



MOBILE PARKS AND RECREATION

WWW.CITYOFMOBILE.ORG/PARKS





@mobileparksandrec @mobileparksandrec



FROM THE SENIOR DIRECTOR OF PARKS AND RECREATION

Greetings,

As I write this letter, six months into the COVID-19 pandemic, I think about all the changes we've had to endure to stay safe and healthy. The Parks and Recreation team has spent this time cleaning and organizing centers, creating new virtual and physical distancing activities, and most importantly continuing to provide meals to our seniors and youth. I would like to share many of the updates that happened in Parks and Recreation since March.

- Special Events is now under the umbrella of Parks and Recreation.
- Community Centers received new Gym floors, all floors were buffed and deep cleaned. Staff handmade protective face masks for employees, and over 28,123 meals were distributed to children ages 0-18.
- Azalea City Golf Course staff cleaned and sanitized clubhouse, aerated greens, driving range, trees
 and fairways, completed irrigation upgrade project funded by Alabama Trust Fund Grant, contractor
 installed 45' section of curb in parking lot and parking lot was restriped, painted fire lane in front of
 clubhouse, painted tee markers & fairway yardage markers and cleaned 80 golf carts.
- Tennis Centers staff patched and resurfaced 6 Tennis courts, 118 light poles were painted, 9.5 miles of chain link fence was painted around 26 Tennis courts, 3 storage sheds were painted, 15 picnic tables were painted, 8 sets of bleachers were painted & park benches, 14 white canopy frames were painted plus 28 trash bins, court assignment board painted & 26 umpire chairs assembled.
- Programming staff created virtual activities
- Senior Centers staff delivered over 13,785 meals, created over 35 virtual recreation videos, plus virtual bingo. Posters were made for daily drive by visits with Seniors who had to stay in.

I strongly encourage you to get out and explore our parks and amenities and connect with nature.

Thank you,

Shonnda Smith

Senior Director of Parks and Recreation

Vision:

Fun and Safe Places where Everybody is Somebody

Mission:

To increase the Social, Emotional and Physical well-being of our community by providing diverse activities in secure and welcoming spaces.

Core Values:

Customer Service Teamwork Diversity

MAYOR, CITY OF MOBILE William S. Stimpson

SENIOR DIRECTOR PARKS AND RECREATION

Shonnda R. Smith

OPERATIONS MANAGER

Gerard W. McCants

SUPERINTENDENT OF PARKS

Daniel Otto

SUPERINTENDENT OF RECREATION

Shadrach Collins, Jr.

MOBILE PARKS AND RECREATION DEPARTMENT DIRECTORY

ATHLETIC & AQUATICS PROGRAMS

SUPERVISOR: Greg Davis

gregory.davis@cityofmobile.org 251-208-1630

AZALEA CITY GOLF COURSE

SUPERINTENDENT: Brian Aaron

aaron@cityofmobile.org PGA Head Golf Pro: Lawrence Auer auer@cityofmobile.org 251-208-5150

COMMUNITY CENTERS & PROGRAMS

SUPERVISOR: LaNisha Rembert Penn

lanisha.penn@cityofmobile.org 251-208-1652

PROGRAMMING

SUPERVISOR: Mellanie Johnson

johnsonm@cityofmobile.org 251-208-1610

SENIOR & THERAPEUTIC PROGRAMMING, ADA LIAISON SUPERVISOR: Ashley-Nicole Flowers ashley.flowers@cityofmobile.org

251-208-6107

SPECIAL EVENTS ASSISTANT MANAGER: Greg Cyprian

gcyprian@cityofmobile.org 251-208-1550

TENNIS CENTERS

SUPERINTENDENT: Scott Novak

scott.novak@cityofmobile.org 251-208-5181

The City of Mobile Parks & Recreation Department is committed to providing programs, services and activities that are fully inclusive of people with disabilities. For questions on how we may serve your disability-related needs, please contact our ADA Liaison at MPRDADA@cityofmobile.org

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(a) @mobileparksandrec

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MPRD FACILITIES WILL BE CLOSED ON:

Veterans Day - Wed., Nov. 11 Thanksgiving Holidays -Thurs., Nov. 26 & Fri., Nov. 27 Christmas Holidays -Thurs., Dec. 24 & Fri., Dec. 25

NRPA PARK PULSE

Parks Are Essential, Especially During a Health Crisis

83% of adults find exercising at local parks, trails and open spaces essential to maintaining their mental and physical health during the COVID-19 pandemic.



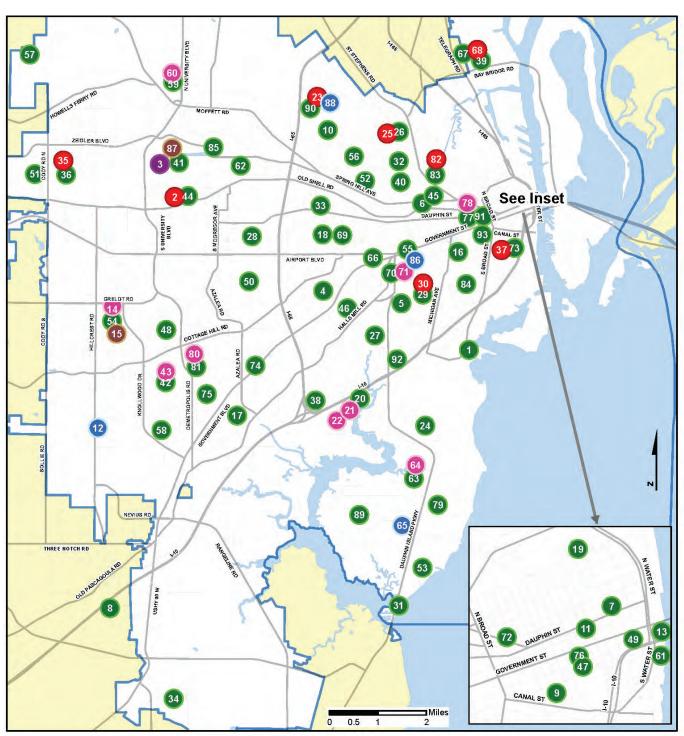
of respondents say it is *very* or *extremely* essential to exercise in parks and green spaces to relieve stress and remain healthy during this crisis.

Numerous studies show there are physical and mental health benefits to spending time in green spaces. Local parks, trails and open spaces have recently become even more of a respite from stress. In March 2020, NRPA released a joint statement about using parks and open spaces while maintaining physical distancing. To date, more than 1,000 groups nationwide have signed on to voice support of the safe use of parks during this crisis. Visit www.nrpa.org/Coronavirus for more information.

Each month, through a poll of 1,000 U.S. residents focused on park and recreation issues, NRPA Park Pulse helps tell the park and recreation story. Questions span from the serious to the more lighthearted. The survey was conducted by Wakefield Research (www.wakefieldresearch.com).

Visit nrpa.org/ParkPulse for more information.





Parks & Recreation

- **(#)** COMMUNITY CENTER
- **M NEIGHBORHOOD CENTER**
- **#** GOLF COURSE
- SENIOR CENTER

B PARK

TENNIS CENTER



	PARKS & FACILITIES	ADDRESSES	DISTRICT
32 10 23/90	Aaron Park 🏃 Bush Park Dotch Community Center &	2010 Andrews Street 712 Rice Street	1
25/26	Trinity Gardens Park 🕏 Figures Community Center & Park 🕏 Herndon (Sage) Park 🕏 Lake Drive Tricentennial Park 🕏 💶 McLean Park Mill Street Park Tricksey Senior Center	3100 Bank Avenue 658 Donald Street 2900 Dauphin Street 2121 Bragg Avenue 320 Park Avenue 2665 Mill Street 3055 Bank Avenue	
7 9 11 13 16 19 29/30 67/68 39 45 47 49 55 70/71 72 73/74 76 78 82/83 91 93	Bienville Square British Park Cathedral Square Cooper Riverside Park Crawford-Murphy Park Detonti Square Park Harmon-Thomas Community Center & Park Hope Community Center Kidd Park Lyons Park & Tennis Center Malaga Square Mardi Gras Park Memorial Park Rickarby Neghborhood Center & Park Ryan Park Seals Community Center & Park Spanish Plaza Springhill Recreation Center Sullivan Community Center & Park Unity Point Park Washington Square	150 Dauphin Street 209 S Dearborn Street 300 Conti Street 1 Government Street 351 S. Ann Street 311 N Conception Street 1161 Belfast Street 850 Edwards Street 800 East Street 180 Lyons Park Avenue 403 Church Street 109 Government Street 1800 Airport Boulevard 550 Rickarby Street 750Springhill Avenue 540 Texas Street 401 Government Street 1151 Springhill Avenue 351 N Catherine Street 900 Springhill Avenue	2





SEE MAP ON PAGE 3

RENTALS AND PERMITS

MPRD's Athletic Fields, Community Centers, and Parks are perfect for your upcoming event. For additional information, call the rentals office at (251) 208-1620, or visit https://www.mprd.recdesk.com/community/home

*Due to COVID-19, Community Center rentals are currently on hold.

Free Wi-Fi available at all Community Centers

	PARKS & FACILITIES	ADDRESSES D	ISTRICTS
1 5 24 27 31 53 63/64 65 79	Baumhauer-Randle Park Doyle Park Fry Park Helen Wood Park McNally Park Newhouse Neighborhood Center & Park Parkway Senior Center Stewart Road Park Trimmier Park Walsh Park	1301 Azalea Road 1705 Broad Street 1909 Duval Street 1728 Rosedale Road 1114 Gimon Circle 4901 Dauphin Island Parkwa 4380 Park Road 2960 Alston Drive 1600 Boykin Blvd. 1320 Stewart Road 3600 Alba Club Road 1401 Windsor Avenue 2412 Halls Mill Road	3
38	Skyland Park	1600 Roland Drive 2459 Dog River Drive N 7161 Old Military Road 2661 Atoll Drive 5401 Windmill Drive 5355 Raines Drive 5400 Grishilde Drive 3701 Rivier du Chien Road 4212 Arcturus Lane 2150 Demetropolis Road	4
4 18 28 50 66 69	Joe Bailey Park 🕏 Denton Park 🕏 Hackmeyer Park 🕏 Matthews Park Public Safety Memorial Park 🕏 Rich Park	712 Magnolia Road 2859 Emogene Street 3710 Conway Drive S 3700 Michael Boulevard 2301 Airport Boulevard 2700 Foreman Circle	5
12 54	Connie Hudson Regional Senior Center Medal of Honor Park 🏌 West Side Park	3201 Hillcrest Road 1711 Hillcrest Road 1001 Hitt Road	6
35/36 41 44/2 57 59/60 51	Hillsdale Community Center & Park Langan Park Lavretta Park & Art Instructional Center Miller Park Mitternight Neighborhood Center & Park McCants-Chavers Park	556 East Felhorn Road 4901 Ziegler Boulevard 200 Parkway W 7451 Lamplighter Drive 5310 Colonial Oaks Drive 7215 Thirteenth Street	7
8	Boykin Park	5850 Carol Plantation Road	n/a



Be a great help to your community by volunteering with Parks and Recreation!

Tutoring • Senior Activities • Athletics And many more!

Whatever your skills or schedule, you can volunteer!

For more information please contact us: (251) 208-1610 or visit us online at MPRDVolunteers@cityofmobile.org



ATHLETIC PROGRAMS

48 N. SAGE AVENUE, MOBILE, AL 36607 I (251) 208-1631 ATHLETICS SUPERVISOR: GREG DAVIS I Email: mprdathletics@cityofmobile.org

YOUTH SPORTS

Contact: Monteil Fluker Phone: 251-208-1649

Email: monteil.fluker@cityofmobile.org

BASKETBALL (pending Covid-19 guidelines)

Contact: Coach Fluker

Phone: 251-454-7390

Email: monteil.fluker@cityofmobile.org

Season: Dec. 5 - Feb. 13, 2021

Registration: Nov. 17 & Nov. 19, 8am-12pm

48 N. Sage Ave. Fees: \$200 per Team

Ages: 4-14 Years (Girls & Boys)







MPRD SPEED & AGILITY CAMP



FALL 2020 SEPT. 21 - OCT. 15 OCT. 19 - NOV. 12 4-WEEK SESSIONS

FOUR 1 HOUR
PRACTICES PER
WEEK

COVID-19 safety protocols will be followed

INCREASE YOUR

- Speed
- Power
- Agility

5 - 6 PM (AGES 6-10) 6 - 7:15 PM (AGES 7-18) BOYS & GIRLS COST: \$20 PER 4 WEEK SESSION

for more information, call (251) 208-1630



REGISTER TODAY!

mprd.recdesk.com







SPECIALTY CAMPS

see pages 33 & 34 for details







ART INSTRUCTIONAL CENTER

200 W. PARKWAY AT OLD SHELL ROAD (IN LAVRETTA PARK), MOBILE, AL 36608 (251) 460-2421 | HOURS: MON.- FRI.: 9AM-6PM

ACTIVITIES SPECIALIST: GINGER WOECHAN | ginger.woechan@cityofmobile.org | ACTIVITIES SPECIALIST: MARNÉE WILEY | marnee.wiley@cityofmobile.org

Class Fee Includes All Supplies

KIDS CLASSES

TIME FOR ART: KIDS AGES 5-8

A fun upbeat art class for the littles! Your child will learn an array of art in a fun environment. Let us help your child develop their inner artist. Sign them up today!

