



SUMMER 2021 Activity Guide



Discover Your Parks!

WWW.CITYOFMOBILE.ORG/PARKS



@MobileParksAndRec



FROM THE SENIOR DIRECTOR OF PARKS AND RECREATION



Greetings

This has been a tough and challenging year for everyone. As we transition to summer after a full year of Safer-at-Home order, Parks and Recreation has created family friendly physical distancing activities. We will continue to provide virtual programming and classes on You Tube and FaceBook for those who prefer to be at home.

Please see below for a few of the highlights I'm excited about this summer:

- *Special Events is now under Parks and Recreation Events and we are revamping and enhancing past events like Art Walk and the July 4th activities and creating new events such as Roll Mobile, Tour de Mobile-Food Trucks and Kites Over Mobile (pg. 50)*
- *MPRD Youth Summer Camps at five community centers: Dotch, Hillsdale, Seals, Sullivan, and Rickarby (pg. 9)*
- *NEW! Teen Center at Newhouse (pg. 29)*
- *Therapeutic Programs hosting- Reel Fun Fishing (pg. 42)*
- *Seniors Drive-thru Bingo (pg. 45)*
- *Tennis Lessons (pg. 46)*
- *Golf 2021 Mobile Metro Championship (pg. 17)*

Don't miss out on these great activities that are happening in your city!

Thank you for allowing us to serve you,

A handwritten signature in black ink that reads "Shonnda Smith". The signature is stylized with a large, flowing "S" and "D".

Shonnda Smith
Senior Director of Parks and Recreation

VISION:

Fun and Safe Places where
Everybody is Somebody

MISSION:

To increase the Social, Emotional
and Physical well-being of
our community by providing
diverse activities in secure and
welcoming spaces.

CORE VALUES:

- Customer Service
- Teamwork
- Diversity

MASKS ARE ENCOURAGED FOR ALL INDOOR ACTIVITIES & EVENTS



**Help your community by
volunteering with Parks
and Recreation!**

- Tutoring
- Senior Activities
- Athletics
- And many more!

**Whatever your skills or schedule,
you can volunteer!**



**For more information
please contact us:**

(251) 208-1605

MPRDVolunteers@cityofmobile.org

MAYOR, CITY OF MOBILE
William S. Stimpson

SENIOR DIRECTOR PARKS AND RECREATION
Shonnda R. Smith

OPERATIONS MANAGER
Gerard W. McCants

SUPERINTENDENT OF PARKS
Daniel Otto

SUPERINTENDENT OF RECREATION
Shadrach Collins, Jr.

MOBILE PARKS AND RECREATION DEPARTMENT DIRECTORY

ATHLETIC & AQUATICS PROGRAMS

SUPERVISOR: Greg Davis
gregory.davis@cityofmobile.org
251-208-1630

AZALEA CITY GOLF COURSE

SUPERINTENDENT: Brian Aaron
aaron@cityofmobile.org
PGA Head Golf Pro: Lawrence Auer
auer@cityofmobile.org
251-208-5150

COMMUNITY CENTERS & PROGRAMS

SUPERVISOR: LaNisha Rembert Penn
lanisha.penn@cityofmobile.org
251-208-1652

EVENTS

MANAGER: Jonni Nottingham
jonni.nottingham@cityofmobile.org
251-208-1550

PROGRAMMING

SUPERVISOR: Mellanie Johnson
johnsonm@cityofmobile.org
251-208-1610

SENIOR & THERAPEUTIC

PROGRAMMING, ADA LIAISON
SUPERVISOR: Ashley-Nicole Flowers
ashley.flowers@cityofmobile.org
251-208-6107

TENNIS CENTERS

SUPERINTENDENT: Scott Novak
scott.novak@cityofmobile.org
251-208-5181

The ADA Liaison provides inclusion to individuals with disabilities and/or medical conditions who request modifications to participate in other Parks and Recreation programs. The City of Mobile Parks and Recreation Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and provide reasonable modifications to facilitate program participation. We request that modification requests are made 3 weeks in advance, so we can communicate and prepare appropriate modifications. To request a modification or for more information, please contact us via email at mprdana@cityofmobile.org or at 251-208-6169.

WWW.CITYOFMOBILE.ORG/PARKS



@mobileparksandrec

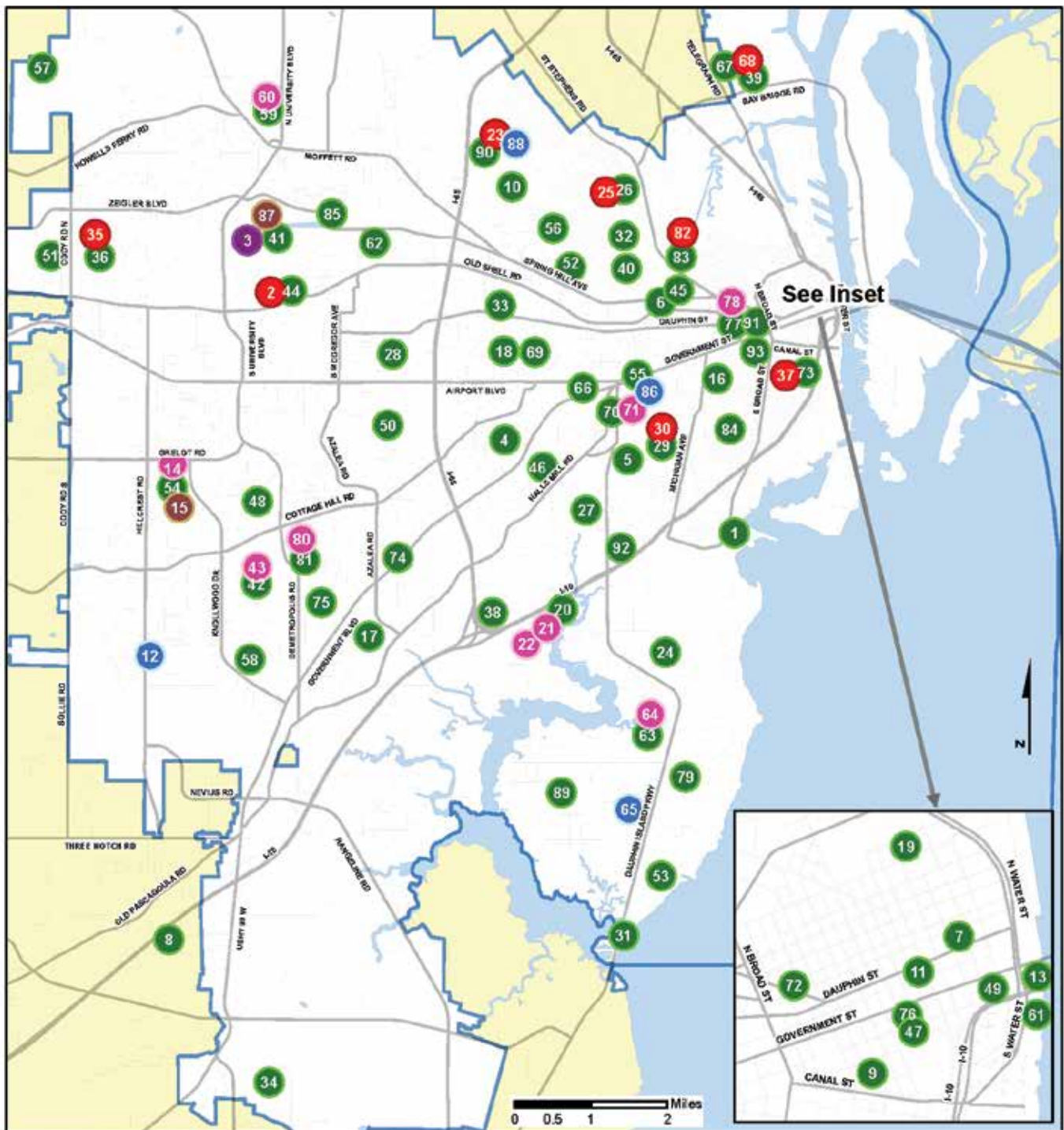
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MPRD FACILITIES WILL BE CLOSED ON THE FOLLOWING DATES:

Memorial Day: Monday, May 31











Independence Day: Monday, July 5



Parks & Recreation

- | | |
|--------------------|-----------------------|
| # COMMUNITY CENTER | # NEIGHBORHOOD CENTER |
| # GOLF COURSE | # SENIOR CENTER |
| # PARK | # TENNIS CENTER |

