by four players in two competing partnerships, with partners sitting opposite each other around a table. The game consists of several deals, each progressing through four phases.

1/13-5/19 Fri. 11am-2pm Location: Room B

BINGO

1/10-5/16 Tues 2:30-3:30pm 1/12-5/18 Thur. 2:30-3:30pm

Location: Gym

OPEN DOMINOES

Dominoes is one of the most famous board games in the world. Come enjoy playing and try your luck!

1/11-5/17 Wed. 11:15am-1pm

Location: Room: B

OPEN LINE DANCE WITH WAYNE

Sil

Come and join us for music, fun and dancing in a safe environment.

Instructor: Wayne Dunkin

1/10-5/16 Tues. 2-4pm

Location: Gym





PARKWAY SENIOR CENTER

1600 BOYKIN BLVD., MOBILE AL 36605 | (251) 471-2503 HOURS OF OPERATION: MON-FRI 7:30AM-5:30PM | ASHLYN BLACK | ashlyn.black@cityofmobile.org

Follow us on Facebook! www.Facebook.com/ParkwaySeniors

ALABAMA ELDERLY NUTRITION PROGRAM

Are you at least age 60? Would you enjoy meeting others, socializing, playing games, learning about healthy eating, and enjoy a hot meal? Come have a nutritious meal combined with social activities and fellowship. Must register for a center meal.

1/9-5/19

Mon.-Fri. 9am-1pm

ARTS & CRAFTS

Provide seniors with opportunities to engage in arts and crafts by allowing them to explore their ideas and concepts while creating something of which they can be proud.

Instructor: Isabel Henderson

1/10-5/16 Tues. 10:30am

GARDENING CLUB

We swap plants and work together in our community garden. The best garden clubs take advantage of everyone's knowledge. One way to do this is to ask each member in turn to design and lead a meeting. Come and experience the benefits of gardening! (Lead by Parkway Seniors) 1/11-5/17 Wed. 10am

ELECTRIC ZUMBA 102

Fast pace rhythmic workout.
Instructor: Vennette Williams
1/11-5/17 Wed. 1pm

"LETT'S" CROCHET 101

Our beginning crochet class will introduce you to the basic crochet stitches. You will learn to make hats, afghans, dish towels and more. No cost. Register online for supply list.

Instructor: Felecia Lett

1/12-5/18 Thurs. 9-10am

OPEN COMPUTER LAB

Parkway provides seniors with free Wi-Fi, laptops, and a printer. This computer lab also has a mounted projector screen and equipment accessible to seniors for presentations.

1/9-5/19 Mon.-Fri. 7:30am-5:30pm

BIBLE STUDY

Join us as we learn more about the Bible and the many life lessons we can take from it.

Instructor: Judy Burnham

1/10-5/16 Tues. 10-11am

BINGO

Join us for an hour of fun-filled bingo! 1/9-5/19 Mon. & Fri. 10:30am

WALKAHOLICS ADULT WALKING CLUB

Join us as we take a brisk walk outdoors on a walking trail.

Instructor: Carol Stephens

01/9-5/19 Mon., Wed., Fri. 9-10am

OPEN FITNESS ROOMS

Stay fit at Parkway! The fitness rooms are self-led exercise spaces where we provide a variety of equipment ranging from treadmills, ellipticals, bikes, free weights and more. Memberships are free, physician clearance is needed for access.

1/9-5/19 Mon.-Fri. 7:30am-5:15pm

OPEN GAME ROOM

Chess, Card games, Wii, Dominoes, pool and more! Join us for some open play in the game room!

1/9-5/19

Mon.-Fri.

HEALTH FAIR

An educational and interactive event designed for outreach to provide basic preventive medicine and medical screening to the elderly population in conjunction with workplace wellness.

1/25 Wed. 10am

BLACK HISTORY MONTH PROGRAM

A celebration to honor all African Americans from all periods of U.S. History. Light refreshments will be served. 2/8 Wed. 10am

MARDI GRAS PARTY

Join us in your Mardi Gras attire as we let the good times roll! 2/17 Fri. 10am

ST. PATRICK'S DAY CELEBRATION

Join us for a celebration of Irish culture. Don't forget to dress in green! 3/17 Fri. 10am

CINCO DE MAYO POTLUCK

Let's share our favorite Mexican dish as we commemorate their history!