Instructor: Marnee Wiley

9/14-9/28	Mon.: 3:30-4:30pm	\$16
10/12-10/26	Mon.: 3:30-4:30pm	\$16
11/2-11/16	Mon.: 3:30-4:30pm	\$16
11/30-12-14	Mon.: 3:30-4:30pm	\$16

ART FOR KIDS AGES 9-11

A chance for your child to explore art in a creative, relaxed setting. Children will be allowed and encouraged to freely to express themselves artistically. We will have fun while learning and exploring a different medium each session.

Instructor: Ginger Woechan

9/3-9/17	Thurs.: 3:30-4:30pm	\$16
10/1-10/15	Thurs.: 3:30-4:30pm	\$16
11/12-12/3	Thurs.: 3:30-4:30pm	\$16

ART WHAT YOU WANT! AGES 12-16

In this fun class your child will be given options so that they can "art what they want," which is a great way to let their inner artist explore art in a non-school environment. We will focus a lot on painting in these classes. All supplies will be provided for you

\$22

Instructor: Ginger Woechan 9/1-9/8 Tues.: 6-8pm

ADULT CLASSES

OPEN STUDIO

Take a little me time. Come relax, paint among others and be inspired. You must bring you own materials in the class, have an idea and understand your medium. Just dust off those old paints and brushes and join us for art chat and light critiques.

Instructor: Ginger Woechan

9/2-9/16	Wed.: 9am-Noon	\$15
9/23-10/7	Wed.: 9am-Noon	\$15
10/14-11/18	Wed.: 9am-Noon	\$15
12/2-12/9	Wed.: 9am-Noon	\$15

PALETTE KNIFE SUNFLOWERS

Come learn this awesome loose approach to painting.

Instructor: Ginger Woechan

9/14 & 9/21 Mon.: 10-12pm \$22 9/14-& 9/21 Mon.: 6-8pm \$22

BEGINNER WATERCOLOR

This is a true beginner's class! Come learn this fascinating medium.

Instructor: Ginger Woechan

9/1-9/8 Tues.: 6-8pm \$22

PUMPKIN DOOR HANGER



We will learn to paint a decorative pumpkin door hanger on canvas. You can put it on your front door or hang it in your house!

Instructor: Ginger Woechan

9/14 Tues.: 6-8pm \$22 9/22-9/29 Mon.: 10-12pm \$22 10/5-10/12 Mon.: 10-12pm \$22

ABSTRACT PAINTING

Abstract painting is fun! Come learn how to express yourself and create something fun for your home!

Instructor: Ginger Woechan

10/6-10/13 Tues.: 6-8pm \$22

PALETTE KNIFE ANGEL

Join us will paint an abstract faceless angel using palette knife.

Instructor: Ginger Woechan

11/10-11/17 Tues.: 6-8pm \$22 12/4-12/14 Mon.: 6-8pm \$22

WHIMSICAL SANTA 🜌



We will show you how to paint a fun Santa using a paint brush and palette knife.

Instructor: Ginger Woechan

12/7-12/14 Mon.: 6-8pm \$22 12/8-12/15 Tues.: 10-Noon \$22



ART INSTRUCTIONAL CENTER

MIXED MEDIA COLLAGE (16+)

This is a fun and easy way to repurpose those old pictures that you have been holding on to! Or a great way to use that fabric piece you cannot get rid of! Take your old odds and ends and create a collage! Guess what? This fun, upbeat class requires no drawing skills!

Instructor: Marnee Wiley

9/1-9/8 Tues.: 10-Noon \$22

BEGINNER DRAWING (16+)

Let's get back to the basics! Learn the basics of drawing in a relaxed environment. Bring your sketch book and we will provide all other supplies.

Instructor: Marnee Wiley

9/3-9/10 Thurs.: 10-Noon \$26 10/1-10/8 Thurs.: 10-Noon \$26

BEGINNER ACRYLICS (16+)

Have you ever wondered where and how to get started with acrylic painting? Wonder no more! Sign up now and we will get you started learning the basics of this fantastic medium!

Instructor: Marnee Wiley

9/24-10/1 Thurs.: 10-Noon \$26 10/2-10/9 Fri.: 10-Noon \$26

PAINT LIKE MONET! (16+)

Acrylics are the perfect medium to use in creating your own masterpiece! The instructor will take you step by step through the process as you create your very own Monet.

Instructor: Marnee Wiley

9/4-9/11 Fri.: 10-Noon \$26 10/16-10/23 Fri.: 10-Noon \$26

FALL BIRCH TREES: ACRYLICS



Come learn to paint fall birch trees using acrylics. Your instructor will help guide you as you create a lovely fall scene. Come be inspired!

Instructor: Marnee Wilev

10/6-10/13 Tues.: 10-Noon \$26 11/12-11/19 Thurs.: 10-Noon \$26 The following Zentangle* classes CANNOT be registered for online. Call the center at 251-460-2421, call/text the instructor at 251-454-2278, or email her at clarabrunk3900@gmail.com to reserve a place in the class. Class cost and fees should be paid to the instructor, in cash, at the beginning of the class.

BEGINNING ZENTANGLE® (AGES 16-100)

Have you dreamed of creating art with no mistakes? Zentangle* could be the beginning of a life-long relaxing, creative and satisfying practice. This meditative art form uses a square paper tile, a micron pen, a pencil, and a blending stump.

Instructor: Clara Brunk

9/15 & 9/22 Tues.: 1-3pm \$32 9/14 & 9/21 Mon.: 6:15-8:15pm \$32

HARVEST MOON ZENTANGLE INSPIRED ART (ZIA)



We will create a 5x7 inch fall scene with a colorful harvest moon. Paper and watercolors will be supplied. Bring your Zentangle* supplies to class. It is not mandatory that you have completed the Beginning Zentangle* course, but it would be helpful.

Instructor: Clara Brunk

 10/6
 Tues.: 1-3 pm
 \$32

 10/13
 Tues.: 1-3 pm
 \$32

BEGINNING WATERCOLOR

Are you intimidated by watercolor? They say it is the most difficult of the mediums. I don't agree. A different set of rules and the correct tools and you are going to be ready to start. We will focus on the basics of watercolor: Papers and watercolors, mixing colors, values, light source, and techniques. Give it a chance!

Instructor: Clara Brunk

 10/5
 Mon.: 6:15-8:15 pm
 \$32

 10/12
 Mon.: 6:15-8:15 pm
 \$32

 10/19
 Mon.: 6:15-8:15 pm
 \$32





ART INSTRUCTIONAL CENTER

PET PORTRAIT USING WATERCOLOR



To take this class you should have experience with watercolors and your own supplies. We all adore our pets and want to immortalize them! Create your own forever memory using watercolor. You CAN do it! You MUST bring several photos of your pet. It will be best if your pet's mouth is closed. Ask yourself if you want just a head, the bust, or the whole dog. Please bring the following with you: Watercolor paper, photos of your close-mouthed pet, pencil, eraser, watercolors, and brushes.

Instructor: Clara Brunk

11/9 Mon.: 6:15-8:15pm \$32 11/16 Mon.: 6:15-8:15pm \$32 12/07 Mon.: 6:15-8:15pm \$32

ZENTANGLE® CHRISTMAS WREATH



We will create a 6x6 inch Zentangle* Christmas Wreath with pops of color. Paper will be provided. Students will provide their own Zentangle* supplies and colored pencils. It is not mandatory that you have completed the Beginning Zentangle* course, but it would be helpful.

Instructor: Clara Brunk

11/10 Tues.: 1-3pm (1 class) \$16

ZENTANGLE® 3D CHRISTMAS STAR



Get ready for the holidays with this dimensional star. Students will need to bring their own Zentangle* supplies and colored pencils/watercolor pencils/fine tip archival markers.

Instructor: Clara Brunk

11/17 Tues.: 1-3pm \$32 12/8 Tues.: 1-3pm \$32

AZALEA CITY GOLF COURSE

1000 GAILLARD DRIVE, MOBILE AL
(251) 208-5150 I HOURS OF OPERATION: MON.-SUN. 7AM-5PM
DRIVING RANGE OPEN: 7AM-4PM I WWW.AZALEACITYGOLFCOURSE.COM
GCSSA SUPERINTENDENT: BRIAN AARON I aaron@cityofmobile.org
PGA HEAD GOLF PROFESSIONAL: LAWRENCE AUER I auerl@cityofmobile.org

Azalea City Golf Course offers golf lessons for all golfers. We have various skill level lessons offered from the novice student to advanced lessons offered for more experienced golfers. Contact our office for more information re: private lessons.

Golf instruction is available from our PGA and LPGA teaching professionals. Group and individual instruction programs are available year-round.

Call-in reservations for tee times are encouraged. Weekday tee times are available up to 7 days in advance. Weekend tee times may be reserved from 8 am on Wednesday prior to the weekend.

Golf Cart Rentals Available.

GREENS FEES:

\$25 Before Noon \$17 After Noon

JUNIOR RATES: 18 YEARS & YOUNGER:

\$12 Before Noon. \$8 After Noon

ANNUAL MEMBERSHIPS AVAILABLE

* Limited Membership: Mon.- Fri.

Individual: \$700/year \$200/quarter Per dependent: \$300/year \$100/quarter

* Unlimited Membership: Mon.-Sun.

Individual: \$1200/year \$325/quarter Per dependent: \$300/year \$100/quarter

Contact us at 251-208-5150 to schedule your next golf tournament.



COTTAGE HILL GYMNASTICS CENTER

MEDAL OF HONOR PARK, 1711 HILLCREST RD. (BETWEEN GRELOT & COTTAGE HILL), MOBILE, AL 36695 (251) 367-6182 or (251) 533-8645

TONYA CARROLL | tonya.carroll@cityofmobile.org

PRESCHOOL MOVEMENT EDUCATION

(Ages 3. 4. & 5) Boys and girls learn the basics of gymnastics in a safe and well-equipped environment. Children can improve their coordination, develop body awareness, balance, and self-confidence in this introduction to the world of exercise and fun. MUST be potty trained to attend class.

ALL COURSES 4 WEEKS.

9/9-10/5	Mon. & Wed.: 2-2:45pm	\$55
9/8-10/1	Tues. & Thurs.: 9:30-10:15am	\$55
9/12-10/3	Sat.: 9-10 am	\$40
10/12-11/4	Mon. & Wed.: 2-2:45pm	\$55
10/13-11/5	Tues. & Thurs.: 9:30-10:15am	\$55
10//17-11/7	Sat.: 9-10 am	\$40
11/16-12/14	Mon. & Wed.: 2-2:45 pm	\$55
11/17-12/15	Tues. & Thurs.: 9:30-10:15am	\$55
11/21 -12/19	Sat.: 9-10 am	\$40

KINDER-GYM (Ages 18 Months – 3 Years)

Toddlers have fun while learning basic gymnastics, body awareness, balance, and self confidence in a relaxed gymnastics environment! Adult must participate with the child.

ALL COURSES 4 WEEKS.

Instructor: Tiara Patrick

9/11-10/2	Fri.: 9:30-10:30am	\$40
9/11-10/2	Fri.: 10:30-11:30am	\$40
10/16-11/6	Fri.: 9:30-10:30am	\$40
10/16-11/6	Fri.: 10:30-11:30am	\$40
11/20-12/18	Fri.: 9:30 -10:30am	\$40
11/20-12/18	Fri.: 10:30-11:30am	\$40

YOUTH CLASSES

Kids learn progressive skills on trampoline and other gymnastics equipment while increasing and enhancing their flexibility, strength, balance, and coordination.

YOUTH GYMNASTICS (5-8 Years)

Must Be 5 By First Class. ALL COURSES 4 WEEKS.

Tues. & Thurs.: 4-5pm	\$65
Sat.: 10-11am	\$40
Tues. & Thurs.: 4-5pm	\$65
Sat.: 10-11am	\$40
Tues. & Thurs.: 4-5pm	\$65
Sat.: 10-11am	\$40
	Sat.: 10-11am Tues. & Thurs.: 4-5pm Sat.: 10-11am Tues. & Thurs.: 4-5pm

YOUTH GYMNASTICS (9-12 Years)

ALL COURSES 4 WEEKS.

9/12-10/3	Sat.: 11-Noon	\$40
10/17-11/7	Sat.: 11-Noon	\$40
11/21-12/19	Sat.: 11-Noon	\$40

BEGINNING TUMBLING (5-10 Years)

Children get a great introduction to tumbling. Have lots of fun while learning the proper way to perform cartwheels, roundoffs, back walkovers, and back handsprings.

ALL COURSES 4 WEEKS.

9/8-10/1	Tues. & Thurs.: 5-6pm	\$65
10/13-11/5	Tues. & Thurs.: 5-6pm	\$65
11/17-12/15	Tues. & Thurs.: 5-6pm	\$65

CHEER TUMBLING (Ages 10 & Up)

(Emphasis on tumbling aspect of cheerleading) A must for students preparing for middle school or high school cheerleading. ALL COURSES 4 WEEKS.

9/9-10/5	Mon. & Wed.: 6-7pm	\$65
10/12-11/4	Mon. & Wed.: 6-7pm	\$65
11/16-12/14	Mon. & Wed.: 6-7pm	\$65
9/8-10/5	Tues. & Thurs.: 6-7pm	\$65
10/13-11/5	Tues. & Thurs.: 6-7pm	\$65
11/17-12/15	Tues. & Thurs.: 6-7pm	\$65

BEGINNING TRAMPOLINE & TUMBLING

(Ages 5 & Up)

Did you know that trampoline is an Olympic Sport? This is an excellent safety course for those families with backyard trampolines.

ALL COURSES 4 WEEKS.

9/8-10/1	Mon. & Wed.: 4-5pm	\$65
10/12-11/4	Mon. & Wed.: 4-5pm	\$65
11/16-12/14	Mon. & Wed.: 4-5pm	\$65

INTERMEDIATE TRAMPOLINE & TUMBLING (Ages 8-10)

This class is designed to perfect the skills taught in the Beginning T & T class and build on them.