SEE LEGEND ON PAGES 4-5

PARK & FACILITY		ADDRESS	DISTRICT
32 10 23/90 25/26 33 40 52 56 88	Aaron Park 	2010 Andrews Street	1
	Bush Park	712 Rice Street	
	Dotch Community Center & Trinity Gardens Park 	3100 Bank Avenue	
	Figures Community Center & Park 	658 Donald Street	
	Herndon (Sage) Park 	2900 Dauphin Street	
	Lake Drive Tricentennial Park  	2121 Bragg Avenue	
	McLean Park	320 Park Avenue	
	Mill Street Park	2665 Mill Street	
	Tricksey Senior Center	3055 Bank Avenue	
7 9 11 13 16 19 29/30 67/68 39 45 47 49 55 70/71 72 73/74 76 78 82/83 91 93	Bienville Square	150 Dauphin Street	2
	British Park	209 S Dearborn Street	
	Cathedral Square	300 Conti Street	
	Cooper Riverside Park	1 Government Street	
	Crawford-Murphy Park 	351 S. Ann Street	
	Detonti Square Park	311 N Conception Street	
	Harmon-Thomas Community Center & Park	1161 Belfast Street	
	Hope Community Center  	850 Edwards Street	
	Kidd Park	800 East Street	
	Lyons Park & Tennis Center 	180 Lyons Park Avenue	
	Malaga Square	403 Church Street	
	Mardi Gras Park	109 Government Street	
	Memorial Park	1800 Airport Boulevard	
	Rickarby Neighborhood Center & Park	550 Rickarby Street	
	Ryan Park	750 Springhill Avenue	
	Seals Community Center & Park  	540 Texas Street	
	Spanish Plaza	401 Government Street	
	Springhill Recreation Center	1151 Springhill Avenue	
	Sullivan Community Center & Park	351 N Catherine Street	
	Unity Point Park	900 Springhill Avenue	
	Washington Square	251 Chatham Street	

 WALKING TRAILS  FIT LOTS

SEE MAP ON PAGE 3

RENTALS AND PERMITS

MPRD's Athletic Fields, Community Centers and Parks are perfect for your upcoming event. For additional information, call the rentals office at (251) 208-1620, or visit mprd.recdesk.com

Free Wi-Fi available at all Community Centers

PARK & FACILITY		ADDRESS	DISTRICT
86 1 5 24 27 31 53 63/64 65 79 89 92 46	Adaptive Leisure Lifespan Complex	1301 Azalea Road	3
	Arlington Park 	1705 Broad Street	
	Baumhauer-Randle Park	1909 Duval Street	
	Doyle Park 	1728 Rosedale Road	
	Fry Park	1114 Gimon Circle	
	Helen Wood Park	4901 Dauphin Island Parkway	
	McNally Park	4380 Park Road	
	Newhouse Neighborhood Center & Park 	2960 Alston Drive	
	Parkway Senior Center	1600 Boykin Blvd.	
	Stewart Road Park	1320 Stewart Road	
	Trimmier Park 	3600 Alba Club Road	
	Walsh Park	1401 Windsor Avenue	
	Maitre Park	2412 Halls Mill Road	
17 20 34 38 42 48 58 74 75 80/81	Crestview Park 	1600 Roland Drive	4
	Dog River Park	2459 Dog River Drive N	
	Heroes Park 	7161 Old Military Road	
	PFC Howard Johnson II Park 	2661 Atoll Drive	
	Laun Neighborhood Center & Park 	5401 Windmill Drive	
	Malibar Heights Park	5355 Raines Drive	
	Mims Park	5400 Grishilde Drive	
	Schwarz Park	3701 Rivier du Chien Road	
	Skyland Park	4212 Arcturus Lane	
	Stotts Neighborhood Center & Park 	2150 Demetropolis Road	
4 18 28 50 66 69	Joe Bailey Park 	712 Magnolia Road	5
	Denton Park 	2859 Emogene Street	
	Hackmeyer Park 	3710 Conway Drive S	
	Matthews Park	3700 Michael Boulevard	
	Public Safety Memorial Park 	2301 Airport Boulevard	
	Rich Park	2700 Foreman Circle	
12 54	Connie Hudson Regional Senior Center	3201 Hillcrest Road	6
	Medal of Honor Park 	1711 Hillcrest Road	
	West Side Park	1001 Hitt Road	
35/36 41 44/2 57 59/60 51	Hillsdale Community Center & Park	556 East Felhorn Road	7
	Langan Park 	4901 Ziegler Boulevard	
	Lavretta Park & Art Instructional Center 	200 Parkway W	
	Miller Park	7451 Lamplighter Drive	
	Mitternight Neighborhood Center & Park 	5310 Colonial Oaks Drive	
	McCants-Chavers Park	7215 Thirteenth Street	
8	Boykin Park	5850 Carol Plantation Road	n/a

SUMMER ACTIVITIES



NEW FEATURE INSIDE THIS ISSUE:

If you see this icon it indicates a class or activity led by an official MPRD Programmatic Partner.



MPRD KIDS SUMMER CAMP PROGRAMS!

Camp Sessions: Mon.-Fri., 6/7-8/6
Registration: Begins 4/5
Registration Fee: \$25 (one time fee)
Sign up weekly: Camps are weekly.
First come, first serve.
Camp Weekly Fee: \$50
Summer Camp Hours: 7:30am-4:30pm
Post-Camp Care: 4:30-6:30pm
\$5 per day or \$20 per week
Locations: Dotch, 3100 Bank Ave.
Hillsdale, 556 East Felhorn Rd.
Seals, 540 Texas St.
Sullivan, 351 N. Catherine St.
Rickarby, 550 Rickarby St.
Ages: 5-12

Structured Camps are weekly and allow for different themes for your child to explore and learn about what interests them. Campers will discover newfound artistic abilities to display their work in the MPRDKids Artists Gallery while virtually visiting museums from the other side of the world. They will gain athletic skills while holding their own MPRDKids Olympics. Campers will also enjoy exciting experiments through STEM projects in order to host their own Science Fair. Campers will be encouraged to wear masks and follow Covid-19 Safety Guidelines.

Register online at: mprd.recdesk.com

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by: Feeding the Gulf Coast
Locations: Dotch, Figures, Harmon, Hillsdale, Hope, Laun, Newhouse, Rickarby, Seals, Springhill, Stotts, & Sullivan Community Centers
Hours: Mon.-Fri. Noon-1pm

Following Covid-19 procedures, pre-packaged lunches will be distributed at the front door.



Free WiFi available at all
Community Centers

AQUATIC PROGRAMS

(251) 208-1623

PROGRAM MANAGER: HUNTER BURCAW | EMAIL: MPRDaquatics@cityofmobile.org

ALL PROGRAMS ARE PENDING DUE TO COVID-19 GUIDELINES

SPLASH PADS

Season Dates: 5/22-10/2
Hours of Operation: Mon.-Sun. 9am-7pm
Locations: Sullivan Park
Seals Park
Tricentennial Park
McCants-Chavers Park
Medal of Honor Park

SWIMMING POOLS

Season Dates: 5/31-7/31
Hours of Operation: Mon.-Fri. 10am-7pm
Sat., Noon-6pm
Sun. 2-6pm
FEE: \$.50 (All Ages)
Locations: Dotch Community Center Pool
3100 Bank Avenue, (251) 452-8984
Figures Community Center Pool
658 Donald Street, (251) 452-8502
Hillsdale Community Center Pool
556 Felhorn Road, (251) 342-0216
Kidd Park Pool
800 East Street, (251) 452-5650



AQUATIC PROGRAMS

FIGURES



ADULT LAP SWIM (Ages 17 & Up)

Take some time to get in your morning or evening exercise with adult only lap swim.

Times: Mon., Wed., Fri. 7-8:30am
Locations: Figures Community Center Pool
Hillsdale Community Center Pool
Times: Mon., Wed., Fri. 6-7pm
Fee: \$.50 (per visit)
Locations: Dotch Community Center Pool
Kidd Park Pool

INTRODUCTION TO COMPETITIVE SWIM

(Ages 7 & Up)

Make a splash learning the four competitive swim strokes while having fun in the sun with your teammates. Practices are designed to teach proper stroke technique and drill progression in each of the four strokes to start your journey in competitive swimming.

Location: Figures Community Center Pool
Dates and Times: 6/15-7/22, Tues. & Thur. 5:30 – 6:30pm
Cost: \$30

JUNIOR LIFEGUARDING PROGRAM (Ages 11-14)

Are you interested in becoming a lifeguard one day? Join the Junior Lifeguard Program at Figures Community Center Pool each week of the summer to learn the American Red Cross lifesaving process. Students will learn every skill needed to become a certified lifeguard at an aquatic facility in the future!

Location: Figures Community Center Pool
Training Times: Weds. 6-7pm
Cost: \$30

DIVE-IN MOVIES (All Ages)

Come DIVE-IN and watch a movie while you swim. Bring your friends and a float!