Bring in your favorite Mexican dish to share with each other for the holiday.

5/5

Fri. 10am

COOKING BY THE BOOK RECIPE CLASS

This class provides seniors the opportunity to reminisce on recipes that they value and compile them into a recipe book with other participants.

Instructor: Carol Stephens 1/10-5/16 Tues. 10:30am

TRICKSEY SENIOR CENTER

3055 BANKS AVENUE, MOBILE AL 36617 | (251) 456-6690 | HOURS: MON.-FRI. 8AM-1PM CASSANDRA PETTWAY | cpettway@cityofmobile.org

Transportation is available for participants who reside within four miles of the Senior Center. BECOMING A MEMBER: Senior center programs and classes are for individuals age 55 and older.

ALABAMA ELDERLY NUTRITION PROGRAM

Are you at least age 60? Would you enjoy meeting others, socializing, playing games, learning about healthy eating, and enjoy a hot meal? Come have a nutritious meal combined with social activities and fellowship. Must register for a center meal.

1/9-5/19

Mon-Fri. 9am-1pm

ARTS & CRAFTS

Create something new every month. Participants make and take a seasonal decorative item under the guidance of instructor.

Instructor: Cassandra Pettway 1/9-5/15 Mon. 11am

BIBLE STUDY

Learn life lessons and more about the Bible in this study group.

Instructor: Guest Pastors

1/9-5/19 Mon-Fri. 10-11am

BINGO

Enjoy a game of bingo with us. 1/13-5/19 Fri. 10-11am

SPADES

Enjoy a good game of spades or want to learn? Join us at Tricksey Senior Center where the players are numerous! 1/11-5/19 Wed. & Fri. 11am-2pm

DESIGNING CENTERPIECES

Love decorating? At Tricksey Senior Center, you will learn how to create pieces so stunning that it'll leave even you in a tizzle.

Instructor: Cassandra Pettway 1/11/-5/17 Wed. 1-2pm

WALK WITH EASE

Learn about the Walk with Ease Program that is proven to reduce the pain of arthritis and improve your overall health. Experience Walk With Ease, improve your health and learn what's in the tool.

Instructor: Cassandra Pettway

1/10-5/18 Tues. & Thurs. 9:45-11am

LINE DANCING

Come out and dance to the music! Learn some new Line Dance with the Seniors at Tricksey Senior Center!

Instructor: Joyce Johnson

1/10-5/15 Tues. & Thurs. 1-2pm

OPEN GAMES

Open Games include Wii Gaming, Air Hockey, Ping-Pong, Checkers, Card Games and Chess.

1/9-5/19 Mon.-Fri. 9am-1pm

GARDENING DONE RIGHT!

Have you ever dreamed of having a garden, but don't know where to start? Don't worry, we can help you out! At Tricksey Senior Center, we can teach you all you need to know about gardening!

(Lead by Tricksey Seniors)

1/11-5/18 Wed. & Thurs. Noon-1pm



TENNIS CENTERS

COPELAND-COX TENNIS CENTER — MOBILE TENNIS CENTER

851 GAILLARD DRIVE, MOBILE, AL 36608 | (251) 208-5181 | HOURS: MON.-THURS. 8AM-9PM, FRI.-SAT. 8AM-5PM, SUN. 9AM-5PM
GENERAL MANAGER: SCOTT NOVAK | www.mobiletenniscenter.net/clinics

Certified Teaching Pros available at Mobile Tennis Center.

Please contact our front desk at (251) 208-5181 for more information or visit us online.



Jake Eaker 228-218-5774



Athina Amanor 251-509-9965



Johnathon Ames 521-463-9170



Dustin Scott 251-583-6267



Hans Laub 251-605-3528

MIGHTY MITES (Age 5)

The fundamental skills of tennis for children aged 5 will be taught. They will then continue to develop these skills throughout the clinic session.

Certified Instructor: Dustin Scott

Session 1: 1/9	-1/30 ľ	Mon. 3:30-4pm	\$50
Session 2: 2/2	7-3/20	Mon. 3:30-4pm	\$50

Location: Mobile Tennis Center

8 & UNDER CLINIC (Ages 6-8)

This is a beginner start up clinic for children ages 6 to 8 on a 36' court while playing with red balls. This is a great way for children to learn the game of tennis.