ALL COURSES 4 WEEKS.

9/8-10/1	Mon. & Wed.: 5-6pm	\$65
10/12-11/4	Mon. & Wed.: 5-6pm	\$65
11/16-12/14	Mon. & Wed.: 5-6 pm	\$65

NO CLASSES: Nov. 25-28

COTTAGE HILL GYMNASTICS CENTER

CLASS HELD AT: JAMES SEALS COMMUNITY CENTER

540 Texas Street, 36603

To register: 251-367-6182 or 251-533-8645

KINDER-GYM (Ages 18 Months- 3 Years)

Toddlers have fun while learning basic gymnastics, body awareness, balance, and self confidence in a relaxed gymnastics environment! Adult must participate with the child. **ALL COURSES 4 WEEKS.**

 9/12-10/3
 Sat.: 10:30-11:15am
 \$40

 10/17-11/7
 Sat.: 10:30-11:15am
 \$40

 11/21-12/19
 Sat.: 10:30-11:15am
 \$40

NO CLASSES: Nov. 28



556 East Felhorn Road, 36608

KINDER-GYM (Ages 18 Months- 3 Years)

Toddlers have fun while learning basic gymnastics, body awareness, balance, and self confidence in a relaxed gymnastics environment! Adult must participate with the child. **ALL COURSES 4 WEEKS.**

 9/12-10/3
 Sat.: 9-9:45am
 \$40

 1/17-11/7
 Sat.: 9-9:45am
 \$40

 11/21-12/19
 Sat.: 9-9:45am
 \$40

NO CLASSES: Nov. 28









Mobile Parks and Recreation In Collaboration with Mobile Police and Fire Departments



October 31 | 10 AM - 12 PM | Langan Park

Join us for a Drive-Thru Trunk or Treat! We will have a Decorated Car Contest and treats for the kids. (Children must be present in vehicle. 13 and under, please) ***Mask Required***

WWW.CITYOFMOBILE.ORG/PARKS









JOSEPH C. DOTCH COMMUNITY CENTER

3100 BANK AVE., MOBILE, AL 36617 | (251) 452-9856 | HOURS: MON.-FRI. 11AM-8PM MICHAEL GARBUTT | michael.garbutt@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Age 0-18)

Sponsored by Feeding the Gulf Coast Mon. - Fri.: 4-5pm

BOXING & KICKBOXING (Ages 5 & Up)

Are you interested in improving endurance, mobility and learning the basic fundamentals of boxing and kickboxing? Core development is the primary objective. Maximum results require energy & enthusiasm. Call 251-331-6130 for more information or to register.

Instructor: Derick Payne 9/14-12/14 Mon.: 4-7pm

DOTCH FAMILY FUN NIGHT



Bring your whole family for a Night of Fun, Games, and light refreshments.

10/2 Fri.: 5-7pm

GUITAR (Ages 12 &Up)

Rhythm and theory, finger exercises, scales and chords are just a few accompaniments and a lot of fun songs you will learn from one of Mobile's Living Legends.

Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur Jr.

10/6-11/10 Tue.: 5:30-7:30pm \$45 11/24-12-15 Tue.: 5:30-7:30pm \$25

LINE DANCE 101

Enjoy the latest in line dancing. Instructor: Ladresta McNeal 9/10-12/10 Thurs.: 5-7pm

9/12-12/12 Sat.: 10am-Noon Advanced 9/12-12/12 Sat.: Noon-1pm **Beginners**

PIANO (Ages 7- Adult)

Rhythm and theory, finger exercises, scales and chords are just a few accompaniments and a lot of fun you will learn from one of Mobile's Living Legends. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur Jr.

9/10-12/10 Thurs.: 5:30-7:30pm \$45

ZUMBA FOR WOMEN (Age 18 & Up)

Get the workout you been missing; low and high intensity moves. You will get muscle conditioning, flexibility and that boost of energy in every class.

Instructor: Deanne Franklin

9/10-12/10 Tues. & Thurs.: 4-5pm

FITNESS AND NUTRITION (Ages 18 & Up)



This program offers regular exercise and recreational opportunities. This program is for those who wish to have a tasty, nutritious meal combined with social archives and fellowship.

Instructor: Mike Garbutt 9/14-12/21 Mon.& Fri.: 1-3pm

COMPUTER CLASS



Come learn the basic operation of a computer and how to easily access the internet.

Instructor: Linda Carter

9/10-12/17 Mon., Tue., Thurs.: 3-4pm

ARTS & CRAFTS *******



Create something new every month. Participants make and a seasonal decorative item under the guidance of instructor.

Instructor: Brenda Miller

9/14-12/16 Mon., Tues. & Wed.: 4-5pm

MICHAEL A. FIGURES COMMUNITY CENTER

658 DONALD STREET #C, 36617 | (251) 452-4052 | HOURS: MON-FRI. 11AM - 8PM YOLANDA JOHNSON TURNER | Yolanda.jonhson@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast Mon. - Fri.: 4-5pm

ACTING WORKSHOP (All Ages) 😿



Aspiring actors get introduced to scripts and learn many of the acting techniques used in professional theatre along with the basics of costumes and props. At the end of the workshop you get a chance to apply these new skills by performing in a stage play. Call 251-510-0654 for more info or to register.

Instructor: S. Prestwood

10/13-11/17 Tues.: 5:30-7:30pm \$35

MICHAEL A. FIGURES COMMUNITY CENTER

LIGHT OF THE VILLAGE AFTER-SCHOOL PROGRAM (Ages 5-14)

Become a happy camper...kids play fun-filled games, hear short Bible Stories, and get help completing homework.

Instructor: Light of the Village Staff 9/15-12/11 Tue.- Fri.: 3-5pm

FIGURES FAMILY FUN NIGHT

Bring your whole family for a Night of Fun, Games, and light refreshments.

11/6 Fri.: 5-7pm

SEW SWEET

A beginner class that will enhance your sewing technique, followed by the learning process of making clothing for tots. Please call 452-4052 for supply info.

Instructor: Yolanda Turner 9/8-12/8 Tues.: 11:30-2pm 9/8-12/8 Tues.: 5:30-7pm

THEME: MASTERPIECE

Provide children with opportunities to engage in arts and crafts, allowing them to explore their ideas and concepts, and then express that through making something they can feel proud of or use for entertaining others or simple look at for pleasure.

Instructor: Penelope Wiley

9/14-12/9 Mon. & Wed.: 4-5pm

EXERCISING WITH RODERICK 🜠

A brisk walk to music in the gym to get the heart rate up and

clear the mind while having fun Instructor: Roderick Cunningham 9/8-12/10 Tues. & Thurs.: 3-4pm

ORGANIC SOAP MAKING

Embrace the organic royalty with yourself.

Instructor: Yolanda Turner

9/14 Mon.: Noon-1pm 10/5 Mon.: Noon-1pm 11/2 Mon.: Noon-1pm 12/7 Mon.: Noon-1pm

OUR STORIES

A mentoring program that provides motivation, financial preparation, job skills and educational programs to help young people develop life skills and make a healthy choice in their everyday life.

Instructor: Yolanda Turner

9/21 Mon.: 4-5pm 10/12 Mon.: 4-5pm 11/9 Mon.: 4-5pm 12/14 Mon.: 4-5pm

JAZZ (Ages 4-11)

Beginner Jazz class will learn to build balance, poise and coordination as well beginning of movements of Jazz. Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

9/8-9/29 Tues.: 4-5pm \$25 10/5-10/26 Tues.: 4-5pm \$25 11/2-11/30 Tues.: 4-5pm \$25

JAZZ (Ages 12-18)

Beginner Jazz class will learn to build balance, poise and coordination as well beginning of movements of Jazz. Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

9/8-9/29 Tues.: 5-6pm \$25 10/6-10/27 Tues.: 5-6pm \$25 11/3-11/24 Tues.: 5-6pm \$25

MAJORETTE (Ages 4-11)

Learn baton-twirling techniques, dance steps that draw form jazz, ballet, hip-hop and modern dance. Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

 10/8-10/29
 Thurs.: 4-5pm
 \$25

 11/5-12/3
 Thurs.: 4-5pm
 \$25

MAJORETTE (Ages 12-18)

Learn baton-twirling techniques, dance steps that draw form jazz, ballet, hip-hop and modern dance. Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

10/8-10/29 Thurs.: 5-6pm \$25 11/5-12/3 Thurs.: 5-6pm \$25

LINE DANCE WITH LALA

Line dancing/swing out is just another way you can stay healthy at Michael Figures Community Center. When you join us, you can learn the latest dance steps, have lots of fun and get some exercise.

Instructor: LALA

9/8-12/8 Tues.: 5-7pm

WOODWINDS

Aspiring musicians can get instruction in brass or woodwind instruments. Lessons will be provided on clarinet, flute, saxophone, trumpet, trombone, etc. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur

10/5-11/9 Mon.: 5-6:30pm \$35 11/16-12/14 Mon.: 5-6:30pm \$35

HARMON-THOMAS COMMUNITY CENTER

1611 BELFAST ST., MOBILE, AL. 36605 | (251) 470-7752 | HOURS: MON.-FRI. 11PM-8 PM LESLIE PETTAWAY | leslie.pettaway@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast 9/14-12/11 Mon.-Fri.: 3-4pm

LIGHT OF THE VILLAGE AFTER- SCHOOL PROGRAM (Ages 5-14)

Become a happy camper...kids play fun-filled games, hear short Bible Stories, and get help completing homework.

Instructors: Jordan and Julisa 9/15-12/11 Tue.- Fri.: 2:45-5pm

HARMON FAMILY FUN NIGHT



Bring your whole family for a Night of Fun, Games, and light refreshments.

10/2 Fri.: 5-7pm

PIANO CLASS (Ages 6 & Up)

Have you always wanted to learn to play the piano? Well, it is never too late to get started. Learn the basics and with lots of practice you can play the piano.

Instructor: Kina Greene

9/14-12/10 Mon.-Thurs.: 5-6:30pm

SWING OUT/LINE DANCE

Come out and learn how or sharpen your skills.

Instructors: Annette Beard

9/14-12/7 Tues. & Thurs.: 11:30am-1pm

REACH YOUR POTENTIAL WITH YOGA (Ages 7 & up)



Love your, love your day, love your life. Instructor: Leslie Pettway

9/8-12/7 Tues & Thurs.: 3:30-4:30pm

COOKING WITH Q

Spending time learning the basics of how to cook with quality and fun. Instructors: Shurqonda West 9/14-12/7 Mon.: 5:45-7:45pm

FUNDAMENTALS OF GAME-TIME (Aegs10 & up)



Teaching basic instructions of life through games.

Instructors: Willie Nixon

9/14-12/7 Wed. & Fri.: 4:30-6pm

EXERCISE YOUR FINGERS WITH TYPING



Teaching our fingers to type at any speed. Instructors: Nathaniel Moore

9/8-12/10 Mon.-Fri.: 10-11am

HILLSDALE COMMUNITY CENTER

556E. FELHORN ROAD, MOBILE AL 36608 | 251-344-0341 | HOURS: MON.-FRI. 11PM-8PM RHONDA MCDANIEL | rhonda.mcdaniel@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast 9/14–12/11 Mon.-Fri.: 3-4pm

Participants must register for a home delivered meal.

Nutrition Manager: Mary Lee hillsdaleseniors@cityofmobile.org

HILLSDALE FAMILY FUN NIGHT



Bring your whole family for a Night of Fun, Games, and light refreshments.

12/4 Fri.: 5-7pm

ALABAMA ELDERLY NUTRITION PROGRAM (AENP)

(Age 60 & Up)

Participants must register for a home delivered meal. Email hillsdaleseniors@cityofmobile.org or 251-208-6701.

DANCE AEROBICS (Adults)

Will include the dance styles of jazz, hip hop, majorette, and more to get your heart pumping and achieve a cardio workout.

Instructor: Shalinda Henry

9/14-12/14 Mon.: 6-6:45pm \$10 drop-in or \$15/4wks

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HILLSDALE COMMUNITY CENTER

EXPLORATORY DANCE (Adults)

A mixture of multiple dance styles including ballet, jazz, hip hop and more. Call 251-348-2654 for more information or to register.

Instructor: Shalinda Henry

9/14-12/14 Mon.: 7-7:45pm \$5 drop-in or \$15/4wks

BALLET & JAZZ (Ages 3 - 7)

A beginner dance class that combines ballet and jazz. Students learn basic ballet positions and techniques along with jazz walks, chasse' and battements. A short center floor combination using these skills.

Instructor: Shalinda Henry

9/10-12/11 Thurs.: 5-5:45pm \$5 drop-in or \$15/4wks.

HIP-HOP & LYRICAL DANCE (Ages 7-13)

Fun, creativity, and self-expression are the basis of this class that combines Hip Hop, also known as street dance & Lyrical, a blend of ballet & jazz. Call 251-348-2654 for more information or to register.

Instructor: Shalinda Henry

9/10-12/11 Thurs.: 6-7 pm \$5 drop-in or \$15/4 wks.

DANCE TEAM, SHAL PERFORMANCE (Ages 5-11)

Shal Performance Team is comprised of dedicate dance students who love to perform and are looking to be challenged in class, rehearsals, and performances. Each company level is designed for their specific age group and promotes teamwork and self-confidence.

Instructor: Shalinda Henry

9/9-12/9 Wed.: 5-6pm \$5 drop-in or \$15/4 wks.