MOANA

Date: 6/4, Fri. 8pm
Location: Figures Community Center Pool

CROODS: A NEW AGE

Date: 7/2, Fri. 8pm
Location: Hillsdale Community Center Pool

DOTCH



KIDD



ATHLETIC PROGRAMS

48 N. SAGE AVENUE, MOBILE, AL 36607 | (251) 208-1631
ATHLETICS SUPERVISOR: GREG DAVIS | Email: MPRDathletics@cityofmobile.org

ALL PARTICIPANTS MUST PRE-REGISTER

YOUTH SPORTS

Contact: Monteil Fluker
Phone: 251-208-1649
Email: monteil.fluker@cityofmobile.org

**ALL PROGRAMS ARE PENDING
DUE TO COVID-19 GUIDELINES**

TRACK AND FIELD (Ages 6-18)

Season Starts: 5/4
Season Ends: 8/1
Registration: 4/19-5/3
Fees: \$50
Payment Method: Sage Office and/or
Online mprd.recdesk.com
Location: TBD

YOUTH 7 ON 7 FOOTBALL (Ages 13-18)

Clinic: 5/8, 9-11am
Season Starts: 5/15
Season Ends: 6/15
Registration: 4/16-5/7
Fees: \$100 per team or \$20 Free Agent
Payment Method: Sage Office and/or
Online at mprd.recdesk.com
Location: Sage Park

YOUTH KICKBALL (Ages 4-14)

Clinic: 6/26, 9-11am
Season Starts: 7/10
Season Ends: 7/31
Registration: 6/7-7/2
Fees: \$100 per team or \$20 Free Agent
Payment Method: Sage Office and/or
Online at mprd.recdesk.com
Location: Sage Park

YOUTH VOLLEYBALL CLINIC (Ages 9-15)

Season Starts: 6/1
Season Ends: 9/22
Registration: Ongoing Sage Office and/or
Online mprd.recdesk.com
Fees: Free
Locations: Hillsdale, Sat. 10am-Noon
Thomas Sullivan, Mon. 5:30-7:30pm

YOUTH FLAG FOOTBALL (Ages 4-12)

Clinic: 7/17, 9-11am
Season Starts: 7/24
Season Ends: 8/14
Registration: 6/21 - 7/15
Fees: \$100 per team or \$20 Free Agent
Payment Method: Sage Office and/or
Online at mprd.recdesk.com
Location: Sage Park



ATHLETIC PROGRAMS

E-SPORTS TOURNAMENTS

Contact: Coach Z

Email: mprathletics@cityofmobile.org

ROCKET LEAGUE

Date: 6/12, 4-8pm

Registration: 5/12, Until the day of tournament
Online mprd.recdesk.com

Fees: Free

SUPER SMASH BROS

Date: 6/19, 4-8pm

Registration: 5/19 Until the day of tournament
Online mprd.recdesk.com

Fees: Free

NBA 2K21

Date: 6/26, 4-8pm

Registration: 5/26 Until the day of Tournament
Online mprd.recdesk.com

Fees: Free

MADDEN 21

Date: 7/10, 4-8pm

Registration: 6/10 Until the day of tournament
Online mprd.recdesk.com

Fees: Free

FIFA 21

Date: 7/17, 4-8pm

Registration: 6/17 Until the day of Tournament
Online mprd.recdesk.com

Fees: Free

ADULT SPORTS

Contact: Marcus Fluker

Phone: 251-208-8029

Email: marcus.fluker@cityofmobile.org

VOLLEYBALL OPEN GYM (Ages 16+)

Season Starts: 6/1

Season Ends: 9/22

Registration: Ongoing -Sage Office and/or
Online mprd.recdesk.com

Fees: Free

Locations: Hillsdale, Tues. 5-7pm & Sat. 10-Noon
Thomas Sullivan, Thu. 5:30-7:30pm
James Seals, Thu. 5-7pm &
Sat. 10am-Noon

CO-ED ADULT SOCCER (Ages 16+)



Programmatic Partnership with South Alabama
Soccer Association

Contact: Eddie Hamilton

Phone: 251-554-0132

Email: adidas9669@gmail.com

Season Starts: 6/20

Season Ends: 8/15

Fees: \$175 Per Team

Location: Sage Park

ADULT FLAG FOOTBALL (Ages 16+)

Clinic: 7/6, 6-8pm

Season Starts: 7/10

Season Ends: 8/7

Registration: 6/6-7/5

Fees: \$300 per team or \$35 Free Agent

Payment Method: Sage Office and/or
Online at mprd.recdesk.com

Location: Sage Park



ART INSTRUCTIONAL CENTER

200 W. PARKWAY AT OLD SHELL ROAD (IN LAVRETTA PARK), MOBILE, AL 36608

(251) 460-2421 | HOURS: MON., WED. & FRI. 8AM-8PM

ACTIVITIES SPECIALIST: GINGER WOCHAN | ginger.wochan@cityofmobile.org

ACTIVITIES SPECIALIST: MARNÉE WILEY | marnee.wiley@cityofmobile.org

Class Fee Includes All Supplies

KIDS CLASSES

SEA LIFE ART CAMP I (Ages 5-8)

This camp is perfect for children who want to explore different art mediums in a fun and exciting environment. Focus will be on creating art inspired by local sea life. Please provide a snack and drink for your child.

Instructor: Ginger Woechan & Marnée Wiley

6/14, 6/16, 6/18 Mon., Wed. & Fri. 9am-Noon \$50

SEA LIFE ART CAMP II (Ages 9-14)

This camp is perfect for the older student who wants to explore different art mediums in a fun and exciting environment. Focus will be on creating art inspired by local sea life. Please provide a snack and drink for your child.

Instructor: Ginger Woechan & Marnée Wiley

6/21, 6/23, 6/25 Mon., Wed. & Fri. 9am-Noon \$50

PUPPET CAMP (Ages 6-11)

In this camp we will explore puppet making and how to put on a puppet show. This class will be great fun and the grand finale will be a puppet show on the last day around noon.

Instructor: Ginger Woechan & Marnée Wiley

6/28, 6/30, 7/2 Mon., Wed. & Fri. 9am-Noon \$50

TEEN PAINT NIGHT (Ages 13-17)

This teen night will be a blast for your artistic teen! We will create a painting of our own using acrylic paint that will glow in the dark.

Instructor: Ginger Woechan & Marnée Wiley

7/2 Fri. 6-8pm.

ADULT CLASSES (Ages 16+)

PALETTE KNIFE FUNKY CRAB (Ages 16+)

This fun and upbeat class is perfect for the beginner or advanced painter. We will learn how to use the palette knife with acrylic paint to learn how to paint our own funky crab.

Instructor: Ginger Woechan

6/2 & 6/9 Wed. 6-8pm \$15

MONDAY MOTIVATIONAL WALKING GROUP

(Ages 16+)

This walking group will be for beginners or walking enthusiasts. We will be motivational on our journey. Students will be encouraged to wear flair.

Instructor: Ginger Woechan

Session I

6/7-7/26 Mon. 6-7pm



Free WiFi available at all
Community Centers

ART INSTRUCTIONAL CENTER

OPEN STUDIO (Ages 16+)

Open studio offers the students a place to come and paint with other like-minded people. Students must bring their own supplies. There will be light critique and suggestions.

Instructor: Ginger Woechan

7/7-28 Wed. 9am-Noon

PALETTE KNIFE PINEAPPLE (Ages 16+)

In this fun palette knife painting class, the student will learn to create their own funky pineapple using acrylic paint and a palette knife.

Instructor: Ginger Woechan

7/16 & 7/23 Fri. 1-3pm \$15

MIND, BODY & ART (Ages 16+)

Merge the benefits of meditation, light exercise (walking the park, weather permitting), supportive & open group discussions and art therapy. **WOMEN ONLY PLEASE.**

Instructor: Ginger Woechan & Marnée Wiley

7/16-30 Fri. 9am-Noon \$15

THE SKY IS THE LIMIT (Ages 16+)

Push your creative abilities in this fun class where we will learn to paint sunsets, sunrises, and clouds with basic techniques in acrylic paint.

Instructor: Marnée Wiley

7/7 Wed. 5:30-8pm \$15

COLOR THEORY (Ages 16+)

Students will be taught basic color theory using a color wheel, reference art, and color studies. They will also learn mix colors with acrylic paint.

Instructor: Marnée Wiley

7/7 & 7/14 Wed. 1-3pm \$15

BEGINNING PAINTING (Ages 16+)

This is for a true beginner, you will learn basic skills in acrylic painting through basic exercises aimed at increasing artistic confidence and how to accomplish a beginning level painting.

Instructor: Marnée Wiley

7/12 & 7/19 Mon. 10am-Noon \$15

ART IN THE PARK

Videos will be released every other week on social media featuring an art activity in various local parks.

6/4, 6/18, 7/2, 7/16, 7/30 1-3pm FREE



AZALEA CITY GOLF COURSE

1000 GAILLARD DRIVE, MOBILE AL

(251) 208-5150 | HOURS OF OPERATION: MON.-SUN. 7AM-7PM

DRIVING RANGE OPEN 7AM-6PM | WWW.AZALEACITYGOLFCOURSE.COM

GCSSA SUPERINTENDENT: BRIAN AARON | aaron@cityofmobile.org

PGA HEAD GOLF PROFESSIONAL: LAWRENCE AUER | auerl@cityofmobile.org

Azalea City Golf Course offers golf lessons for all golfers. We have various skill level lessons offered from the novice student to advanced for more experienced golfers. Contact our office for more information regarding private lessons.

Golf instruction is available from our PGA and LPGA teaching professionals. Group and individual instruction programs are available year-round.

Call-in reservations for tee times are encouraged. Weekday tee times are available up to 7 days in advance. Weekend tee times may be reserved from 8am on Wednesday before the weekend.

Golf Cart Rentals Available.

GREENS FEES:

\$25 Before Noon, \$17 After Noon

JUNIOR RATES: 18 YEARS & YOUNGER:

\$12 Before Noon, \$8 After Noon

ANNUAL MEMBERSHIPS AVAILABLE

* Limited Membership: Mon.- Fri.