Certified Instructors: Dustin Scott, Johnathon Ames

Session 1:	1/9-2/1	Mon. & Wed. 4-5pm	\$110
Session 2:	2/27-3/22	Mon. & Wed. 4-5pm	\$110

Location: Mobile Tennis Center

10 & UNDER CLINIC (Ages 9-10)

This clinic is played on a shorter court (36') with orange ball. This clinic is designed to improve upon the skills used in the game of tennis.

Certified Instructors: Dustin Scott, Athina Amanor

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Session 1:	1/10-2/2	Tues. & Thur. 5-6pm	\$110	
Session 2:	2/28-3/23	Tues. & Thur. 5-6pm	\$110	
Location:	Mobile Tennis	Center		

11 & UP CLINIC (Ages 11-17)

This clinic is played on a regular court (60') with regular balls. This clinic is geared towards aspiring JV/Highschool players as well as Junior Team Tennis players.

Certified Instructors: Athina Amanor, Jake Eaker

Session 1:	1/10-2/2	Tues. & Thur. 4-5pm	\$110
Session 2:	2/28-3/23	Tues. & Thur. 4-5pm	\$110

Location: Mobile Tennis Center

ADVANCED JUNIOR CLINIC (Recommended Ages 10 - 17)

Elite Program. Instructor permission is required for admission to this clinic. This is a highly advanced tennis clinic for players striving to be



top junior players. Most players in this group have proficient skills to maintain aggressive player sustained rallies with hitting partners. Most players are encouraged or are already partaking in USTA junior tournaments.

Certified Instructor: Raul Malaver 228-547-9623, raulmalaver@yahoo.com

1/9-4/1 Mon. & Wed. 6-8pm \$30 Sat. 9-11am \$30

ADULT BEGINNER 101 (Ages 18 & Up)

This program is for entry level adults who have never played or picked up a racquet. It is designed to teach you the rules, scoring, and etiquette used for League Play. After completion of the 6 week clinic, a USTA coordinator helps place the players on a league team specifically for beginners.

Certified Instructor: Jake Eaker

Session 1:	1/11-2/8	Wed. 6-7pm	\$60
Session 2:	3/1-3/29	Wed. 6-7pm	\$60
Location:	Mobile Tennis Ce	enter	

ADULT BEGINNER CLINIC (Ages 18 & Up)

Beginner level clinic for the Adult Player. Our pros will help you develop the proper skills used for tennis.

Certified Instructor: Jake Eaker

Session 1:	1/9-1/30	Mon. 6-7pm	\$60
Session 2:	2/27-3/20	Mon. 6-7pm	\$60
4.00			

Location: Mobile Tennis Center

TENNIS CENTERS

COPELAND-COX TENNIS CENTER — MOBILE TENNIS CENTER

ADULT INTERMEDIATE CLINIC (Ages 18 & Up)

Intermediate level clinic for the Adult Player. Our pros will continue to develop the skills used for the intermediate level player.

Certified Instructor: Jake Eaker

Session 1: 1/9-1/30 Mon. 7-8pm \$60 Session 2: 2/27-3/20 Mon. 7-8pm \$60

Location: Mobile Tennis Center

ADULT BEGINNER CARDIO CLINIC (Ages 18 & Up)

This clinic is designed to raise your heart rate while working on your beginner level skills.

Certified Instructor: Johnathon Ames

Session 1: 1/11-2/1 Wed. 6-7pm \$60 Session 2: 3/1-3/22 Wed. 6-7pm \$60

Location: Mobile Tennis Center

ADULT INTERMEDIATE CARDIO CLINIC (Ages 18 & Up)

This clinic is designed to raise your heart rate while working on your Intermediate level skills.

Certified Instructor: Johnathon Ames

Session 1: 1/11-2/1 Wed. 7-8pm \$60 Session 2: 3/1-3/22 Wed. 7-8pm \$60

Location: Mobile Tennis Center

COTTAGE HILL TENNIS CENTER — MEDAL OF HONOR PARK

1711 HILLCREST RD., MOBILE, AL 36695 I (251) 666-9539 HOURS: MON.-THURS. 8-11AM, 5-9PM I FEES: \$4 DAY, \$5 NIGHT

Individual or group tennis lessons for all ages are offered at Cottage Hill Tennis Center. Contact teaching pros for available time and rates: Elaine Campbell, 251-604-4941

LYONS PARK TENNIS CENTER

180 LYONS PARK AVENUE | (251) 694-1830 | FAX: (251) 690-7730 HOURS: MON.-THUR. 3-9PM, FRI. CLOSED, SAT. 8AM-1PM | FEES: \$4 DAY, \$5 NIGHT

Individual or group tennis lessons for all ages are offered at Lyons ParkTennis Center.