DANCE TEAM. SHAL PERFORMANCE (Adults)

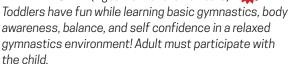
Shal Performance Team is comprised of dedicated dance students who love to perform and are looking to be challenged in class, rehearsals, and performances. Each company level is designed for their specific age group and promotes teamwork and self-confidence.

Instructor: Shalinda Henry

9/8-12/9 Tues. & Wed.: 5:45-7pm

\$5 drop-in or \$15/4 wks.

KINDER-GYM (Ages 18 Months - 3 Years)



9/12-10/3 Sat.: 9-9:45am \$40 10/17-11/7 Sat.: 9-9:45am \$40 11/21-12/19 Sat.: 9-9:45am \$40



P.R.E.P SYSTEM (Teens-Adults)

Let us help you and your school age kids learn some of the things that you can do now to prepare for the future. Whether the future includes college, an athletic career or military service. Participation in some activities and learning certain skills can help increase and enhance chances for success.

Instructor: T. Hunter

9/8-12/9 Tues. & Wed.: 6-7:30pm

SEWING CLUB (Teens-Adults)

This group of "young at heart "ladies come together to give of their time for different sewing projects as one of the many ways that they give back to the community. They welcome those who want to learn the craft of sewing.

Instructor: Lozillia Coates 9/8-12/8 Tues.: 10am-2pm

TABLE TENNIS CLUB (It's On Like Ping Pong)

The Table Tennis Club is a place for people to learn table tennis, practice, and meet others to play matches. Baker High School Table Tennis coach Ho will be helping everyone to work on skills and learn the game. Beginners welcome!

Instructor: Michael Ho

9/10-12/17 Mon. & Thurs.: 5:45-7:45pm

EXERCISE WITH CLAUDIA



Tone up your body at your own pace. Instructor: Claudia Williams

9/7-11/9 Mon., Wed. & Thurs.: 5-6pm

TUTORING FOR ELEMENTARY AGE CHILDREN

Refresh students daily skills after school and help with homework. Instructor: Rhonda McDaniel

9/7-11/9 Mon. & Thurs.: 4-5pm

DRESS FOR SUCCESS AND LIFE **22**



Teaching young males the art of making a great impression toward a better life by practicing the interviewing process, sharpen your skills, tie a tie and coordinate your business attire.

Instructor: Nelson Curtis

9/7-12/17 Mon. Tues. & Thurs.: 5-6pm

BEGINNERS COMPUTER



Learn the basic operation of a computer and how to easily access the internet.

Instructor: Ms. D

9/8-12/17 Tues., Wed.& Thurs.: 2:45-3:45pm

CHOCOLATE CANDY FLORAL



Learn the basics of making chocolate arrangements.

(Beginners welcome)!

Instructor: Elizabeth Espinosa

9/10-12/17 Mon. & Wed.: 4:30-5:30pm

ROBERT HOPE COMMUNITY CENTER

850 EDWARDS STREET, MOBILE AL 36610 I (251) 456-7639 HOURS: MON.-FRI. 11AM-8PM

CHAMYNE THOMPSON | charmyne.thompson@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast Mon.-Fri.: 3-4pm

ACTING WORKSHOP (All Ages)



Aspiring actors get introduced to scripts and learn many of the acting techniques used in professional theatre along with the basics of costumes and props. At the end of the workshop you get a chance to apply these new skills by performing in a stage play. Call 251-510-0654 for more info or to register. Instructor: S. Prestwood

10/22-11/19 Thurs.: 5:30-7:30pm \$35

ARTS AND CRAFTS

Arts and Crafts activities for children who want to have fun while creating something unique.

Instructor: V. Hughes & Ms. Robinson 9/8-12/17 Tues. & Thurs.: 4-5pm

BEGINNERS SEWING/CRAFTING (Teens – Adults)



Have fun while learning the basic sewing skills you need to make simple garments. We will also teach you how to do some fun arts & crafts.

Instructor: Michelle Tutt

9/8-12/17 Tues. & Thurs.: 11:30am & 4:30pm

BIBLE STUDY

Instructor: Winfred July

9/14-12/14 Mon.: 11am-Noon

COOKING AROUND THE WORLD: KIDS COOKING **201**

CLASS (Ages 8-10)

Taste the world! Kids will learn & cook meals from different countries across the world from China to Greece and countries in between.

Instructor:: Chamyne Thompson/Vicki Hughes 9/11-12/11 4th Fri. of each month: 4-5pm

DISRUPSHUN SERVICE ORGANIZATION

(Grades 8th-12th)

A program designed for young ladies and gentlemen not organized for profit but operated exclusively for educational or charitable purposes ages 13-19.

Instructor: Ms. Carla Walker

9/8-12/17 Tues & Thurs.: 5:30-7:30 pm

HOPE FAMILY FUN NIGHT



Bring your whole family for a Night of Fun, Games, and light refreshments.

11/6 Fri.: 5-7pm

RAYS OF HOPE-BOYS MENTORING & EMPOWERMENT PROGRAM (Ages 8-16)

Boys will have fun and learn while have participating in Self-Esteem Building, Spiritual Development, Financial Literacy/ Entrepreneurship, Health/Wellness, and Cooking classes. Instructor: Chamyne Thompson/Vicki Hughes

9/14-12/14 Mon.: 4:30-5:30pm

PEARLS OF HOPE-GIRLS MENTORING



Esteem Building, Spiritual Development, Financial Literacy/ Entrepreneurship, Health/Wellness, and Cooking classes.

Instructor: Chamyne Thompson/Vicki Hughes

9/8-12/15 Tues.: 4:30-5:30pm

WALK INTO WELLNESS (Adults & Seniors)



This class is designed for adults & seniors. This 30-minute walking class helps improve heart health, aids weight loss, regulates, blood pressure, improves circulation, fights cancer, and reduces risk diabetes.

Instructor: Chamyne Thompson 9/8-12/11 Tues. & Fri.: 11-11:30am

YOGA FOR FITNESS & RELAXATION (Beginners)



When you combine power yoga using strong, flowing movements with deep breathing you create a high energy workout that helps you build strength, unwind tight joints and loosen muscles (also burn calories) with gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime. Bring a yoga mat. For more info or to register, call 251-454-2259.

Instructor: Kendra Bell

9/10-10/1 Thurs.: 6-7pm \$30 10/8-10/29 Thurs.: 6-7pm \$30 \$30 11/5-12/3 Thurs.: 6-7pm

LAUN COMMUNITY CENTER

5401 WINDMILL DR. (OFF DEMETROPOLIS RD.)
(251) 661-6541 | HOURS: MON.-FRI.: 11:00-8PM
PATRICIA FERGUSON | patricia.ferguson@cityofmobile.org

CLOSED FOR RENOVATION

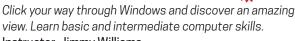
MITTERNIGHT NEIGHBORHOOD CENTER

5310 COLONIAL OAKS DRIVE NORTH, MOBILE, AL 36618 (251) 344-7275 | HOURS: MON.-FRI.: 11AM-8PM

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast Mon.-Fri.: 4-5pm

DISCOVER THE COMPUTER -N- YOU **500**



Instructor: Jimmy Williams 9/14-12/14 Mon.: 10-11am

HOW TO USE YOUR SMART PHONE



Technical assistance to help you learn how to navigate your phone. Bring your smart phone and any questions you may have. Instructor: Jimmy Williams

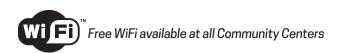
9/10-12/10 Thurs.: 10-11am

CALLIGRAPHY: A HIGHLY PROFITABLE HOME BUSINESS OR JUST FOR FUN

Calligraphy is a style of intricate, artistic lettering that often appears on items such as wedding invitations, birth notices, and certificates of merit. Without a huge investment, you can learn this art form and offer your services to schools (for diplomas), brides-to-be (for addressing invitations), athletic teams, and even corporations that are involved in recognition programs requiring certificates. Supplies will be covered the first night of class. Call 251-510-0654 for more info or to register.

Instructor: A. Kuppersmith

9/8-10/13 Tues.: 5:30-7:30pm \$55



TAI CHI (Adults)



Tai Chi, series of slow, soft movements that offers a gentle path to developing a body that is strong, balanced, and energetic, and a mind that is calm, clear, and relaxed. The practice of Tai Chi reduces stress and has a recognized beneficial effect on many health issues and conditions. It is suitable for people of all Ages and physical conditions. Wear comfortable clothes and shoes and be prepared to have fun. Call 251-510-0654 for more info or to register.

Instructor: S. Prestwood

9/8-10/13 Tues.: 5:30-6:30pm \$30

MEDITATIVE DRUMMING (Adults)



The In-Rhythm approach to health and well-being through the medium of drumming is unique. We use a combination of drumming, mindfulness, and mediation. WE understand and harness the power of meditation to assist individuals in cultivation stillness of mind. Call 251-510-0654 for more info and to register.

Instructor: S. Prestwood

9/10-10/8 Thurs.: 5:30-6:30pm \$40

WATERCOLOR



Have Fun with Basic watercolor. Watercolor techniques including composition, perspective, and light shadows. Call 251-510-0654 for more info or to register.

Instructor: A. Kuppersmith

9/10-10/8 Thurs.: 5:30-7:30pm \$55

ARTS AND CRAFTS

Arts and crafts activities for children who wants to have fun while creating something unique.

Instructor: Carolyn James

9/8-12/17 Tues. & Thurs.: 4-5pm

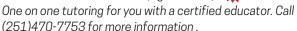
NEWHOUSE TEEN CENTER

2960 ALSTON DRIVE, MOBILE, AL 36605 I (251) 470-7753 HOURS: MON - FRI. 11AM-8PM I MARCUS HARDEN I marcus.harden@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast Mon.-Fri.: 4-5pm

ACADEMIC TUTORING (Ages 12-18)



Instructor: Pauline Ransom

9/10-12/17 Tues. & Thurs.: 5:30-7:30pm

CRICUT CRAFTS 101

This class is for the absolute beginner. We will be going over the basics of the Cricut machine and software. At the end of this 2-hour class, you will be able to create and make fun things to share!

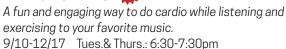
Instructor: Dorothy Smith/Barbara Hines 9/10-12/17 Tues.& Thurs.: 4-6pm

HEALTH & NUTRITION

Teaching youth about nutrition and healthy food choices. Call (251)-470-7753 for more information.

Instructor: Marcus Harden 9/7-12/16 Mon. & Wed.: 4-5pm

HIP HOP CARDIO



SEWING (Beginning Class)

Learn the basic function of your sewing machine and become comfortable with straight stitching. Call (251)470-7753 for more information.

Instructor: Dorothy Smith

9/7-12/16 Tues. & Thurs.: 4-5pm

TEEN MIXER 🌌

Bring a friend for a Night of Fun, Games, and light refreshments every 1st Friday of the Month.

10/2-12/4 1st Fri. of each month 5-7pm

TEEN COUNCIL 3

For Teens by Teens. An enrichment leadership program to empower teens for future by giving them tools to succeed in today's global society.

9/7-12/16 Mon. and Wed.: 6:30-7:30pm









RICKARBY RECREATION CENTER

550 RICKARBY ST., MOBILE, AL 36606 | (251) 470-7750 | HOURS: MON.-FRI. 11AM-8PM JACKIE SIMMONS MCMILLIAN | jacqueline.simmons@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast 9/8-12/18 Mon. - Fri.: 3:30-4:30pm

ADULT TABLE GAMES

9/8-12/18 Mon., Wed. & Fri.: 11:30am-2:45pm

BASIC BAKING & COOKING (Ages 5 & Up)

Come learn basic cooking skills while you learn to bake your favorite cookies.

10/15	Thurs.: 12:45-1:30pm or 4:45-5:30pm
10/19	Mon.: 12:45-1:30pm or 4:45-5:30pm
11/9	Mon.: 12:45-1:30pm or 4:45-5:30pm
11/19	Thurs.: 12:45-1:30pm or 4:45-5:30pm
12/7	Mon.: 12:45-1:30pm or 4:45-5:30pm
12/17	Thurs.: 12:45-1:30pm or 4:45-5:30pm
12/21	Mon.: 12:45-1:30pm or 4:45-5:30pm

BOOKMOBILE

2nd Tues. of every month

CHAIR EXERCISES

Basic leg lifts, arm rotations squats and more. 9/8-12/18 Mon.-Fri. 11:45am-12:15pm

HOLIDAY TABLE DECORATIONS & CRAFTS





HALLOWEEN WALL ART & CRAFT ACTIVITY

 10/6
 Tues.: 11am-Noon or 4-4:45 pm

 10/15
 Thurs.: 11am-Noon or 5-5:45 pm

 10/20
 Tues.: 11am-Noon or 4-4:45 pm

 10/29
 Thurs.: 11am-Noon or 5-5:45 pm

CHRISTMAS ICEBOX COOKIES

12/2 Wed.: Noon-1pm or 4:30-5:15pm 12/15 Tues.: Noon-1pm or 4:30-5:15pm

CHRISTMAS PINECONE TABLE CRAFT

12/3 Thurs.: Noon-1pm or 6-7pm 12/15 Tues.: Noon-1pm or 6-7pm 12/17 Thurs.: Noon-1pm or 6-7pm

HOMEWORK HELP

9/8-12/16 Tues. & Wed.: 4-5:30 pm

OUTSIDE POWER WALKING WITH MS. JACKIE

Just 30 minutes of walking does the body good. Improves heart health, aids weight loss, regulates blood pressure, improves circulation, fights cancer, and reduces risk of diabetes.