Individual:	\$700/year	\$200/quarter
Per dependent:	\$300/year	\$100/quarter

* Unlimited Membership: Mon.-Sun.

Individual:	\$1200/year	\$325/quarter
Per dependent:	\$325/year	\$100/quarter

Contact us at 251-208-5150 to schedule your next golf tournament.



SUMMER GOLF TOURNAMENTS

JIMMY GREEN JUNIOR GOLF TOUR

June 2, 2021

Open to golfers 18 and younger.

Enter online at Jimmygreengolftour.com

PGA JUNIOR TOUR

June 24, 2021

Open to golfers 18 and younger.

Enter online at AlabamawfloridaPGA.com

PGA JUNIOR CHAMPIONSHIP

June 30 & July 1, 2021

Open to golfers 18 and younger.

Enter online at AlabamawfloridaPGA.com



AZALEA CITY GOLF COURSE



2021 MOBILE METRO CHAMPIONSHIP

June 6 - June 8

This event is open to all amateur golfers aged 18 and over, whom reside in Mobile County or a county that borders Mobile County. The format for the event is stroke play.

THE CHAMPIONSHIP

72 holes: 18 holes Friday & Saturday, and 36 holes on Sunday.

THE SENIOR CHAMPIONSHIP

54 holes: 18 holes each day played at approximately 6,400 yards. Players must be aged 50 or older.

THE SUPER SENIOR CHAMPIONSHIP

36 holes: 18 on Saturday and Sunday played from a length of approximately 5,800 yards. Players must be aged 62 or older.

Flights will consist of 36 holes, 18 holes on Saturday and Sunday. Players will be flighted by USGA Handicap.

ENTRY FEE

\$175. Azalea City Golf Course members receive a \$25 discount.

All players are guaranteed three rounds.



COTTAGE HILL GYMNASTICS CENTER

MEDAL OF HONOR PARK, 1711 HILLCREST RD. (BETWEEN GRELOT & COTTAGE HILL), MOBILE, AL 36695

(251) 367-6182 or (251) 533-8645

TONYA CARROLL | tonya.carroll@cityofmobile.org

PRESCHOOL MOVEMENT EDUCATION (Ages 3-5)

Children **MUST** be potty trained to attend class. Introduction to gymnastics apparatus. Body awareness, balance, and self-confidence are developed through an introduction to the world of exercise and fun.

6/7-6/30	Mon. & Wed. 2-2:45pm	\$55
6/8-7/1	Tues. & Thurs. 9:30-10:15am	\$55
6/5-6/26	Sat. 9-10am	\$40
7/12-8/4	Mon. & Wed. 2-2:45pm	\$60
7/13-8/5	Tues. & Thurs. 9:30-10:15am	\$60
7/10-7/31	Sat. 9-10am	\$40

KINDER-GYM (Ages 18 months-3 years)

Your toddler will learn basic gymnastics, body awareness, balance, and self-confidence in a relaxed gymnastics environment! An adult must participate with the child.

Instructor: Tiara Patrick

6/4-6/25	Fri. 9:30-10:30am	\$40
6/4-6/25	Fri. 10:30-11:30am	\$40
7/9-7/30	Fri. 9:30-10:30am	\$40
7/9-7/30	Fri. 10:30-11:30am	\$40



YOUTH CLASSES

These classes teach progressive skills on trampoline and other gymnastics equipment. Flexibility, strength, balance, and coordination are enhanced through participation in this program.

YOUTH GYMNASTICS (Ages 5-8)

Must be 5 years old by first class.

6/8-6/26	Tues. & Thu. 3-4 pm	\$60
6/4-6/25	Sat. 10-11am	\$40
7/13-8/5	Tues. & Thurs. 3-4pm	\$60
7/10-7/31	Sat. 10-11am	\$40

YOUTH GYMNASTICS (Ages 9-12)

6/5-6/26	Sat. 11-Noon	\$40
7/10-7/31	Sat. 11-Noon	\$40

BEGINNING TUMBLING (Ages 5-10)

This class is designed to introduce younger students to the various components of tumbling. Primarily: cartwheels, round-offs, back walkovers, and back handsprings.

6/8-7/1	Tues. & Thurs. 4-5pm	\$60
7/13-8/5	Tues. & Thurs. 4-5pm	\$60

CHEER TUMBLING (Ages 10+)

(Emphasis on the tumbling aspect of cheerleading) A must for students preparing for middle school or high school cheerleading.

6/7-6/30	Mon. & Wed. 5-6pm	\$60
7/12-8/4	Mon. & Wed. 5-6 pm	\$60
6/8-7/1	Tues. & Thurs. 5-6pm	\$60
7/13-8/5	Tues. & Thurs. 5-6pm	\$60

BEGINNING TRAMPOLINE & TUMBLING (Ages 5+)

This class teaches basic trampoline and tumbling skills and is an excellent safety course for those families with backyard trampolines.

6/7-6/30	Mon. & Wed. 3-4pm	\$60
7/12-8/4	Mon. & Wed. 3-4pm	\$60

INTERMEDIATE TRAMPOLINE & TUMBLING

(Ages 8-10)

This class is designed to perfect the skills taught in the Beginning T & T class and build on them.

6/7-6/30	Mon. & Wed. 4-5pm	\$60
7/12-8/4	Mon. & Wed. 4-5pm	\$60

COTTAGE HILL GYMNASTICS CENTER

CLASS HELD AT: HILLSDALE COMMUNITY CENTER

556 East Felhorn Road, 36608

KINDER-GYM (Ages 18 months-3 years)

A class for toddlers that will teach basic gymnastics, body awareness, balance, and self-confidence in a relaxed gymnastics environment! An adult must participate with the child.

6/5- 6/26 Sat. 9-9:45am \$40

7/10-7/31 Sat. 9-9:45am \$40

CLASS HELD AT: JAMES SEALS COMMUNITY CENTER

540 Texas Street, 36603

KINDER-GYM (Ages 18 months-3 years)

A class for toddlers that will teach basic gymnastics, body awareness, balance, and self-confidence in a relaxed gymnastics environment! An adult must participate with the child.

6/5- 6/26 Sat. 10:30-11:15am \$40

7/10- 7/31 Sat. 10:30-11:15am \$40



COMMUNITY CENTER CORNER

*Your window to fun, creative, educational classes, and activities via the web or in person!
Virtual Education can be accessed via Facebook, e-newsletter, or Youtube channel.*

MPRD KIDS SUMMER CAMP

Camp Sessions: Mon.-Fri. 6/7-8/6
Registration: Begins 4/5
Registration Fee: \$25 (one time fee)
Sign up weekly: Camps are weekly.
First come, first served.
Camp Weekly Fee: \$50
Summer Camp Hours: 7:30am-4:30pm
Post-Camp Care: 4:30-6:30pm
\$5 per day or \$20 per week
Locations: Dotch, Hillsdale, Rickarby, Seals,
& Sullivan

MPRD KIDS SUMMER CAMP (AGES 5-12)

Structured Camps include:

ARTS AND CULTURE

Your children will love exploring creativity & the environment this Summer! Learn more about Mobile Arts and Culture and Enjoy activities to help enrich the mind and body this summer!

6/7-6/11 Theme: What's Your Story
6/14-6/18 Theme: Let's Dance
6/21-6/25 Theme: Around the World

SPORTS AND FITNESS

Campers who want to be active can choose from a variety of activities and sports that add diversity to their exercise routine and have fun at the same time!

6/28-7/2 Theme: Be Healthy & Fit
7/06-7/9 Theme: Master Your Game
7/12-7/16 Theme: Sports Showcase

EDUCATIONAL AND S.T.E.M.

We will be sharing the wonder of STEM (science, technology, engineering and mathematics) this summer with a interactive summer camp environment that will encourage campers to explore and, inspire them to get their creative juices going!

7/19-7/23 Theme: Language Learning & Fun
7/26-7/30 Theme: Imagine It & Make It
8/2-8/6 Theme: Cool Kids & Cool Things

CAMERA CLUB W/ STEPHANIE (All Ages)

Join others in discovering your parks while honing your photography skills. Email Stephanie Durkac at: stephanie.durkac@cityofmobile.org for more information.

6/9 & 7/14	Wed. 4:30-5:30pm	Arlington Park
6/16 & 7/7	Wed. 4:30-5:30pm	Figures Park
6/23 & 7/28	Wed. 4:30-5:30pm	Langan Park
6/30 & 7/21	Wed. 4:30-5:30pm	Doyle Park

FAMILY FRIENDLY WORKOUT W/ PENELOPE

9/8-12/11 Tues. & Thurs. 5-6pm Online

HOP ON A NATIONAL PARK VIRTUAL TOUR WITH MPRD!

Cheaha State Park shorturl.at/epAFI
Gulf State Park shorturl.at/dgkrM
DeSoto State Park shorturl.at/lnFZ3

NATIONAL SAY SOMETHING NICE DAY

Focus on kind words and make someone smile by celebrating the power of communication on this day. Encourage others to #SaySomethingNice
6/1 Tues.