Contact teaching pros for available time and rates:

James Richardson, 251-391-6685 | Lance Deleston, 251-648-2925





PARKS & RECREATION PROGRAMMATIC PARTNERSHIP

TIMELINE FOR WINTER/SPRING 2023 PARTNERSHIP PROCESS

The City of Mobile Parks and Recreation Department (MPRD) is looking for individuals and organizations for programmatic services. We are actively recruiting partners in these specific areas such as Science, Tecnology, Engerineering, Math (STEM), fitness, mentoring, and theatre, in MPRD facilities.

Interested parties required to attend one mandatory technical assistance workshop. During this Technical Assistance workshop, you will learn the process to successfully apply to be a partner.

All selected partners will be required to sign a Facility Use Agreement with the City of Mobile. Program facilitation will begin Fall 2023.

APRIL 11

Mandatory technical assistance workshops
Tuesday, 6-7:30pm
Will be conducted over zoom

APRIL 12

Mandatory technical assistance workshops
Wednesday, 10:30am-Noon
Will be conducted over zoom

APRIL 13

Mandatory technical assistance workshops
Thursday, 6-7:30pm
MPRD Administrative Offices, 48 North Sage Ave.

PARTNERSHIP APPLICATION SUBMISSION DEADLINE: FRIDAY, MAY 5, 2023 AT 5PM

Email us at MPRDPrograms@cityofmobile.org for additional information.

Attention: Programming Division



48 NORTH SAGE AVENUE, MOBILE, AL 36607 | 251-208-1550 | HOURS: MON.-FRI. 8AM-5PM MANAGER: JONNI NOTTINGHAM | jonni.nottingham@cityofmobile.org

Please follow us on social media to keep up to date on the events you are planning to attend.

@MobileParksAndRec and @CityOfMobileEvents



LODA ARTWALK

Downtown Mobile
The 2nd Friday of Each Month, 6-9pm

LODA ArtWalk showcases the creative side in Downtown, Mobile every second Friday of the month. Join us as we feature art, live music, theatrical performances, exhibits, galleries, museums, shops, bars, restaurants, and more! Please contact any participating art gallery to find out how to display your artwork. Be sure to stop by the Kids Zone at the corner of Dauphin and N. Claiborne Streets for free crafts and activities!

ARTWALK 2023 CELEBRATES...

January: International Lego Day

February: Friday Night Live: A Brass Band Showcase

March: Sports Art and Photography
April: Cookie Decorating Month
May: Cartoons and Comics

Follow us on social media for more details!

@LODAartwalk #LODAartwalk



SATURDAYS AT THE COOP

Cooper Riverside Park, 1 Government Street The Saturday following LODA ArtWalk, 7-10pm

Fill your weekend with good times and great music at Cooper Riverside Park every Saturday after ArtWalk! Our free concerts run from 7-10 PM and feature bands from a variety of genres including, but not limited to: jazz, metal, country, rock, and pop. Come enjoy music under the stars and don't forget to bring a folding chair or blanket and snacks!

Follow us on social media for more details!

@MobileParksAndRec @CityOfMobileEvents! #NightsAtTheCoop



LIGHTING OF THE MARDI GRAS TREE

Mardi Gras Park, 109 Government Street 1/14, 5:30-6:30pm

Let the good times roll! Bring the family and gather round for the Lighting of the Mardi Gras Tree on January 14th in Mardi Gras Park! The Juke Box Brass Band will be playing at the event for the Lighting of the Mardi Gras Tree and then second-line down to Cooper Riverside Park for a free concert from 7-10pm. Be sure to bring your chairs, blankets, and snacks to enjoy during the concert!