9/8-12/16 Mon.-Wed.: 11:15 -Noon

RICKARBY FAMILY FUN NIGHT

Bring your whole family for a Night of Fun, Games, and light refreshments.

11/6 Fri.:5-7pm

TEE-SHIRT FINGER PAINTING

10/15	Thurs.: 4:15-5pm
10/19	Mon.: 4:15-5pm
11/4	Wed.: 4:15-5 pm
11/9	Mon.: 4:15-5 pm
12/2	Wed.: 4:15-5 pm
12/16	Wed.: 4:15-5 pm



JAMES SEALS COMMUNITY CENTER

540 TEXAS ST., MOBILE, AL 36603 I (251) 438-7498 I HOURS: MON.-FRI. 3-8PM MARCUS FLUKER | marcus.fluker@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast 9/8-12/18 Mon.-Fri.: 3-4pm

ACADEMIC TUTORING (All Ages)

One on one help for your child with a certified educator. All grade levels are welcome. Also available at Laun Park. Call 251-217-5819 for more information or to register.

Instructor: Letesha Smith

Mon.-Fri. (by appointments only), Four (30 minute) classes \$45

BILLIARDS

Meet others that like to play pool...rack them up! 9/8-12/12 Mon.-Fri.: 4-7:45pm

SEALS FAMILY FUN NIGHT **SEA**



Bring your whole family for a Night of Fun, Games, and refreshments. 12/4 Fri.: 5-7pm

JAZZ & BALLET (Ages 4-11)

Jazz dance combines techniques of classical ballet and modern dance with current forms of popular dance. Classes include warm up. isolations, stretches, across the floor progressions, and choreography combinations. Exercises focus on increasing flexibility and strength, rhythm, and isolation of body parts, and expressing personal style. Call 251-327-8498 for more info or to register

Instructor: Ashley Perryman

9/14-10/5 Mon.: 3:30-4:30pm \$25 \$25 10/12-11/2 Mon.: 3:30-4:30pm 11/9-11/30 Mon.: 3:30-4:30pm \$25

JAZZ & BALLET (Ages 12-18)

Call 251-327-8498 for more info or to register

Instructor: Ashley Perryman

9/14-10/5 Mon.: 4:30-5:30pm \$25 10/12-11/2 Mon.: 4:30-5:30pm \$25 11/9-11/30 Mon.: 4:30-5:30pm \$25

MAJORETTE & HIP HOP (Ages 4-11)

Classes include warm up, moving across the floor, style explorations (popping, locking, waving, gliding, etc.), and freestyle circles. Exercises focus on increasing flexibility, strength, precision, creativity, and finding your own style. Including majorette dance style as seen on TV with the Dancing Dolls. Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

\$25 9/16-10/7 Wed.: 3:30-4:30pm 10/14-11/4 Wed.: 3:30-4:30pm \$25 11/11-12/2 Wed.: 3:30-4:30pm \$25

MAJORETTE & HIP HOP (Ages 12-18)

Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

9/16-10/7 Wed.: 4:30-5:30pm 10/14-11/4 Wed.: 4:30-5:30pm \$25 11/11-12/2 Wed.: 4:30-5:30pm \$25

DISCOVER THE COMPUTER -N- YOU **W**



Click your way through Windows and discover an amazing view. Learn basic and intermediate computer skills.

Instructor: Marcus Fluker 9/14-12/14 Mon.: 10-11am

ELEMENTARY & LITERACY FOUNDATIONS



(Ages 5-12)

Do you like storytelling and problem solving? We have a exciting class for you!

Instructor: Cheryl Finley

9/9-12/9 Mon. & Wed.: 4:30-5:30pm

GOSPEL-CISE

Pump up your blood and SPIRIT by working out to gospel music. Call the instructor for more info. At 251-786-5914.

Instructor: Nadine Jones

Tues. & Thurs.: 5:30-6:30pm 9/8-12/8

9/12-12/12 Sat.: 8:30-9:30am

HOW TO USE YOUR SMART PHONE



Technical assistance to help you learn how to navigate your phone. Bring your smart phone and any questions you may have.

Instructor: Marcus Fluker 9/10-12/10 Thurs.: 10-11 am

KINDER-GYM (Ages 18 Mon- 3 Years)



Toddlers have fun while learning basic gymnastics, body awareness, balance, and self confidence in a relaxed gymnastics environment! Adult must participate with the child.

Sat.: 10:30-11:15am \$40 9/12-10/3 10/17-11/7 Sat.: 10:30-11:15am \$40 \$40 11/21-12/19 Sat.: 10:30-11:15am

PICKLEBALL

It's a little tennis, a bit of ping-pong, a splash of badminton and fun to say AND PLAY! Played indoor or outdoor, doubles or singles, on a court ¼ the size of a tennis court, with short wooden paddles and a perforated ball similar to a whiffle ball. Low impact, great for all Ages, a sport for life. Must wear a mask. 9/12-12/12 Sat.: 11:30am-1:30pm

JAMES SEALS COMMUNITY CENTER

LOVE SPEAKS INC. KIDZ COOKING CULTURE PROGRAM

Love Speaks is a non-profit kids cooking culture program introducing proper nutrition, sanitation, kitchen etiquette and self-reliance. Call 251-404-4287 for more information or to register.

Instructors: Jessica White and India Andrews 9/8-12/15 Every other Tuesday: 4:30-7:30pm

COACHING & MENTORING STRATEGIES *******



Providing instructional strategies for young adults and coaches.

Instructor: Ralph Gordan

Tues. & Thurs.: 4:30-5:30pm 9/8-12//8

SPRINGHILL RECREATION CENTER

1151 SPRINGHILL AVENUE | MOBILE. AL 36604 | (251) 438-7415 | HOURS: MON.-FRI. 11AM-8PM WOODY CANNON I woody.cannon@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast 9/14-12/11 Mon.-Fri.: 3-4pm

ACADEMIC TUTORING (All Ages)

Want to prepare your child get ahead academically? Start the school year with math and reading tutoring. Students will have a chance to prepare for the next grade level with a certified educator. All grade levels are welcome. Available at other sites. Call 251-217-5819 for more info or to register.

Instructor: Letesha Smith

9/8-12/11 Mon.-Fri.: Appointments available Four (30 minute) classes \$45

SPRINGHILL FAMILY FUN NIGHT



Bring your whole family for a Night of Fun, Games, and light refreshments.

12/4 Fri.: 5-7pm

GARDENING FOR BEGINNERS



A guide to a world of fun and exciting gardening tips and suggestions for beginners.

Instructor: Woody Cannon

9/9-12/11 Mon., Wed, & Fri.: 11:30-12:30pm

9/9-12/11 Mon., Wed, & Fri.: 5-6pm

GUITAR, BEGINNER-INTERMEDIATE (Ages 10 & Up)

Pick up this affordable musical instrument and start learning the basic skills or dust off your old guitar and refresh those rusty skills. You must bring a tunable acoustic guitar. You will learn to play 3-4 note lyrics, the chords, become familiar with finger positioning and how to tune your guitar. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur

9/10-10/15 Thurs.: 5-6:30pm \$45 \$45 10/22-12/3 Thurs.: 5-6:30pm

LET'S GET CRAFTY (Ages 18 & Up)



We are calling all crafty ladies and gents to join us every week for a new craft. We will try a wide range of arts & crafts and holiday themed decorations and much more. Come one day or come both days.

Instructor: Woody Cannon

9/9-12/17 Tues. & Thurs.: 4:30-5:30 pm

JOURNEY THRU THE BIBLE

Balancing life's demands by studying God's word. "... Man shall not live by bread alone, but by every word that proceeds from the mouth of God" Matthew 4:4

Instructor: Rev. Michael Davis

9/14-12/7 Mon.: 11:15am-12:45pm

LINE DANCING

Looking to exercise without thinking of EXERCISING? Well come, learn the latest line dance steps to hit tunes and enjoy doing some of the older ones as well. This instructor-led course will have you moving and grooving as a group using easy-to-follow instructions.

Instructor: Dorothy Chaney 9/14-12/7 Mon.: 5-6:45pm 9/15-12/11 Tues. & Fri.: 11am-1pm

QUILTING MADE EASY (Ages 14 & Up)

You don't have to be on pins and needles about creating that family heirloom. Come join the fun and learn how to guilt. Some supplies are needed, for more information call 251-438-7415.

Instructor: Tanya M. Gullett

9/9-12/11 Wed. & Fri.: 11:30am-2:30pm

STRETCH & WALK



Get your exercise in with us by stretching and then walking a mile or more. This is a self-directed activity.

Instructor: SvIvester Bush

9/14-12/10 Mon., Wed. & Thurs.: 11am-1pm 9/14-12/10 Mon., Wed. & Thurs.: 6-7pm

STOTTS RECREATION CENTER

2150 N. DEMETROPOLIS RD. (OFF COTTAGE HILL), MOBILE AL | (251) 666-4955 HOURS: MON.-FRI.: 11AM-8PM | PATRICIA FERGUSON | patricia.ferguson@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast 9/8-12/18 Mon.-Fri.: 3-4pm

MATH & READING TUTORING (K-8th Grade)



Math & Reading for K thru 6th grade with a certified teacher. Instructor: Mrs. B. Bennett

9/10-11/16 Mon., Wed, Fri.: 3:30-5pm

ARTS AND CRAFTS



Arts and crafts activities for children who wants to have fun while creating something unique.

Instructor: Patricia Ferguson

9/8-12/17 Tues. & Thurs.: 3:30-5pm

BALLET & JAZZ (Ages 3 - 7)

A beginner dance class that combines ballet and jazz. Students learn basic ballet positions and techniques along with jazz walks, chasse' and battements. A short center floor combination using these skills. Contact the instructor at 251-348-2654.

Instructor: Shalinda Henry

9/11-10/2	Fri.: 5-5:45pm	\$5 drop-in or \$15/4 wks.
10/9-10/30	Fri.: 5-5:45pm	\$5 drop-in or \$15/4 wks.
11/6-12/4	Fri.: 5-5:45pm	\$5 drop-in or \$15/4 wks.

No class 11/27

HEW

BASIC DRAWING FOR KIDS (Ages 8 & Up)

Kids will learn the basics of drawing from beginning shapes, shadowing, and texture to creating animals and people. We will spend the first part of the class relaxing and begin with some doodle or free drawing exercises. These activities will help develop good skills for moving forward. The second part of the class focuses on learning and practicing techniques, i.e.... as shadows, textures, shapes, and perspective. Contact the instructor at ashley.kuppersmith@yahoo.com to register and get a supply list

Instructor: A. Kuppersmith 9/14-10/12 Mon.: 5-6pm \$35



BELLY DANCING-ADVANCED LEVEL 1 & 2

The Advanced Belly Dance classes are fast paced with an emphasis on musical interpretation and choreography. This class offers lots of changes and movements while helping to build stamina and improve skill. Students will learn performance sets including folkloric dance, veil work, and drum solos. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

ADVANCED LEVEL 1

Prerequisite for Level 1: Completion of Beginning and Intermediate Belly Dance Classes.

9/9-10/21 Wed.: 5:45-6:45pm \$35/\$30

No class 9/30

10/28-12/9 Wed.: 5:45-6:45pm \$35/\$30

No class 11/25
ADVANCED LEVEL 2

Prerequisite for Level 2: Completion of Beginning, Intermediate and Advanced Level 1 Belly Dance Classes.

9/9-10/21 Wed.: 6:45-7:45pm \$35/\$30

No class 9/30

10/28-12/9 Wed.: 6:45-7:45pm \$35/\$30

No class 11/25

BELLY DANCING-BEGINNER & INTERMEDIATE

Whether you aspire to be a performer or you just want to get into shape, you can enjoy the benefits of this dance class, while you develop stamina and overall flexibility-whatever your age, size, or shape! Costumes not required, however a hip scarf with coins is encouraged. Suggested class attire-yoga/exercise clothing & dance shoes or socks. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

9/19-11/14	Sat.: 9-10am	Beginners	\$35
9/19-11/14	Sat.: 10-11am	Intermediate	\$35
No class 10/2	24		
9/10-10/22	Thurs.: 5:45-6:45pm	Beginners	\$35
9/10-10/22	Thurs.: 6:45-7:45pm	Intermediate	\$35
10/29-12/17	7 Thurs.: 5:45-6:45pm	Beginners	\$35
10/29-12/17	7 Thurs.: 6:45-7:45pm	Intermediate	\$35

DANCE AEROBICS (Adults)

Will include the dance styles of jazz, hip hop, majorette, and more to get your heart pumping and achieve a cardio workout. Contact the instructor at 348-2654.

Instructor: Shalinda Henry

9/11-10/2	Fri.: 6-7pm	\$5 drop-in or \$15/4 wks.
10/9-10/30	Fri.: 6-7pm	\$5 drop-in or \$15/4 wks.
11/6-12/4	Fri.: 6-7pm	\$5 drop-in or \$15/4 wks.

STOTTS RECREATION CENTER

PEN & INK (16 & Up)



Students will learn to draw using pen and dip ink. Pen and ink techniques covered will be cross hatch, stipple, long hatch, short hatch, shadowing, and textures. We will use sharpies, micron technical pens, dip ink and guill pens. Contact the instructor at ashley.kuppersmith@yahoo.com to register and get a supply list.

Instructor: A. Kuppersmith

9/14-10/12 Mon.: 6-7pm \$35

STRETCH & AFFIRMATIONS (Adults)



Work on increasing your flexibility while listening to powerful positive affirmations in a calming relaxing atmosphere. What A Great Way to End Your Week! Contact the instructor at 348-2654.