NATIONAL DONUT DAY

Whether you prefer to spell it "Donut" or "Doughnut" come visit us for a free bite of this tasty pastry! #DonutDay
6/4 Fri. 4:30-5:30pm All Community Centers

NATIONAL SELFIE DAY

Say Cheese! Grab your phone and head to your nearest Park or Community Center and take a picture of yourself during #NationalSelfieDay!
6/21 Mon.

NATIONAL PARKS AND RECREATION MONTH

During the entire month of July we want to recognize all the diverse professionals who have made their communities a better place to live, work, and play through Parks and Recreation. Come out and Discover a Park near You! #MPRD
7/1-7/31

NATIONAL WORKAHOLIC DAY

In recognition of national workaholic day all MPRD Offices and Community Centers will be closed. #NationalWorkaholicDay
7/5 Mon.



NEW FEATURE INSIDE THIS ISSUE:

If you see this icon it indicates a class or activity led by an official MPRD Programmatic Partner.

JOSEPH C. DOTCH COMMUNITY CENTER

3100 BANK AVE., MOBILE, AL 36617 | (251) 452-9856 | HOURS: MON.-FRI. 8AM-8PM, SAT. 10AM-2PM
MICHAEL GARBUTT | michael.garbutt@cityofmobile.org

SUMMER NUTRITION PROGRAM (Age 0-18)

Sponsored by Feeding the Gulf Coast
Mon.-Fri. Noon- 1pm.

MPRD KIDS SUMMER CAMP

Camp Sessions: Mon.-Fri. 6/7-8/6
Camp Hours: 7:30am-4:30pm
Sign up weekly: First come, first served.
Camp Weekly Fee: \$50
Post Camp Care: 4:30-6:30pm
\$5 per day or \$20 per week

DOTCH FAMILY FUN NIGHT

Bring your whole family for a night of fun, games, light refreshments, and paint projects with Art Instructor Stephanie Durkac.
7/30 Fri. 5-7pm



SUMMER MOVIE SERIES: "FERDINAND"

Reserve your socially distanced family circle at:
mprd.recdesk.com
7/30 Fri., Showtime 7pm

GUITAR (Ages 12 & Up)



Rhythm and theory, finger exercises, scales and chords are just a few accompaniments in addition to all the fun songs you will learn from one of Mobile's Living Legends. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur Jr.

6/8-6/29 Tue: 5:30-7:30pm \$45

7/6-7/27 Tue: 5:30-7:30pm \$45

LINE DANCE 101



Enjoy the latest in line dancing.

Instructor: Ladresta McNeal

6/7-7/26 Mon. 5-7pm

6/10-7/29 Thurs. 5-7pm

6/12-7/31 Sat. 10am-Noon Beginners/ Intermediate

6/12-7/31 Sat. Noon-1pm Advanced

PIANO (Ages 7- Adult)



Rhythm and theory, finger exercises, scales and chords are just a few accompaniments and a lot of fun you will learn from one of Mobile's Living Legends.

Call 251-422-4009 for more information and to register.

No class Mon. July 5.

Instructor: Theodore Arthur Jr.

6/9-6/30 Wed. 5:30-7:30pm \$45

7/7-7/28 Wed. 5:30-7:30pm \$45



SUMMER MOVIE SERIES: "DATE NIGHT"

Reserve your socially distanced family circle at:
mprd.recdesk.com
7/16 Fri., Showtime 7pm

ZUMBA FOR WOMEN (Age 18 & Up)



Get the workout you been missing; low and high intensity moves. You will get muscle conditioning, flexibility and that boost of energy in every class.

Instructor: Deanne Franklin

6/8-7/29 Tues. & Thurs. 4-5pm

FITNESS AND NUTRITION (Ages 18 & Up)

This program offers regular exercise and recreational opportunities. This program is for those who wish to have a tasty, nutritious meal combined with social archives and fellowship.

Instructor: Mike Garbutt

6/7-7/30 Mon. & Fri. 5-6pm.

COMPUTER FOR BEGINNERS (Adult)

Come learn the basic operation of a computer and how to easily access the internet. Along with teaching how to wireless print, from your cell phone.

Instructor: Linda Carter

6/7-7/29 Mon., Tues. & Thurs. 3-4pm

ARTS & CRAFTS (All Ages)

Create something new every month. Participants make a seasonal decorative item under the guidance of instructor.

Instructor: Brenda Miller

6/7-7/29 Mon., Tues. & Wed. 4-5pm

PLAYING GOLF WITH COACH SLAUGHTER (All Ages)

It's time to speed up your game and add a shot clock, play Clock Golf w/Coach Slaughter.

Instructor: Dale Slaughter

6/8-7/29 Tues. & Thurs. 5-6:30pm

TEEN TALK (Ages 13-18)



An outreach program of ICU Counseling & Mental Health Support Services, LLC. This program provides a safe place for middle and high school teens to engage in discussions specific to their emotional and behavioral needs. Teens are taught healthy coping skills and provided enrichment that can lead to successful lives. Written parental consent must be obtained before participating. For more information visit www.icumentalhealth.com

Group Leaders: ICU Staff

6/9-7/28 Wed. 5-6pm Middle School

6/9-7/28 Wed. 6:30-7:30pm High School

MICHAEL A. FIGURES COMMUNITY CENTER

658 DONALD STREET #C, MOBILE, AL 36617 | (251) 452-4052 | HOURS: MON-FRI. 8AM - 8PM

YOLANDA TURNER | yolanda.turner@cityofmobile.org

SUMMER LUNCH PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast
Mon. - Fri. Noon -1pm

LIGHT OF THE VILLAGE CAMP LIGHT (Ages 5-14)

You can be a happy camper... Campers play fun-filled games plus hear short Bible stories and participate in reading and math enrichment activities.

Instructors: Jordan and Julisa

6/8-7/16 Tue.-Fri. Noon-4pm

MPRD KIDS MINI SUMMER CAMP (Ages 5-12)

Educational and S.T.E.M.

Camp Sessions: Mon.-Fri. 7/19 -8/6

Sign up weekly: First come, first served.

Camp Weekly Fee: \$50, 7:30 am-4:30pm

Post Camp Care: 4:30-6:30pm

\$ 5 per day or \$20 per week

BEGINNING WATERCOLOR (Ages 5-12)

This class will allow exploration with the watercolor medium so students can attain basic skills and knowledge of watercolors.

Instructor: Ginger Woechan

6/15 & 6/22 Tues. 9-11am

FIGURES FAMILY FUN NIGHT

Bring your whole family for a night of fun, games, light refreshments, and paint projects with Art Instructor Stephanie Durkac.

6/4 Fri. 5-7pm

DIVE-IN MOVIE NIGHT MOANA



Come enjoy a Dive-In movie night with family poolside! Please make reservations at: mprd.recdesk.com

6/4 Fri., Showtime 8pm

EXERCISING WITH RODERICK (Ages 18 & Up)

A brisk walk to music in the gym to get the heart rate up and clear the mind while having fun.

Instructor: Roderick Cunningham

6/1-7/29 Tues. & Thurs. 3-4pm

TEEN TALK (Ages 13-18)



Teen Talk is an outreach program of ICU Counseling & Mental Health Support Services, LLC. The purpose is to provide a safe place for middle and high school aged teens to engage in discussions specific to their emotional and behavioral needs. Teens are taught healthy coping skills and provided enrichment that can lead to successful lives. Written parental consent must be obtained before participating. For more information on how to sign up for a group, visit www.icumentalhealth.com

Group Leaders: ICU Staff

6/3-7/29 Thurs. 5-6pm Middle School

6/3-7/29 Thurs. 6:30-7:30pm High School

ARTS AND CRAFTS (Ages 4-10)

Provide children with opportunities to engage in arts and crafts, allowing them to explore their ideas and concepts, and then express that through making something they can feel proud of or use for entertaining others or simply look at for pleasure.

Instructor: Yolanda Turner

6/7-7/28 Mon. & Wed. 4-5pm

STEP AEROBICS (18 & up)



Have fun and get fit! Boost your heart rate, breathing, and strengthen your muscles while stepping up, around and down from a 4 to 12 inch raised platform in different patterns. Call 251-327-8498 for information or to register.

Instructor: Ashley Perryman

6/15-7/6 Tues. 5-6pm \$25/4 wks.

LINE DANCE WITH LALA (Ages 15 & Up)



Line dancing/swing out is just another way you can stay healthy at Michael Figures Community Center. When you join us, you can learn the latest dance steps, have lots of fun and get some exercise.

Instructor: LaDestra McNeal

6/1-7/27 Tues. 5-7pm

WOODWINDS (Ages 12 & Up)



Aspiring musicians can get instruction in brass or woodwind instruments. Lessons will be provided on clarinet, flute, saxophone, trumpet, trombone, etc. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur

6/7-6/28 Mon. 5-6:30pm \$45

7/12-8/2 Mon. 5-6:30pm \$45



Free WiFi available at all Community Centers

MICHAEL A. FIGURES COMMUNITY CENTER



OUR STORIES (Ages 15 & Up)

Our stories is a mentoring program that provides motivation, financial preparation, job skills, and educational programs to help young people develop life skills and make healthy choices in their everyday life.