KIDS DAY

Quarterly Event

TRIMMIER PARK, 3600 ALBA CLUB ROAD

1/7, Sat. 10am-2pm

Rev your engines and get ready to go! Bring your Power Wheels for the race of a lifetime! That's not all – with music, bounce houses, and more, there's something for everyone! Check out our website, www.MobileParksAndRec.org, to register your driver for this year's race!

LAUN PARK, 5401 WINDMILL DRIVE

4/22, Sat. 10am-2pm

The city of Mobile Parks and Recreation will be cranking up the tunes and adding FOAM! We are bubbling up some foam-tastic fun! Join us for a free foam dance party complete with music, inflatables and so much more!

Follow us on social media for more details!

@MobileParksAndRec @CityOfMobileEvents



BLACK HISTORY MONTH

In February, for Black History Month, we want to reflect on both the history and the teachings of African Americans. Join us weekly on Wednesdays at 6pm as we focus on the progress and diversity of Black History Month! Every week, we will have something different for you and your family to participate in together. There will be music, photo ops, educational seminars, a talent show, and more!

2/1: DIVERSITY, EQUITY AND INCLUSION SEMINAR

THOMAS SULLIVAN COMMUNITY CENTER, 351 N CATHERINE STREET

Join us as we create a space for people to learn, listen, and share stories during our diversity, equity, and inclusion seminar. Two sessions to be offered: daytime and evening.

2/8: FAMILY PORTRAITS

HILLSDALE COMMUNITY CENTER & PARK, 558 E FELHORN ROAD

Come dressed to impress and have your free family portraits done by local photographers!

2/15: COMMUNITY WALK AND TALK

HERNDON-SAGE PARK, 48 N SAGE AVENUE

Grab your walking shoes and talk with local community leaders such as healthcare professionals, first responders, educators, legal professionals, government officials, and more. This is a great chance for participants to engage with local leaders in our community. You may just find out what you want to be when you grow up!

2/22: HISTORY IN THE MAKING TEEN TALENT SHOW

HARMON-THOMAS COMMUNITY CENTER & PARK, 1611 BELFAST STREET

Can you sing, dance, play an instrument, recite poetry, act, mime, or perform magic? Wherever your talent lies, we want to see it! Information on the free registration can be found at: www.MobileParksAndRec.org.

Follow us on social media for more details!

@MobileParksAndRec @CityOfMobileEvents



FRIDAY NIGHT LIVE: QUARTERLY CONCERT SERIES

CATHEDRAL SQUARE. 300 CONTI STREET

2/10, Fri. Gates open at 5 pm, concert begins at 5:30 pm

Kick off 2023's first Friday Night Live concert as we showcase six different brass bands in celebration of Mardi Gras! Get ready to dance to the beat of the brass bands and party like it's 1703!

MARDI GRAS PARK, 109 GOVERNMENT STREET

5/5, Fri. Gates open at 6 pm, concert begins at 7 pm

Friday Night Live and Cinco de Mayo combine to create the ultimate fiesta! Join us for live music performances that are sure to get you moving! Adult beverages will be available for purchase, stop by local restaurants, bring your blankets and chairs, and let's have a good time!

Follow us on social media for more details!





WOMEN'S HISTORY MONTH

Celebrate Women's History Month with the City of Mobile Parks and Recreation by prioritizing your physical and mental health! We have partnered with Infirmary Health, the Mobile County Health Department, the Red Cross, and others in order to provide women's health screenings, resources, and a blood drive on the first four Wednesdays in March from 10am-2pm.

3/1	Joseph Dotch Community Center, 3100 Bank Avenue
3/8	Robert Hope Community Center, 850 Edwards Street
3/15	Taylor Park Community Center, 1050 Baltimore Street
3/22	Hillsdale Community Center, 558 F Felhorn Road

Wrap up Women's History Month with our first Sip 'N Paint of the year! Join us for an evening of relaxation, music, sipping, and painting. Adult beverages available for purchase. Tickets include all supplies needed and can be purchased at www.MobileParksAndRec.org. Must be age 21+ to attend.

3/29 Sip 'N Paint, Mardi Gras Park, 109 Government Street, 6-9pm



SIP 'N PAINT: QUARTERLY PAINTING SERIES

Mardi Gras Park, 109 Government Street

3/29, Wed. 6-9 pm

Celebrate Women's History Month with Mobile Parks & Recreation at our first Sip 'N Paint of the year! Join us for an evening of relaxation, music, sipping, and painting. Adult beverages available for purchase. Tickets include all supplies needed and can be purchased at www.MobileParksAndRec.org. Must be age 21+ to attend.