Instructor: Shalinda Henry

9/11-10/2 Fri.: 7-7:30pm \$5 drop-in or \$15/4 wks. 10/9-10/30 Fri.: 7-7:30pm \$5 drop-in or \$15/4 wks. Fri.: 7-7:30pm \$5 drop-in or \$15/4 wks. 11/6-12/4

THOMAS SULLIVAN COMMUNITY CENTER

351 N. CATHERINE ST., MOBILE, AL 36603 I (251) 438-7282 HOURS: MON.-FRI.: 3PM-8PM | TANYA GULLETT | tanya.gullett@cityofmobile.org

AFTER SCHOOL NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast 9/8-12/18 Mon.-Fri.: 3-4pm

ALABAMA ELDERLY NUTRITION PROGRAM (AENP)

(Age 60 & Up)

Participants must register for a home delivered meal. Email sullivanseniors@cityofmobile.org or 251-208-6701.

BEGINNER CRICUT CLASSES



So you bought a cricut or thinking about purchasing one? We will get started with how to set up your cricut and begin making fun crafts for the holidays.

Instructor: Tanya M. Gullett

9/10-12/17 Thurs. 11:30am-12:30pm & 4:30-5:30pm

EQB'S (Exceptional Queens of Beauty) CIVIC CLUB (Ages 13-19)

A program for young ladies designed to teach leadership, College Prep, dance, fitness, and public speaking through mentoring activities, self-esteem workshops, team building, workshop awareness and public forums. To contact instructor email at youthcoalition@hotmail.com.

Instructor: Ms. Morgan Raspberry 9/8-11/10 Tues.: 5:30-7:30pm

GOSPEL-CISE

Exercising to gospel music, to improve heart and lungs every. Call Sullivan Recreation Center for more info. 251-438-7282

Instructors: Tangy & Sharon

9/9-12/9 Mon. & Wed.: 5:30-6:30pm 10 wks.

JOURNEY THRU THE BIBLE



Balancing life's demands by studying God's word. "...Man shall not live by bread alone, but by every word that proceeds from the mouth of God" Matthew 4:4

Instructor: Rev. Michael Davis

9/14-12/7 Mon.: 11:15am-12:45 pm

MATH & READING TUTORING K-8TH GRADE

Math & Reading for K thru 8th grade with a certified teacher. Call Sullivan Recreation Center for more info. 251-438-7282

Instructor: Ms. Gloria Williams 9/10-11/16 Mon.-Thurs.: 3-6pm

PIANO PRIVATE & SMALL GROUP LESSONS

(One on One)

We provide keyboards for piano. You will need to purchase piano books. Instructor will call you and discuss your needs and available times. Small groups limited to 3 students. For more info or to register, contact instructor at hhwoosley@gmail.com. Instructor: Heather Woosley

4 (30-minute classes for 1 student) \$50

QUILTING MADE EASY (Ages 14 & Up)



You don't have to be on pins and needles about creating that family heirloom. Come join the fun and learn how to guilt. Some supplies are needed, for more information call 251-438-7415.

Instructor: Tanya M. Gullett

9/9-12/11 Wed. & Fri.: 11:30am-2:30pm



THOMAS SULLIVAN COMMUNITY CENTER

STRINGS PRIVATE LESSONS (One on One)

Students must provide strings (violin, viola or cello). Strings are available for rent at local stores (Andy's). Book for strings needed is "Essential Elements for Strings, Book 1". Instructor will call you and discuss your needs and available times. Call for more info or to register. For more info or to register, contact instructor at hhwoosley@gmail.com.

Instructor: Heather Woosley

4 (30-minuts classes for 1 student) \$50

SULLIVAN FAMILY FUN NIGHT



Bring your whole family for a Night of Fun, Games, and light refreshments.

12/4 Fri.: 5-7pm

VIDEO GAMING



What's your gaming skills? Want to improve them?

Instructor: Edward Gamble Tues. & Thurs.: 5-7pm

OPEN VOLLEYBALL (Ages 16 & Up)

Come join the fun! All levels welcome. 9/14-12/17 Mon. & Thurs.: 6-8 pm

WE'RE PLAYING VOLLEYBALL! 🌌



Calling all females ages 12 & older to join fun. Learn or bush up on basic volleyball skills such as passing, setting, spiking, blocking, digging, and serving while getting in a game.

Instructor: Lorenzo Gravson

9/9-12/16 Wed.: 5:30-7:30pm

VIRTUAL COMMUNITY CORNER STORE

Your virtual window to fun, creative, educational classes, and activities via facebook, instagram, and youtube!

ART IN THE PARK WITH GINGER

9/9 Texas Street Park 9/23 Arlington Park 10/7 Lyons Park 10/21 Joe Bailey Park 11/4 British Park

11/18 Church Street Graveyard

KIDS YOGA IN THE PARK

9/14-12/10 Mon., Wed., & Fri.: 4pm

CRAFTS ON A BUDGET (5 Minute ideas)

9/14 & 9/21 Tissue Paper Floral Bouquets 10/5-10/19 Recycled Magazine Cork Board

11/2, 11/16, & 11/30 Kids's Craft (TBA) 12/14 Holiday Pine Cones

FAMILY FRIENDLY WORKOUT HOUR

9/8-12/11 Tues. & Thurs.: 5-6pm

HOP ON A NATIONAL PARKS VIRTUAL TOUR WITH MPRD!

Hawai'i Volcanoes National Park, Hawaii shorturl.at/fqzZ8 Bryce Canyon National Park, Utah shorturl.at/nD279 shorturl.at/cfmpu Dry Tortugas National Park, Florida

T-REC (TEEN RECREATION)

LATE NIGHT RECREATION

T-Rec.'s "Late Night Recreation" is offered on the first Friday and Saturday of each month, from 7pm-11pm, at the 3 locations listed below:

10/2 & 10/3 James Seals Recreation Community Center

540 Texas St.

11/6 &11/7 Thomas Sullivan Community Center

351 N. Catherine St.

12/4 & 12/5 Robert Hope Community Center

850 Edwards Street

TEEN SYMPOSIUM 2020 🌠



Let vour voice be heard! Join us via facebook for a teen talk like no other! By teens for teens 12/8 6-8pm

SENIOR & THERAPEUTIC PROGRAMMING

SUPERVISOR: ASHLEY-NICOLE FLOWERS MS, CTRS | ashley.flowers@cityofmobile.org | (251) 208-6169

- Senior and Therapeutic Programing provides recreation, leisure and outreach services to City of Mobile Residents who are 55+ and to residents with mild to moderate physical, mental and emotional disabilities. Special Recreation Programs staff are still working during the coronavirus outbreak, but some of our programs and centers are operating with new procedures to protect public health.
- INCLUSION is available to ALL INDIVIDUALS in accessing and enjoying the fun opportunities the City of Mobile Parks and Recreation Department offers. Call your local recreation center to find what activities interest the member. If the member has special needs and would like to request assistance, call the Program Supervisor at 251-208-6169. Please provide a minimum of three weeks notice to the start of the program. An assessment is required.
- New client intake is being conducted by the outreach team via phone at each program.
- Senior Centers are currently closed to the public. The staff is
 offering drive-thru socials, games, and packets at any of the
 Senior Center locations. Call your center to reserve a spot
 or for more information. If you are not a member, please call
 the outreach team at (251) 208-6701 to get set up. Frozen
 Meals are being delivered once a week.
- All classes and activities will be evaluated with the most current conditions and orders.

VIRTUAL EDUCATION

Virtual Education can be accessed via Facebook, e-newsletter, or youtube channel.

COOKING IN THE KITCHEN **201**



Thursdays will be a whole lot sweeter. Leaders in the kitchen, are leaders in the community. Learn the basic skills of cooking. Virtual cooking classes teach hands on cooking techniques which help to be more productive and comfortable in the kitchen. Program will share a recipe weekly with a tutorial video.

September Apples
October Pumpkins
November Food for Feast
December Traditional Desserts

FIELD TRIPS WITHIN PARKS AND RECREATION

Learn to venture around the City of Mobile for a fun and interactive tour.

WORKOUTS FROM HOME



Mon. & Weds. 9am

WHAT IS THERAPEUTIC & INCLUSIVE PROGRAMMING?

Join us on an adventure to explore new recreational opportunities through Therapeutic & Inclusive Programming. In this month take virtual field trips that includes inclusion spaces, equipment, and activities throughout the City of Mobile. Join in on the conversation to show what services are important to YOU of which services that therapeutic and inclusive programs mean to YOU. Programs can include adaptive sports opportunities which address the special needs of individuals with disabilities which have difficulties adapting and participating in recreational opportunities. Airing in September

WHAT IS THE THERAPEUTIC MARCHING BAND?

Tune in to learn about the therapeutic marching band program and all information about related to the program.

Airing in October

WHAT IS ADAPTIVE SPORTS AND RECREATION?

Learn about the array of adaptive sports and facilities in the City of Mobile. Watch demonstrations and take virtual fieldtrips. Airing in November

WHAT IS LEISURE SEEKERS?

Where and How do I start the FUN? Leisure Seekers will provide recreational opportunities that teach leisure skills and increases socialization and self-esteem for individuals recovering from mental illness or behavioral health disorders. Learn about this new opportunity in the City of Mobile Parks and Recreation Department. Airing in December

CRAFTING AND ARTS



Once a month a "rectogo" packet can be reserved for pickup following a virtual education demonstration.

September Tiny Tile Coaster(rectogo), Flag Pallets,

Wine Bottle Vases, Tail-Gate Party Items
October Water Color Craft (rectogo), Pumpkin Wreath.

Pallet Pumpkin

November Magic Color Scratch Ornaments (rectogo),

Snow Flake Hanger, Bar Pallet, Thankful Pillow,

Thanksgiving Wreath

December Holiday Wreath, Holiday Stamp Coaster

SENIOR & THERAPEUTIC PROGRAMMING

TECHNOLOGY TUESDAY



Join every Tuesday for local resources and educational opportunities for specific focuses.

Suicide Awareness, City of Mobile Senior Centers, September

Hispanic Heritage

October Active Aging in the City of Mobile, Italian

American Heritage, Substance Abuse Prevention,

Breast Cancer Awareness

Native American Heritage, City of Mobile November

> Recycles Information, Alzheimer's Education, Family Caregivers Education, Home Care and

Hospice Education

Gifts of Giving, Influenza Awareness, December

Older Driver Safety



ADULT CENTER

1301 AZALEA RD., MOBILE AL 36693 | (251) 666-3922 | HOURS: MON.-FRI.: 8AM-6:30PM CENTER MANAGER: HEIDI HANCHEY | AdultCenter@cityofmobile.org

The adult center is still open during the coronavirus outbreak, but some of our programs are operating with new procedures to protect public health. To sign up for classes or to become a member, call the Adult Day Center.

BASIC YOGA

This class will teach strength, balance, and relaxation exercises along with proper alignment and breathing. Class helps relieve stress and build strength and equilibrium. Bring sticky mat and regular towel. Fee payable to instructor.

Instructor: Irene Callaway, 251-367-4280

9/8 - 10/6	Tues.: 11am-12pm	\$20
10/13 - 11/9	Tues.: 11am-12pm	\$20
11/16 - 12/8	Tues.: 11am-12pm	\$20
9/8 - 10/6	Tues.: 5:30-6:30pm	\$20
10/13 - 11/9	Tues.: 5:30-6:30pm	\$20
11/16 - 12/8	Tues.: 5:30-6:30pm	\$20
9/10 - 10/8	Thurs.: 5:30-6:30pm	\$20
10/15 - 11/12	Thurs.: 5:30-6:30pm	\$20
11/19 - 12/10	Thurs.: 5:30-6:30pm	\$20

BODY SCULPTING

Body Sculpting is a strength-training workout that combines flexibility and cardiovascular conditioning. It is highly recommended to those wanting a weight loss program. Classes are geared to accommodate all fitness levels.

Instructor: Gerry Lowe

9/14-10/12	Mon.: 11:15am
10/19-11/16	Mon.: 11:15am
11/23-12/21	Mon.: 11:15am
9/9-10/14	Wed.: 11:15am
10/21-12/2	Wed.: 11:15am
12/9-12/16	Wed.: 11:15am

BOOM MIND YOGA

Boom Mind Yoga is a fusion of Yoga and Pilates that focuses on stretching and core strength. Improve your flexibility and athletic performance that is good for your body and your mind. Instructor: J. Jones, 251-666-3922

9/10 - 10/8 Thurs.: 8:30-9:45am 10/15 - 11/12 Thurs.: 8:30-9:45am Thurs.: 8:30-9:45am 11/19 - 12/10

CHAIR AEROBICS

Chair aerobics is safe effective, low impact workout, good for all fitness levels. Mr. Lowe is a Silver & Fit instructor.

Instructor: Gerry Lowe, 251-666-3922

9/8 - 10/6	Tues.: 10am
10/13 - 11/9	Tues.: 10am
11/16 - 12/8	Tues.: 10am
9/10 - 10/8	Thurs.: 10am
10/15 - 11/12	Thurs.: 10am
11/19 -12/10	Thurs.: 10am

OPEN ART LAB

Self-led. Participants bring their own supplies. Oil, watercolor & acrylics. Everyone helps each other.

9/9 - 12/2 Wed.: 10am-12:30pm

ADULT CENTER

SPORTS CONDITIONING

This program is designed to improve the fundamental components of sports training: Speed, Agility, Balance, Coordination, Explosive Power, Core Strength, Cardiovascular Endurance, Mental Toughness and Overall Athletic Performance. Keep your child on the path to progress during their pre-season or off-season schedule.

Instructor: Gerry Lowe

9/8-12/10 4:30-5:30pm 9/8-12/10 5:30-6:30pm

WOODCARVING

Self-led workshop. Plenty of people are willing to mentor first time woodworkers Come and try out this hobby.