Instructor: Yolanda Turner

6/14 & 7/12 Mon. 4-5pm

TENNIS ALL LEVELS (Ages 6+)



Coach Deleston will provide beginner & intermediate instruction. Practice in the areas of ready position stance, back-hand & forehand stance, and how to strike a tennis ball correctly. Other areas of instruction include how to serve, play points, and keep score. Racquets are available or bring your own. Call 251-648-2965 for information or to register.

Instructor: Lance Deleston

6/6-7/31 Sat. 8-11am

HARMON-THOMAS COMMUNITY CENTER

1611 BELFAST ST., MOBILE, AL. 36605 | (251) 470-7752 | HOURS: MON.-FRI. 8AM-8 PM

LESLIE PETTAWAY | leslie.pettaway@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast

Mon.-Fri. Noon-1pm

LIGHT OF THE VILLAGE CAMP LIGHT (Ages 5-14)

You can be a happy camper... Campers play fun-filled games plus hear short Bible stories and participate in reading and math enrichment activities.

Instructors: Jordan and Julisa

6/8-7/16 Tue.-Fri. Noon-4pm

MPRD KIDS MINI SUMMER CAMP (Ages 5-12)

Educational and S.T.E.M.

Camp Sessions: Mon.-Fri. 7/19 -8/6

Sign up weekly: First come, first served.

Camp Weekly Fee: \$50, 7:30 am-4:30pm

Post Camp Care: 4:30-6:30pm
\$ 5 per day or \$20 per week

KIDS STRETCH & RELAX W/ LESLIE

6/1-7/15 Tues. & Thurs. 10-11am



BEGINNING WATERCOLOR (Ages 5-12)

This class will allow exploration with the watercolor medium so students can attain basic skills and knowledge of watercolors.

Instructor: Marnée Wiley

6/17 & 6/24 Thurs. 9-11am



BEACH PAINTING (Ages 5-12)

Join us and learn to paint a fun beach scene using acrylic paint.

Instructor: Marnée Wiley

7/15 Thurs. 9-11am

PIANO CLASS (Ages 6 & Up)

Have you always wanted to learn to play the piano? Learn the basics and with lots of practice you can play the piano.

Instructor: Kina Greene

6/7-7/29 Mon.-Thurs. 5-6:30pm

COOKING WITH Q (Ages 10-18)

Learn to make meals with ease. Join us and have fun while learning the basics of cooking. Instructors: Shurqonda West

6/8-7/29 Tues. & Thurs. 5-7pm

WALKEM DOWN WITH WILLIE (Ages 18 & Up)

Adult walking class with music, meditation, and fun.

Instructor: Willie Nixon

6/8-7/29 Mon. & Wed. 6:30-7:30pm



JAMMIN BINGO (Ages 5-15)

The dancing bingo game an all time hit.

Instructor: Shurqonda West

6/7-7/30 Mon. & Wed. 6:30-7:30pm

FUNDAMENTALS OF GAME-TIME (Ages 13-17)

Teaching basic life lessons through games.

Instructors: Willie Nixon

6/9-7/30 Wed. & Fri. 4:30-5:30pm

MORNING ADVENTURE WITH MS. LES AND Q (Ages 5-18)

A start of adventure, activities and learning for all youth.

Instructors: Leslie Pettaway / Shurqonda West

6/7-7/30 Mon.-Fri. 8am-Noon

REACH YOUR POTENTIAL WITH YOGA (Ages 7 & Up)

Love yourself, love your day, love your life.

Instructors: Leslie Pettaway & Shurqonda West

6/8-7/29 Tues. & Thurs. 5-6pm

HILLSDALE COMMUNITY CENTER

556 EAST FELHORN ROAD, MOBILE AL 36608 | 251-344-0341

HOURS: MON.-FRI. 8AM-8PM, SAT. 10AM-2PM | RHONDA MCDANIEL | rhonda.mcdaniel@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast

Mon.-Fri. Noon-1 pm

MPRD KIDS SUMMER CAMP

Camp Sessions: Mon.-Fri. 6/7-8/6

Sign up weekly: First come, first served.

Camp Weekly Fee: \$50, 7:30am-4:30pm

Post Camp Care: 4:30-6:30pm

\$5 per day or \$20 per week

BALLET & JAZZ (Ages 4-6)



A beginner dance class that combines ballet and jazz. Students learn basic ballet positions and techniques along with jazz walks, chasse' and battements. Students will perform a short center floor combination using these skills. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

6/7-7/26 Mon. 5-5:45pm \$15/4wks.

6/1-7/27 Tues. 5-5:45pm \$15/4 wks.

BALLET & JAZZ (Ages 7-13)



A beginner dance class that combines ballet and jazz. Students learn basic ballet positions and techniques along with jazz walks, chasse' and battements. Students will perform a short center floor combination using these skills. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

6/7-7/26 Mon. 6-6:45pm \$15/4wks.



BODY SCULPTING, BEGINNERS (ZOOM, Ages 16 & Up)

Want to stay home & exercise? Grab your laptop, iPad or phone and join us. Tone & tighten your body using hand weights, bands, body weight, steps and mats. You'll need to send your email to the instructor at phillipsm@cityofmobile.org and you'll receive a link for class. First class needs: mat, towel, 3 & 5 # hand weights. Call 251-208-1662 for information or to register

Instructor: Melusyne

6/2-7/28 Tues. 5:30-6:30 pm



BOOM MUSCLE (Ages 18 & Up)



Yoga class practiced sitting on a chair or using a chair for support during standing poses. with hands weights. Call or text 773-837-7618 for information or to register

Instructor: June Jones

6/7-7/26 Mon. 4:30-5:30 pm

COMPUTER FOR BEGINNERS (Ages 6-12)

Let us help you learn the basics of operating a computer and how to easily access the internet.

Instructor: Ms. Denson

6/1-7/29 Tues., Wed. & Thurs. 2:45-3:45pm

DANCE COMPANY (Ages 7-13)



Comprised of dedicated dance students who love to perform and are looking to be challenged in class, rehearsals and performance. Each dance team level is designed for their specific age group and promotes teamwork and self-confidence. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

6/2-7/28 Wed. 5-5:45 pm \$15/4wks.

DRESS FOR SUCCESS AND LIFE (Ages 12 & Up)

Teaching young males, the art of making a great impression toward a better life by practicing the interview process. Sharpen your skills, tie a tie, and coordinate your business attire.

Instructor: Nelson Curtis

6/1-7/29 Mon., Tues. & Thurs. 5-6pm

HILLSDALE FAMILY FUN NIGHT

Bring your whole family for a night of fun, games, light refreshments, and create fun projects with Art Instructor Stephanie Durkac.

7/02 Fri. 5-7pm



BASIC YOGA (Ages 16 & Up)

Work on gaining strength, balance, and relaxation exercises along with proper alignment and breathing techniques.

Practicing yoga helps alleviate stress and build equilibrium.

Bring yoga mat and a regular towel.

Instructor: Royce Smith

6/2-7/28 Wed. 6-7pm



BODY SCULPTING (Beginners, Ages 16 & Up)

Tone & tighten your body using hand weights, bands, body weight, steps and mats. Bring your own mat and beach towels. Call 251-208-1662 for information or to register.

Instructor: Melusyne

6/2-7/28 Tues. 5:30-6:30 pm

HILLSDALE COMMUNITY CENTER

NEW



DIVE-IN MOVIE NIGHT

CROODS: A NEW AGE

Come enjoy a Dive-In movie night with family poolside! Reservations at: mprd.recdesk.com
7/02 Fri., Showtime 8pm

KINDER-GYM (Ages 18 months-3 years)

A class for toddlers that will teach basic gymnastics, body awareness, balance, and self-confidence in a relaxed gymnastics environment! An adult must participate with the child.

Call 367-6182 for information or to register.

6/5- 6/26 Sat. 9-9:45am \$40

7/10-7/31 Sat. 9-9:45am \$40

NEW

LEAPS & TURNS (7 & up)



Focuses on the techniques needed for leaps & turns.

Call 251-348-2654 for information or to register

Instructor: Shalinda Henry

6/1-7/27 Tues. 7-7:45pm \$15/4 wks.

LYRICAL DANCE & HIP HOP (Ages 4-6)



Fun, creativity and self-expression are the basis of this class that combines Hip Hop, also known as street dance & Lyrical, a blend of ballet & jazz. Call 251-348-2654 for more information or to register.

Instructor: Shalinda Henry

6/1-6/27 Tues. 6-6:45pm \$15/4 wks.

6/3-7/29 Thurs. 5-5:45pm \$15/4 wks.

LYRICAL DANCE & HIP HOP (Ages 7-13)



Fun, creativity and self-expression are the basis of this class that combines Hip Hop, also known as street dance & Lyrical, a blend of ballet & jazz. Call 251-348-2654 for more information or to register.

Instructor: Shalinda Henry

6/3-7/29 Thurs. 6-6:45pm \$15/4 wks.

P.R.E.P SYSTEM (Teens-Adults)



Let us help you and your school age kids learn some of the things that you can do now to prepare for the future. Whether the future includes college, an athletic career or military service. Participation in some activities and learning certain skills can help increase and enhance chances for success.