5/6, Sat. 2:30-7:30 pm

Come Dressed in your Derby best and join us for a Kentucky Derby Sip 'N Paint. The 149th edition of the "Run for the Roses" will be shown on a 23'x13' HD LED screen. As you enjoy The Most Exciting Two Minutes in Sports, join us for music, sipping and painting. Adult beverages will be available for purchase. Riders Up!

Visit our website to purchase tickets. www.MobileParksAndRec.org. Must be age 21+ to attend. #SipNPaintMobile



MOVIES IN THE PARK

What's better than a free movie for you and your family? Enjoying the lovely spring weather in one of the City of Mobile's parks while you watch it! Our Spring Movies in the Park series will take place every Thursday night, beginning at 6pm, from March 2nd to April 20th. [Movies begin at dark]. We will be partnering with community organizations to show films in all seven districts. Bring your chairs, blankets and snacks to enjoy the show! Follow us on social media for event locations and movie titles.



FINAL FOUR BLOCK PARTY

Dauphin Street, Downtown Mobile 4/1, Sat. 2 hours before Tipoff

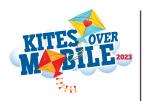
Join the madness in the streets of Downtown as the game is shown on a 23'x13' HD LED screen. This free, family-friendly party gets started with a live DJ, prizes for the most "spirited" fans, and local venues featuring game day food and drink specials! Please bring your own chairs. No tents or umbrellas allowed.



SPRING FLING

Dotch Community Center/Trinity Gardens Park, 3100 Bank Ave. 4/8, Sat. 10am-4pm

Hop on over to the Mobile's Spring Fling! We have something for the whole family! Enjoy a photo op with the Easter Bunny, an egg hunt, face painting, a petting zoo, bounce houses, music, and more! This event is fun for the whole family and will be sure to leave you in the HOPPY-EST of moods!



KITES OVER MOBILE

Brookley Park 4/15, Sat. 10am-5pm 4/16, Sun. 12-5pm

Our Kite Festival is back and bigger than ever! Join us as we celebrate the 3rd Annual Kites Over Mobile! There will be live music, kite displays, professional kite-flying demonstrations, a candy drop, and other family fun activities! Bring your own kite or purchase one at the event. Don't forget to grab your picnic lunch, chairs, and blankets for a high-flying good time! Follow us on social media for more information.

#KitesOverMobile



ROLL MOBILE

Bienville Square, 150 Dauphin Street 5/12-10/13, Fri. 6-9 pm

Get your skates and let's roll! Roll Mobile is back and better than ever! Once again, Mobile Parks & Recreation has turned the streets around Bienville Square into a free outdoor roller-skating rink! Bring your skates and get ready for fun as a live DJ plays or just bring a chair to watch the action from outside the rink! Roll Mobile merchandise is available for purchase on-site. For safety, no bicycles, skateboards, scooters, or hoverboards are allowed in the skating area.

#RollMobile



MARKET IN THE PARK

Cathedral Square, 300 Conti Street 5/6-7/8 Sat. 7:30am-Noon

Market in the Park vendors feature locally grown, produced, and handmade items! Enjoy music by local artists while you shop for seasonal fresh fruits, vegetables, seafood, baked goods, jams, preserves, honey, original art, décor and more!

ENTERTAINMENT CALENDAR:

5/6 Mary Alice 5/13 Indyah Rashaud 5/20 Kat Deal

5/27 Stephen Sylvester

Follow us on social media for more details!