10/5 Mon.: 3-6pm 11/2 Mon.: 3-6pm 12/7 Mon.: 3-6pm

THERAPEUTIC & INCLUSIVE PROGRAMS

PROGRAM MANAGERS: LADARREL BELL & ANNETTE BEARD | therapeutics@cityofmobile.org (251) 666-6053

THERAPEUTIC YOUTH MARCHING BAND

(AGFS 5-18)

Become a member of the all-inclusive therapeutic marching band. Learn instrumental music and marching fundamentals, dance routines, and color guard routines to prepare for community performances and parades. Beginner and experienced musicians, dancers, and color guard (flag twirler) students are encouraged to join.

Registration: 8/1-10/1 Mon.-Thurs.: 3-5pm

ADAPTIVE DANCE PARTY



Come join the dance party online or in person if permitted. Sing some karaoke and show us your best moves. Learn a new dance at each event. Cathedral Square 300 Conti Street

9/5 Noon 10/10 Noon 11/21 Noon

ARTS AND CRAFTS IN THE PARK



Join on the second Friday to learn of a new art activity. Participants must pre-register for supplies and material pick ups. Online or in person if permitted.

9/11 4:30pm Cooper Riverside Park 10/9 4:30pm Bienville Square 11/13 4:30pm Mardi Gras Park



EMERGENCY PREPAREDNESS MANAGEMENT



Disasters don't wait make your plan today. Learn more about emergency preparedness to promote family and community disaster planning. As our City continues to respond to COVID-19, there is no better time to prepare and be involved. Participants must pre-register. Link will be sent out upon registration.

Make a Plan 9/1 - 9/5 9/6-9/12 Build a Kit

9/13 - 9/19 Prepare for Disasters

Teach Household about Preparedness 9/20 - 9/26

NATIONAL DISABILITY EMPLOYMENT **AWARENESS POSTER CONTEST**



At work, it is what people CAN do that matters. Show the community your version of employment. This years theme is: "Increasing Access and Opportunity".

Poster Contest will be from Oct 1- Oct 23.

All posters should use the theme: Increasing Access and Opportunity. Posters may be submitted digitally to therapeutics@cityofmobile.org. Join the department on October 27th @ 6pm for the winner and a discussion about disabilityrelated organizations and the "I CAN" campaign.

VETERAN'S ADA FACTS AND COMMUNITY 🜠 **RESOURCES SEMINAR**



"Honor all who served - In times of war - In times of peace" ADA Facts will be discussed. Compiling of resources to connect Veterans, their families and friends, and other supporters to information, resources, and solutions to issues affecting their lives, including mental health conditions and traumatic brain injury in the City of Mobile. Participants must pre-register. Link will be sent out upon registration. Nov. 10

THERAPEUTIC & INCLUSIVE PROGRAMS

WORKOUTS IN THE PARK			10/12	Mon.: 9-9:45am	Doyle Park
No gym memberships no problem. Taking fitness outside			10/12	Mon.: 9-9:45am	Medal of Honor Park
			10/14	Wed.: 9-9:45am	Doyle Park Sponsored by Aetna
_			10/14	Wed.: 9-9:45am	Medal of Honor Park
_		, ,	10/19	Mon.: 9-9:45am	Doyle Park Sponsored by Aetna
		Dovle Park	10/19	Mon.: 9-9:45am	Medal of Honor Park
		•	10/21	Wed.: 9-9:45am	Doyle Park
			10/21	Wed.: 9-9:45am	Medal of Honor Park Sponsored
					by Aetna
			10/26	Mon.: 9-9:45am	Doyle Park Sponsored by Aetna
		· ·	10/26	Mon.: 9-9:45am	Medal of Honor Park
		•	10/28	Wed.: 9-9:45am	Doyle Park
9/21	Mon.: 9-9:45am	•	10/28	Wed.: 9-9:45am	Medal of Honor Park Sponsored
9/21	Mon.: 9-9:45am	Medal of Honor Park			by Aetna
9/23	Wed.: 9-9:45am	Doyle Park	11/2	Mon.: 9-9:45am	Doyle Park Sponsored by Aetna
9/23	Wed.: 9-9:45am	Medal of Honor Park	11/2	Mon.: 9-9:45am	Medal of Honor Park
9/28	Mon.: 9-9:45am	Doyle Park	11/4	Wed.: 9-9:45am	Doyle Park
9/28	Mon.: 9-9:45am	Medal of Honor Park	11/4	Wed.: 9-9:45am	Medal of Honor Park Sponsored
9/30	Wed.: 9-9:45am	Doyle Park			by Aetna
9/30	Wed.: 9-9:45am	Medal of Honor Park Sponsored	11/9	Mon.: 9-9:45am	Doyle Park
		by Aetna	11/9	Mon.: 9-9:45am	Medal of Honor Park
10/5	Mon.: 9-9:45am	Doyle Park	-	Mon.: 9-9:45am	Doyle Park Sponsored by Aetna
10/5	Mon.: 9-9:45am	Medal of Honor Park		Mon.: 9-9:45am	Medal of Honor Park
10/7	Wed.: 9-9:45am	Doyle Park			Doyle Park
10/7	Wed.: 9-9:45am	Medal of Honor Park	11/18	Wed.: 9-9:45am	Medal of Honor Park Sponsored
					by Aetna
	No gym during c Bring a r highly re 9/9 9/14 9/14 9/16 9/16 9/21 9/23 9/23 9/28 9/28 9/30 9/30 10/5 10/5 10/7	No gym memberships no priduring covid19. Join a class Bring a mat and towel. No whighly recommended. 9/9 Wed.: 9-9:45am 9/9 Wed.: 9-9:45am 9/14 Mon.: 9-9:45am 9/16 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am 9/21 Mon.: 9-9:45am 9/21 Mon.: 9-9:45am 9/23 Wed.: 9-9:45am 9/23 Wed.: 9-9:45am 9/28 Mon.: 9-9:45am 9/28 Mon.: 9-9:45am 9/30 Wed.: 9-9:45am 9/30 Wed.: 9-9:45am 10/5 Mon.: 9-9:45am 10/5 Mon.: 9-9:45am 10/5 Mon.: 9-9:45am 10/7 Wed.: 9-9:45am	No gym memberships no problem. Taking fitness outside during covid19. Join a class in the park and social distance. Bring a mat and towel. No weights necessary. Pre-registration highly recommended. 9/9 Wed.: 9-9:45am Doyle Park 9/9 Wed.: 9-9:45am Medal of Honor Park 9/14 Mon.: 9-9:45am Doyle Park 9/16 Wed.: 9-9:45am Doyle Park 9/16 Wed.: 9-9:45am Medal of Honor Park Sponsored by Aetna 9/21 Mon.: 9-9:45am Doyle Park 9/21 Mon.: 9-9:45am Medal of Honor Park 9/23 Wed.: 9-9:45am Doyle Park 9/23 Wed.: 9-9:45am Medal of Honor Park 9/28 Mon.: 9-9:45am Doyle Park 9/28 Mon.: 9-9:45am Medal of Honor Park 9/30 Wed.: 9-9:45am Doyle Park 9/30 Wed.: 9-9:45am Doyle Park 9/30 Wed.: 9-9:45am Doyle Park 10/5 Mon.: 9-9:45am Doyle Park 10/5 Mon.: 9-9:45am Medal of Honor Park 10/7 Wed.: 9-9:45am Medal of Honor Park 10/7 Wed.: 9-9:45am Doyle Park	No gym memberships no problem. Taking fitness outside 10/12 during covid19. Join a class in the park and social distance. 10/14 Bring a mat and towel. No weights necessary. Pre-registration 10/14 highly recommended. 10/19 9/9 Wed.: 9-9:45am Doyle Park 9/14 Mon.: 9-9:45am Medal of Honor Park 9/14 Mon.: 9-9:45am Doyle Park 9/16 Wed.: 9-9:45am Medal of Honor Park 9/16 Wed.: 9-9:45am Medal of Honor Park Sponsored 10/26 9/21 Mon.: 9-9:45am Doyle Park 10/28 9/21 Mon.: 9-9:45am Medal of Honor Park 11/2 9/23 Wed.: 9-9:45am Doyle Park 11/2 9/28 Mon.: 9-9:45am Medal of Honor Park 11/4 9/28 Mon.: 9-9:45am Doyle Park 11/4 9/30 Wed.: 9-9:45am Medal of Honor Park Sponsored 11/9 9/30 Wed.: 9-9:45am Medal of Honor Park Sponsored 11/9 10/5 Mon.: 9-9:45am Medal of Honor Park 11/9 </th <th>No gym memberships no problem. Taking fitness outside during covid19. Join a class in the park and social distance. 10/14 Wed.: 9-9:45am Bring a mat and towel. No weights necessary. Pre-registration highly recommended. 10/19 Mon.: 9-9:45am 9/9 Wed.: 9-9:45am Doyle Park 10/19 Mon.: 9-9:45am 9/9 Wed.: 9-9:45am Medal of Honor Park 10/21 Wed.: 9-9:45am 9/14 Mon.: 9-9:45am Doyle Park 10/21 Wed.: 9-9:45am 9/14 Mon.: 9-9:45am Doyle Park 10/21 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 10/26 Mon.: 9-9:45am 9/16 Wed.: 9-9:45am Medal of Honor Park Sponsored 10/26 Mon.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 10/28 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 10/28 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 11/2 Mon.: 9-9:45am 9/21 Mon.: 9-9:45am Doyle Park 11/2 Mon.: 9-9:45am 9/23 Wed.: 9-9:45am Medal</th>	No gym memberships no problem. Taking fitness outside during covid19. Join a class in the park and social distance. 10/14 Wed.: 9-9:45am Bring a mat and towel. No weights necessary. Pre-registration highly recommended. 10/19 Mon.: 9-9:45am 9/9 Wed.: 9-9:45am Doyle Park 10/19 Mon.: 9-9:45am 9/9 Wed.: 9-9:45am Medal of Honor Park 10/21 Wed.: 9-9:45am 9/14 Mon.: 9-9:45am Doyle Park 10/21 Wed.: 9-9:45am 9/14 Mon.: 9-9:45am Doyle Park 10/21 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 10/26 Mon.: 9-9:45am 9/16 Wed.: 9-9:45am Medal of Honor Park Sponsored 10/26 Mon.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 10/28 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 10/28 Wed.: 9-9:45am 9/16 Wed.: 9-9:45am Doyle Park 11/2 Mon.: 9-9:45am 9/21 Mon.: 9-9:45am Doyle Park 11/2 Mon.: 9-9:45am 9/23 Wed.: 9-9:45am Medal



SPECIALTY CAMPS **

Join Parks & Recreation Staff for themed camps when school is out. The goal is to keep kids active, healthy, and engaged while following CDC guidelines for safety. Specialty camps offer a variety of recreational and education opportunities included themed games, crafts, board games, special events, virtual field trips, movies and more. Ages 4-13 Camps will be held at all Recreation Centers and the Adult Center located at 1301 Azalea Rd. The City of Mobile is committed to offering high quality leisure activities for all of its residents. Please call 251-208-1600 for more information. Families who may benefit from inclusion support services can call the Special Programs Supervisor at 251-208-6169. Camps are free and a limited number of campers are accepted on a first come first served basis. Preregistration is required for all camps.

SUPERHEROES CAMP

Campers will soar into superhero camp and gear up for a spectacular adventure! Our activities will include interactive games, superhero training, obstacle courses, cape creating, superhero mask making, shield tosses, superhero science, and superhero crafts. There will also be special guest appearances by some of your favorite superheroes. 11/3 Mon.: 8:30am-2:30pm

SAFARI CAMP

Lions, and Tigers, and Bears, Oh My! Join us for a week of "monkeying" around as we participate in jungle fun including a stuffed animal safari, jungle games, predator prey, and a virtual safari rides every day.

11/23-11/25 Mon.-Wed.: 8:30am-2:30pm

🌌 SPECIALTY CAMPS 🚧

FANTASY CAMP

Once upon a time, in a camp kingdom not so far away, kids from all around the city will gather to play. With their wild imaginations guiding the way, camp will be transformed into a fantasy land each and every day. With castles to build and a fencing demonstration to see, a week full of activities will go by so quickly. It is a camp you should sign up for if it is fun that you seek. 12/21-12/23 8:30am-2:30pm

HOLIDAY CAMP

What's your favorite Holiday? It matters not! Come all ye faithful because we've got all the big ones wrapped into one fantastic week. Celebrate them all – New Years, Valentines Day, Mardi-Gras, Birthday Party, Easter, Halloween, Thanksgiving, and, of course, Christmas, with age-appropriate, guided activities that are sure to bring smiles and feelings of friendship, renewal, suspense, gratitude, and charity (but in a fun way, of course!) 12/28-12/30 8:30am-2:30pm

SENIOR PROGRAMS 55+

Senior Centers and Programs staff are still working during the coronavirus outbreak. New client intake is being conducted by the outreach team via phone. To sign up for services, call the outreach team at (251) 208-6701. Senior Centers are currently closed to the public. If you are not a member, please call the outreach team at (251) 208-6701 to get set up. Senior centers and programs are for individuals age 55 and older. Frozen meals are being delivered once a week. All classes and activities will be evaluated with the most current conditions and orders.

For more information on virtual recreation classes please email mprdseniors@cityofmobile.org or contact (251) 208-6701.