Instructor: Terrance Hunter

6/1-7/28 Tues. & Wed. 6-7:30pm

TABLE TENNIS CLUB (It's On like Ping Pong)

The Table Tennis Club is a place for people to learn table tennis, practice and meet others to play matches. Mike Ho, Baker High School Table Tennis coach will be helping everyone to work on skills and learn the game.

6/3-7/29 Mon. & Thurs. 5:45-7:45pm

TODDLER DANCE (Ages 2-3)



Instill a love of dance in your young child. Learn basic ballet and tap movements with proper techniques in a positive and fun environment. Call 251-348-2654 for information or to register.

Instructor: Shalinda Henry

6/7-7/26 Mon. 4:30-5pm \$15/4wks

VOLLEYBALL CLINIC (Ages 9-15)

6/5-7/31 Sat. 10am-Noon

VOLLEYBALL OPEN (Ages 16+)

6/1- 7/27 Tues, 5-7pm

6/5-7/31 Sat. 10am-Noon



ROBERT HOPE COMMUNITY CENTER

850 EDWARDS STREET, MOBILE AL 36610 | (251) 456-7639

HOURS: MON.-FRI. 11AM-8PM

CHAMYNE THOMPSON | chamyne.thompson@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast
Mon.-Fri. Noon-1pm

LIGHT OF THE VILLAGE CAMP LIGHT (Ages 5-14)

You can be a happy camper... Campers play fun-filled games plus hear short Bible stories and participate in reading and math enrichment activities.

Instructors: Jordan and Julisa

6/8-7/16 Tue.-Fri. 12-4pm

MPRD KIDS MINI SUMMER CAMP (Ages 5-12)

Educational and S.T.E.M.

Camp Sessions: Mon.-Fri. 7/19 -8/6

Sign up weekly: First come, first served.

Camp Weekly Fee: \$50, 7:30 am-4:30pm

Post Camp Care: 4:30-6:30pm

\$ 5 per day or \$20 per week

ACTING WORKSHOP (All Ages)



Aspiring actors get introduced to scripts and learn many of the acting techniques used in professional theatre along with the basics of costumes and props.

Attendees of the workshop will get a chance to apply these new skills by performing in a stage play. Call 251-510-0654 for more info or to register.

Instructor: Shari Prestwood

6/10-7/8 Thurs. 5:30-7:30pm \$35

ARTS AND CRAFTS (Ages 4-10)

Arts and Crafts activities for children who want to have fun while creating something unique.

Instructor: Vicki Hughes

6/1-7/29 Mon. & Fri. 3:30-4:30pm



BEGINNING DRAWING (Ages 5-12)

Students will use various and common drawing materials to establish basic drawing skills.

Instructor: Ginger Woechan

6/1 & 6/8 Tues. 9-11am



GRATITUDE JOURNALING (Ages 5-12)

In this program students will learn different ideas and techniques to create a gratitude journal. This will be a fun and upbeat class.

Instructor: Ginger Woechan

7/6 & 7/13 Tues. 9-11am

DISRUPTSHUN SERVICE ORGANIZATION



(Grades 8-12)

This program is a service organization designed for young ladies and gentlemen ages 13-19, exclusively for educational and charitable purposes. For more information call Ms. Walker at 251-610-9427.

Instructor: Carla Walker

6/1-7/29 Tues & Thurs. 5:30-7:30pm

HOPE FAMILY FUN NIGHT

Bring your whole family for a Night of fun, games, and light refreshments.

6/18 Fri. 5-7pm

SEWING CLUB (Adults)

Join the fun! A fun loving group of people with a common interest, sewing. We will enjoy sewing and learning together how to create beautiful garments, masks, and more. If you have never sewn before or if you need a refresher course then, this is the group for you. Finally, a sewing club that keeps on teaching as your learning needs change.

Instructor: Annette Beard

6/1-7/30 Tues. & Thurs. 4-5pm

OPEN BASKETBALL

Must Register at MPRD.Recdeck.com

Mon, Wed, & Fri. Session 1: 4:30-5:30pm

Session 2: 6:30-7:30pm



GAME ZONE CHALLENGE (Ages 8-15)

Join us in the Game Zone and enjoy playing the Wii and Xbox game systems.

Instructor: Vicki Hughes

6/1-7/30 Mon. Wed. & Fri. 6-7pm

3-POINT SHOOT OUT COMPETITION (Ages 8-15)



Partnership with Boys and Girls Club

7/9 Fri. 4-6pm

CHEER AND DANCE CLINIC (Ages 5-12)



Partnership with Boys and Girls Club

7/29-7/30 Thurs. & Fri. 4-6pm



Free WiFi available at all Community Centers

ROBERT HOPE COMMUNITY CENTER

DRIVE IN BINGO (Adults)

Come and join the Bingo Fun. There is room for 20 cars. SUVs, Vans, and Trucks will be parked in the rear of the parking area to assist with viewing by smaller vehicles. *FIRST COME, FIRST SERVE.* There will be 4 games followed by an intermission, then 4 more games (9 If time permits) will be held but this is subject to change. The bingo caller will be in middle front area with microphone. Those who get Bingo honk their horn. All attendees must remain in their vehicles.

Instructors: Annette Beard & Chamyne Thompson

7/23 Fri. 2-3pm

YOUTH VOLLEYBALL SKILLS (Ages 8-13)



Partnership with Boys and Girls Club

Calling all girls and boys ages 8-13 to join in the fun and learn the basic volleyball skills such as serving, setting, blocking passing and more.

(Must Be Registered for Summer Camp)

6/7 -7/28 Mon. & Wed. 2-3pm

YOUTH BASKETBALL SKILLS (Ages 8-13)

Partnership with Boys and Girls Club

Students will be taught the basics of Basketball. Dribbling, Free throw, Layups and more. (Must be Registered for Summer Camp)

6/1-7/30 Tues. & Thurs. 2-3pm

WALK FIT (Adults)

Join us for a walk fitness class that is designed to help improve heart health, aids weight loss. Regulates blood pressure, improves circulation, fights cancer and reduces risk of diabetes.

Instructor: Chamyne Thompson & Vicki Hughes

6/7 -7/30 Mon.-Wed. 6-7pm

YOGA FOR FITNESS & RELAXATION (Beginners)



When you combine power yoga using strong, flowing movements with deep breathing you create a high energy workout that helps you build strength, unwind tight joints and loosen muscles (also burn calories) with gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime. Bring a yoga mat. For more info or to register, call 251-454-2259.

Instructor: Kendra Bell

6/3-6/24 Thurs. 6-7pm \$30

7/8-7/27 Thurs. 6-7pm \$30



LAUN COMMUNITY CENTER

5401 WINDMILL DR. (OFF DEMETROPOLIS RD.), MOBILE, AL 36693
(251) 661-6541 | HOURS: MON.-FRI. 11AM-8PM
PATRICIA FERGUSON | patricia.ferguson@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast
Mon.-Fri. Noon -1pm

DISCOVER THE COMPUTER-N-YOU (All Ages)

Click your way through Windows and discover an amazing view. Learn basic and intermediate computer skills.

Instructor: Conrad Allen

6/11-7/30 Fri. 4-5pm

HOW TO USE YOUR SMARTPHONE (All Ages)

Technical assistance to help you learn how to navigate your phone. Bring your smartphone and any questions you may have.

Instructor: Conrad Allen

6/3-7/29 Thurs. 4-5pm

TAI CHI (Adults)



Tai Chi, a series of slow, soft movements that offers a gentle path to developing a body that is strong, balanced, and energetic, and a mind that is calm, clear, and relaxed. The practice of Tai Chi reduces stress and has a recognized beneficial effect on many health issues and conditions. It is suitable for people of all ages and physical conditions. Wear comfortable clothes and shoes and be prepared to have fun. Call 251-510-0654 for more info or to register.

Instructor: Shari Prestwood

6/1-7/6 Tues. 5:30-6:30pm \$20

MEDITATIVE DRUMMING (Adults)



The In-Rhythm approach to health and well-being through the medium of drumming is unique. We use a combination of drumming, mindfulness and mediation. We understand and harness the power of meditation to assist individuals in cultivation stillness of mind. Call 251-510-0654 for more info and to register.

Instructor: Shari Prestwood

6/10-7/15 Thurs. 5:30-6:30pm \$30

HAVE FUN WITH BASIC WATERCOLOR (Adults)



Have Fun with Basic watercolor. Watercolor techniques including composition, perspective and light shadows. Call 251-510-0654 for more info or to register.

Instructor: Ashley Koppersmith

6/10-7/15 Thurs. 5:30-7:30pm \$35

ARTS & CRAFTS (Ages 4-12)

Arts and crafts activities for children who want to have fun while creating something unique.

Instructor: Patricia Ferguson

6/1-7/27 Tues. & Thurs. 1-2pm



PHOTOGRAPHY FOR BEGINNERS (Ages 16 & Up)

Have a camera but don't quite know what all the buttons are for? Want to learn how to take pictures of flowers so close you can almost smell them? Ever wonder why none of your pictures are in focus? Bring you camera (and charged batteries if required) and lets dive into simple photography while gaining actual experience in the beautiful park. Digital & Film cameras welcomed!