@MarketsInMobile #MarketInThePark #MITP





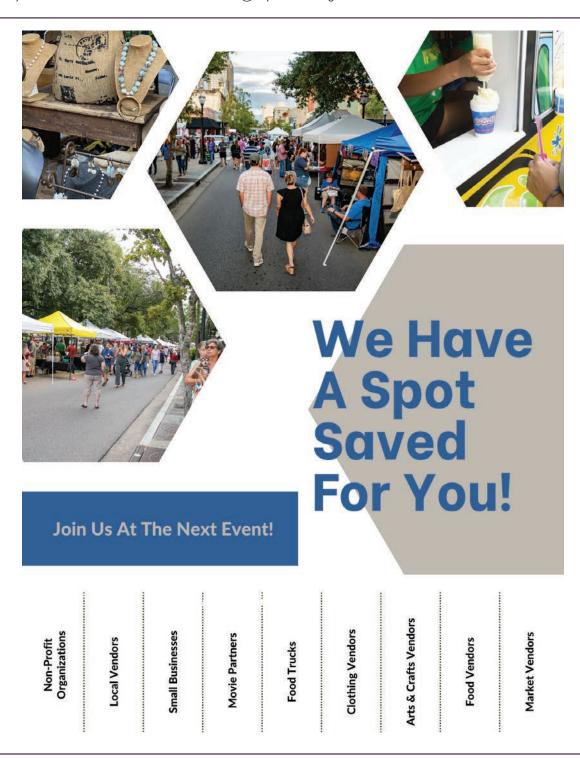






INTERESTED IN YOUR BUSINESS JOINING THE NEXT PARKS AND RECREATION EVENT?

We are always looking for new market vendors, food vendors, and food trucks to join us at our events! All event vendor applications are available at www.MPRD.RecDesk.com. Click on Programs, then filter the results by type (Events) and subtype (Vendor Applications or Food Vendor Applications). Each application provides deadline & fee information. Check out the next page for information on working with the City of Mobile. Please reach out to MPRDEvents@cityofmobile.org for more information!



WORKING WITH THE CITY OF MOBILE

Thank you for your interest in doing business in our historic port city. A valid City of Mobile business license is required for any company or person engaged in business within the corporate limits as well as the police jurisdiction. As a vendor participating in this Event, you are required to acquire a Business License. This is an annual license which expires on December 31 for the calendar year in which it is issued.

THE INITIAL PEDDLERS LICENSE INCLUDES:		THE INITIAL FOOD TRUCK LICENSE INCLUDES:	
License	\$ 50.00	License	\$120.00
Tax Deposit	\$ 70.00	Issue Fee	<u>\$ 10.00</u>
Issue Fee	\$ 10.00	Total	\$130.00
Total	\$130.00		
A 1/2 year license (starting July 1st) is \$25 license, \$70 deposit and \$10 issue fee.		· ·	nse (starting July 1st) fee and \$10 issue fee.

YOU CAN APPLY FOR YOUR BUSINESS LICENSE IN-PERSON AT:

City of Mobile, Revenue Department 205 Government Street, 2nd Floor, S. Tower Mobile, Alabama 36652 251-208-7462, Option 1

OR ONLINE:

https://www.cityofmobile.org/government/revenue/business-license-application/

TO OBTAIN A BUSINESS LICENSE YOU WILL NEED TO PROVIDE THE REQUIRED DOCUMENTATION:

FOR A SOLE PROPRIETOR:

- Copy of your government issued photo ID or valid driver's license
- Signed Citizenship form located at:
 https://www.cityofmobile.org/government/revenue/revenue-forms-and-applications/

FOR A LLC, CORPORATION OR NON-PROFIT:

- Copy of the owner's/officer's current government issued photo ID or valid driver's license.
- Copy of your article of formation stamped/recorded by probate court including certificate.

FOOD TRUCK VENDORS ARE REQUIRED TO HAVE:

- Board of Health Clearance
- Fire Inspection Report
- MPRD Park Permit [if operating within a city park]

YOU CAN APPLY FOR YOUR MPRD PARK PERMIT:

- In Person: 48 N Sage Ave, Mobile, AL 36607
- Or online at MPRD.RecDesk.com



NON-PROFIT ORGANIZATIONS

FREE BOOTH OPPORTUNITY!

The City of Mobile Parks & Recreation Department is looking for non-profit organizations to set up informational booths at city events.

Organizations are encouraged to bring flyers, do fun giveaways, and participate during the event with kids activities. Groups can bring a 10x10 tent and promote their organization.

EVENT OPPORTUNITIES

Saturdays at the Coop • Movies in the Park • Kids Days MOBtober Fest • Lighting of the Tree • & MORE!



SCAN THE QR CODE TO REGISTER TODAY AND TO VIEW OUR ENTIRE LIST OF EVENTS THAT ARE OPEN FOR PARTICIPATION!

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