CONNIE HUDSON REGIONAL SENIOR CENTER

3201 Hillcrest Rd., 251-208-6701 Senior Center Manager: Carl Lewis chmrscc@cityofmobile.org

HILLSDALE SENIOR PROGRAM

556 E Fellhorn Rd., 251-344-0341 Nutrition Manager: Mary Lee hillsdaleseniors@cityofmobile.org

PARKWAY SENIOR CENTER

1600 Boykin Blvd., 251-471-2503

Senior Center Manager: Jessica Shaneyfelt, CTRS

Nutrition Manager: Freda Mitchell parkwayseniors@cityofmobile.org SULLIVAN SENIOR PROGRAM 351 N Catherine St., 251-438-7282 Nutrition Manager: Carol Stephens

LEOLA B. TRICKSEY SENIOR CENTER

3055 Banks Ave., 251-456-6690

Sullivanseniors@cityofmobile.org

Senior Center Manager: Cassandra Pettway trickseyseniorcenter@cityofmobile.org





DRIVE-THRU EVENTS

GRANDPARENTS DAY

Drive to a Senior Center near you to help us celebrate Grandparents Day during the week. Let's appreciate all the joy and wisdom that grandparents bring to our lives! Bring your grandchildren and yourself for a drive-thru social at one of our Senior Centers.

9/11	11am-Noon	Hillsdale Community Center
9/9	2-4pm	Connie Hudson Senior Center
9/10	2-4pm	Parkway Senior Center
9/11	11am-Noon	Tricksey Senior Center

COFFEE AND DONUTS

Drive in and mingle with staff and Aetna. Come drink a cup of joe and have a donut on us.

10/8 9am **Connie Hudson Senior Center**

& Parkway Senior Center

BREAST CANCER DRIVE THRU HEALTH FAIR

Help us in the fight of Breast Cancer by coming to a Senior Center Parking Lot Health Fair. Drive thru the parking lot for resources on this deadly disease. Wear your favorite pink scarf, pink socks, and pink shirts. BEST DRESSED PINK ATTIRE will be recognized. The pink explosion will be everywhere at our Senior Centers. 1 in 8 U.S. women, and 1 in 1000 U.S. men will develop invasive breast cancer over the course of their lifetime and being proactive in this fight is crucial. Join us at a senior center near you.

10/7	9am-Noon	Connie Hudson Senior Center
10/14	9am-Noon	Parkway Senior Center
10/21	9am-Noon	Tricksey Senior Center

BREAST CANCER DRIVE IN FASHION SHOW

Join staff for a drive thru fashion show and walk the pink carpet as you model your best pink attire in front of our special judges.

10/15 10-11am Hillsdale Community Center

DRIVE IN BINGO

Parking attendants will assist with parking. There will be no reserved parking spots. Trucks and vans will be parked in the rear of the parking lot to help with viewing by smaller cars. There is room for approximately 45-50 cars and it is first come, first served. There will be five games followed by a intermission, then five more games (time allowing) will be held but this is subject to change. The bingo caller will be in a central location with a microphone. Those who get Bingo honk the horn. All attendees must remain in their vehicles.

Connie Hudson Senior Center

9/29 2pm, Sponsored by Aetna 10/29 9am, Sponsored by Aetna

11/10 9am, Sponsored by Community Insurance Partners

Parkway Senior Center

9/3 9am, Sponsored by Aetna 10/27 2pm, Sponsored by Aetna

11/12 9am, Sponsored by Community Insurance Partners

Tricksey Senior Center

9/22 2pm 10/15 11am 11/5 1pm

NACHO AVERAGE SENIOR CENTER FUNCTION



Join Aetna as everyone celebrates National Nacho Day.

11/6

11am-Noon
Parkway Senior Center

11/6

1-2pm
Connie Hudson Senior Center

HUNGER & HOMELESS CAMPAIGN 🌌



Volunteer, Donate, or Partake in the Hunger and Homeless Campaign. Any of these actions can help make a difference in an active ager's life. Hunger and homelessness do not stop for the holidays. Drop off or pick up a blessing bag at a Senior Center.

11/18	2pm-4pm	Connie Hudson Senior Center
11/19	Noon-2pm	Parkway Senior Center
11/20	Noon-1pm	Tricksey Senior Center

GIFTS OF GIVING CELEBRATION

Senior Programs and Centers wants to give back to our active agers within the City of Mobile. Gifts of Giving Celebration could not happen without the generous donors, volunteers, and support from our local communities. 55+ residents can come celebrate at a Senior Center near you.

12/16	9-11am	Connie Hudson Senior Center
12/17	9-11am	Parkway Senior Center
12/18	11am	Tricksey Senior Center

TENNIS CENTERS

COPELAND-COX TENNIS CENTER — MOBILE TENNIS CENTER

851 GAILLARD DRIVE, MOBILE, AL 36608 I (251) 208-5181 HOURS: MON.-THURS. 8AM-9PM, FRI.-SAT. 8AM-5PM, SUN. 9AM-5PM GENERAL MANAGER: SCOTT NOVAK I www.mobiletenniscenter.net

JUNIOR CLINICS & FEES

All junior clinics are 1 hour long, twice a week

8 & Under \$90/session 18 & Under \$90/session

SESSION 8: 9/28-10/23

Registration Deadline: 9/21/2020 8 & Under: Mon. & Wed.: 4-5pm 18 & Under: Tue. & Thurs.: 4-5pm Rain Make-up Week: 10/26-10/30

SESSION 9: 11/2-12/4

Registration Deadline: 10/26/2020 8 & Under: Mon. & Wed.: 4-5pm 18 & Under: Tue. & Thurs.: 4-5pm Rain Make-Up Week: 12/7-12/11 No clinics Thanksgiving week.

ADULT CLINICS & FEES

All adult clinics are 1 hour long, once a week for 4 weeks

Adults \$50/session Adult cardio \$50/session

SESSION 8: 9/28-10/23

Registration Deadline: 9/21/2020
Adult Beginner: Mon.: 6-7pm
Adult Intermediate: Mon.: 7-8pm
Adult Beginner Cardio: Wed.: 6-7pm
Adult Intermediate Cardio: Wed.: 7-8pm
Rain Make-up Week: 10/26-10/30

SESSION 9: 11/2-12/4

Registration Deadline: 10/26/2020
Adult Beginner: Mon.: 6-7pm
Adult Intermediate: Mon.: 7-8pm
Adult Beginner Cardio: Wed.: 6-7pm
Adult Intermediate Cardio: Wed.: 7-8pm
Rain Make-Up Week: 12/7-12/11

No clinics Thanksgiving week.



TENNIS CENTERS

COTTAGE HILL TENNIS CENTER — MEDAL OF HONOR PARK

1711 HILLCREST RD., MOBILE, AL. 36695 | (251) 666-9539 HOURS: MON.-THURS.: 8-11AM, 5-9PM | GATES ARE OPEN: 8AM-9PM

Individual or group Tennis Lessons for all Ages are offered at Cottage Hill Tennis Center.

Contact Teaching Pros for available time and rates:

Bruce King, 251-382-4500 | Elaine Campbell, 251-604-4941



LYONS PARK TENNIS CENTER

180 LYONS PARK AVENUE | (251) 694-1830 | FAX: (251) 690-7730 HOURS: MON.-THUR. 3-9PM, FRI. CLOSED, SAT. 8AM-1PM | FEES: \$4 DAY, \$5 NIGHT

Individual or group Tennis Lessons for all Ages are offered at Lyons ParkTennis Center.

Contact Teaching Pros for available time and rates

James Richardson, 251-391-6685 | Lance Deleston, 251-648-2925



PARKS AND RECREATION PROGRAMMATIC PARTNERSHIP

The City of Mobile Parks and Recreation Department (MPRD) is looking for individuals and organizations for programmatic services. We are actively recruiting partners in areas such as dance, fitness, tutoring, mentoring, art, theatre, and other fun activities/progams in MPRD facilities.

Interested parties will need to attend one mandatory technical assistance workshop. During this Technical Assistance workshop, you will learn the process to successfully apply to be a partner.

All selected partners will be required to sign a Facility Use Agreement with the City of Mobile. Program facilitation will begin Fall 2021.

APRIL 9 Programmatic Partnership Application released

APRIL 13 Mandatory Technical Assistance Workshops

Time: Tuesday, 6-7:30pm

Location: Will be conducted over Zoom

APRIL 14 Mandatory Technical Assistance Workshops

Time: 10:30am-Noon

Location: Will be conducted over Zoom

APRIL 15 Mandatory Technical Assistance Workshops

Time: 6-7:30pm

Location: Will be conducted over Zoom

Partnership Application Submission Deadline: May 7, 2021 at 5pm

For additional information go to MPRDPrograms@cityofmobile.org

REGISTRATION FORM

Make money orders payable to: CITY OF MOBILE

Mail to: City of Mobile (location), 48 N. Sage Ave. Mobile, AL 36607-2653

No personal checks accepted. Activities paid for by credit/debit subject to a 3.1% non-refundable surcharge)

Name: (on credit card if applicable)					D.O.B.	
Gender: M / F Email Address:						
Billing Address:						
City:		State:		Zip Code:		
Cell #:	Opt-in to receive	text alerts? Y	res?/No	Opt-in to receive text alerts? Yes?/ No If Yes, Mobile Carrier:		
Program / Activity	Date	Time	Fee	Student	D.O.B	Gender
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MOBILE PARKS & RECREATION HEROES WORK HERE!















ART WALK LoDa & Downtown Mobile

(Virtual unless otherwise noted)

Sept. 11 - Dec. 11, 2nd Friday of Each Month: 6-9pm

Second Fridays in the LoDa Art District have become quite a popular time and place to be! With the LoDa Art Walk in its 9th year, the event seems to be getting better each month. Join downtown art galleries, institutions, studios, and unique shops as they open their doors and welcome you inside to see beautiful artwork, sample delicious foods and hear the sounds of the LoDa Art Walk. Please contact any participating art gallery to find out how to display your work.



BROWN BAG IN BIENVILLE

Bienville Square, 150 Dauphin St. (Virtual unless otherwise noted)

Sept. 2 - Oct. 28, Weds.; 11:30am-1:30 pm Fall has come in downtown Mobile! Listen to the soothing sounds of local music as you enjoy your

lunch. Catt Sirten streams live music by local musicians on Special Events Facebook page.

@SpecialEventsMobile



MARKET IN THE PARK Cathedral Square, 300 Conti St.

Oct. 10 - Nov. 21, Sats.: 7:30am-Noon

Buy locally grown, locally produced and homemade items at Market in the Park! The Fall Market runs from the second weekend in October through the third weekend in November. @MarketsInMobile



LIGHTING OF THE TREE

The Lighting Cooper-Riverside Park, 101 S. Water St. Nov. 20. Fri - 5-8000

The City welcomes in the holiday season with pictures of Santa, kids' activities, and much more. Shop in our merry market while enjoying live entertainment. Be sure to be there by 6pm, as we officially kick off the holiday season when the Mayor lights up the tree at 6:10pm.

@SpecialEventsMobile



HOLIDAY MARKET & CHRISTMAS KIDS DAY **Location TBD**

Dec. 5, Sat.: 10am - 1pm

Arts & crafts...fun activities...music...pictures...and much more! (a) @SpecialEventsMobile & @MarketsInMobile



ELFAPALOOZA

Cathedral Square, 300 Conti St.

Held during LoDa Artwalk

Dec. 11, Fri.: 6-7pm Details TBD

@SpecialEventsMobile



MOON PIE OVER MOBILE

Downtown Mobile

Dec. 31, Thurs.: 8pm-12:30am

Moon Pie Over Mobile is back! With thousands of people in attendance last year, this event will usher in the New Year and Mardi Gras season in grand style. Come and get a close-up look at the Moon Pie as it drops in downtown Mobile. There will be live entertainment and a countdown to 2021 like no other.

@SpecialEventsMobile



TRUCK OR TREAT-IN -REVERSE Langan Park

Oct. 31, Sat.: 10am-Noon

Come out and connect with us on Halloween night for CANDY without ever even getting out of your car!! Join us for our Drive Thru Trunk or Treat October 31st, 10am-Noon at Langan Park! For more info. contact LaNisha Penn at 251-208-1652.



B-STRONG, B-HEALTHY, B-HAPPY **DRIVE-THRU HEALTH FAIR**

Langan Park

Nov. 7, Sat.: 10am-Noon

MPRD and friends are hosting a drive thru Health Fair. People who drive through will receive a mask, a bag that includes educational information about COVID-19 plus health literature such as signs of a heart attack, stroke and healthy living tips.



HARVEST GIVE-AWAY FOOD PANTY

Hillsdale Community Center Nov. 14. Sat.: 8am-Noon

MPRD in conjunction with Feeding the Gulf Coast Harvest Food Pantry giveaway. Sign-up through Rec Desk at MPRD.RECDESK. COM. "Helping the community we serve in their time of need'. Limited number of meals given so please sign up!



Holiday Extravaganza Drive-Thru Toy Give-Away Seals Community Center

Dec. 18 Sat., Noon-4pm

Join us for a drive thru Holiday Toy giveaway December 18th from Noon-4pm at Seals community Center. Toys for ages 1 to 12. Toys will be given away while they last. Don't miss out on this holiday event!

MOVIES IN THE PARK



September 11 Trimmier Park Jumanii: The Next Level



September 25 Herndon-Sage Park The Secret Life of Pets 2



October 9 Dog River Park **Toy Story 4**



October 23 Kidd Park Harriet



October 30 Public Safety Memorial Park The Addams Family



November 6 Hillsdale Park **Trolls World Tour**



November 13 Medal of Honor Park Despicable Me 3

We're back this fall with another round of Movies in the Park. Reserve a social distancing circle for your family by registering at mprd.recdesk.com ***Face Mask Required***