Instructor: Stephanie Durkac

6/2-7/28 Mon. 11am-Noon

MITTERNIGHT NEIGHBORHOOD CENTER

5310 COLONIAL OAKS DRIVE NORTH, MOBILE, AL 36618
(251) 344-7275 | HOURS: MON.-FRI. 11AM-8PM

CLOSED FOR RENOVATION

NEWHOUSE TEEN CENTER

2960 ALSTON DRIVE, MOBILE, AL 36605 | (251) 470-7753

HOURS: MON – FRI. 8AM-8PM | MARCUS HARDEN | marcus.harden@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast

6/7-7/30 Mon.-Fri. Noon-1pm



T-REC

Activities geared toward teen interests and safe social summer interaction. Throughout this summer program teens will learn to modify and embellish clothing, participate in Open Mic mornings, team up in sports and fitness games, host their own Battle of the Bands, and take environmental field trips. This and more will be innovated through teen led programming.

Director: Marcus Harden

6/7-7/30 Mon.-Fri. 9am-3:30pm

ACADEMIC TUTORING (Ages 12-18)

Get one on one tutoring for your child with a certified educator. Call (251) 470-7753 for more info.

Instructor: Pauline Ransom

6/8-7/27 Tues. 5:30-7:30pm \$45

CRICUT CRAFTS 101

This class is for the absolute beginner. We will be going over the basics of the Cricut machine and software. In this 2-hour class, you will learn to create and make fun things to share!

Instructor: Dorothy Smith & Barbara Hines

6/8-7/29 Tues. & Thurs. 4-6pm

HEALTH & NUTRITION

Teaching kids about nutrition and healthy food choices.

Call (251) 470-7753 for more information.

Instructor: Marcus Harden

6/7-7/28 Mon. & Wed. 4-5pm

HIP HOP CARDIO

A fun and engaging way to do cardio while listening and exercising to your favorite music.

Instructor: Marcus Harden

6/8-7/29 Tues. & Thurs. 6:30-7:30pm

SEWING FOR BEGINNERS

Learn the basic function of your sewing machine and become comfortable with straight stitching.

Instructor: Dorothy Smith

6/7-7/29 Mon. & Wed. 4-5pm



TEEN KICKBACK

Bring a friend for a night of fun, games and light refreshments.

6/11-7/9 1st Fri. of each month 5-7pm

TEEN COUNCIL

For Teens by Teens. An enrichment leadership program to empower teens for the future by giving them tools to succeed in today's global society.

6/7-7/28 Mon. & Wed. 6:30-7:30pm

TEEN TALK (Ages 13-18)



Teen Talk is an outreach program of ICU Counseling & Mental Health Support Services, LLC. The purpose is to provide a safe place for middle and high school aged teens to engage in discussions specific to their emotional and behavioral needs. Teens are taught healthy coping skills and provided enrichment that can lead to successful lives. Written parental consent must be obtained before participating. For more information on how to sign up for a group, visit www.icumentalhealth.com

Group Leaders: ICU Staff

6/7-7/26 Mon. 5-6pm

Middle School

6/7-7/26 Mon. 6:30-7:30pm

High School



RICKARBY RECREATION CENTER

550 RICKARBY ST., MOBILE, AL 36606 | (251) 470-7750 | HOURS: MON.-FRI. 8AM-8PM
JACKIE SIMMONS McMILLIAN | jacqueline.simmons@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 2-18)

Sponsored by Feeding the Gulf Coast

6/7-7/31 Lunch, Noon-1:30pm
Snacks, Mon.- Fri. 3-4pm

MPRD KIDS SUMMER CAMP

Camp Sessions: Mon.-Fri. 6/7-8/6
Sign up weekly: First come, first served.
Camp Weekly Fee: \$50, 7:30am-4:30pm
Post Camp Care: 4:30-6:30pm
\$ 5 per day or \$20 per week

BOOKMOBILE!

2nd Tues. of every month

KIDS ZONE FAMILY FEUD /PLAYSTATION AND MORE (Ages 4-16)

Open your creative mind! Come, have fun and show your creative skills.

6/7/7/26 Mon. 5-6:15pm
6/9-7/29 Wed. 5-6:15pm
6/11-7/30 Fri. 5-6:15pm

TECHNOLOGY FOR ADULTS (Free Wi-Fi)

Build your technology skills in our Open Lab. Take a little time off and relax with tech and media activities.

6/7 -7/26 Mon. 6:30-7:30pm
6/9-7/28 Wed. 6:30-7:30pm
6/11-7/30 Fri. 6:30-7:30pm

TIE DYE CLOTHING CREATIONS (All Ages)

Come and learn how to create your own Tie Dye Clothing. (Bring Own Materials)

Instructor: Jackie McMillian

6/7/-7/26 Mon. 5-6:15pm \$5
6/9-7/28 Wed. 5-6:15pm \$5

WALK WITH EASE/ CHAIR EXERCISE

Just 30 minutes of walking does the body good, along with chair exercises. Walking also helps improve heart health, aids in weight loss, regulates blood pressure, improves circulation and reduces the risk of diabetes.

Instructor: Jackie McMillian

6/7-7/31 Mon., Wed. & Fri., 4:45-5:30pm

CHAIR EXERCISES

Tue. & Thurs. 5:30-6:30pm



JAMES SEALS COMMUNITY CENTER

540 TEXAS ST., MOBILE, AL 36603 | (251) 438-7498 | HOURS: MON.-FRI. 11AM-8PM, SAT. 10AM-2PM
LASHANDRA BARNES | lashandra.barnes@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast
Mon.-Fri. Noon-1 pm

MPRD KIDS SUMMER CAMP

Camp Sessions: Mon.-Fri. 6/7-8/6
Sign up weekly: First come, first served
Camp Weekly Fee: \$50, 7:30 am-4:30pm
Post Camp Care: 4:30-6:30pm
\$ 5 per day or \$20 per week

ACADEMIC TUTORING (All Ages)



One on one help for your child with a certified educator.
All grade levels are welcome. Call 251-217-5819 for
more information or to register.

Instructor: Letesha Smith

Mon.-Fri. (by appointment only)
Four (30 minute) classes \$45



ARCHERY (10 & up)

Beginner series of classes concentrates on range rules,
safety rules, range courtesy and fundamentals of archery.
This class is appropriate for those who have never shot a bow.

Instructor: LaShandra Barnes

6/1-7/26 Tues. 4:30-5:30 pm

JAZZ & BALLET (Ages 4-11)



Jazz dance combines techniques of classical ballet
and modern dance with current forms of popular
dance. Classes include warm-ups, isolations, stretches,
across the floor progressions and choreography
combinations. Exercises focus on increasing flexibility and
strength, rhythm and isolation of body parts and expressing
personal style. Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

6/7-7/28 Mon. 4:30-5:30pm \$25/4wks

KINDER-GYM (Ages 18 months-3 years)

A class for toddlers that will teach basic gymnastics,
body awareness, balance, and self-confidence in a relaxed
gymnastics environment! An adult must participate with
the child. Call 251-367-6182 for information or to register.

6/5- 6/26 Sat. 10:30-11:15am \$40
7/10- 7/31 Sat. 10:30-11:15am \$40

LOVE SPEAKS INC. KIDZ COOKING CULTURE PROGRAM (Ages 6-18)



Love Speaks is a non-profit kid cooking culture
program introducing proper nutrition, sanitation,
kitchen etiquette, and self-reliance. For more information
or to register call 251-404-4287 or lovespeaksinc.org/
upcoming-events

Instructors: Jessica White and India Andrews

6/1,6/15, 7/6, 7/20 1ST & 3RD Tues. of the month,
4:30-7:30pm

LOVE SPEAKS INC. PROJECT IDENTITY (Ages 8-18)



Project Identity is a program that focuses on our youth
and their identity. It provides mentorship on self
esteem, self confidence, bullying, understanding who you are
and what you possess, personal hygiene, posture, rejection,
and attitude. For more information or to register
call 251-404-4287 or lovespeaksinc.org/upcoming-events.

Instructors: Jessica White and India Andrews

6/17, 7/15 Thurs. 5:30-7:30pm

MAJORETTE & HIP HOP (ages 4-11)



Classes include warm up, moving across the floor,
style explorations (popping, locking, waving, gliding,
etc.), and freestyle circles. Exercises focus on increasing
flexibility, strength, precision, creativity and finding your own
style. Class also includes majorette dance style as seen on
TV with the Dancing Dolls. Call 251-327-8498 for more info
or to register.

Instructor: Ashley Perryman

6/2-7/28 Wed. 4:30-5:30pm \$25/4wks

OPEN VOLLEYBALL (Ages 16+)

6/5-7/31 Sat. 10am-Noon



MPRD PICNIC IN THE PARK

Join the staff at Seals Recreation Center for music, and
games. Bring the kids to use the splashpad, your lunch and
enjoy the afternoon sitting under the trees.

6/19 Sat. Noon-3 pm.



Free WiFi available at all Community Centers

JAMES SEALS COMMUNITY CENTER



PICKLEBALL (Ages 16 & Up)

Join the pickleball craze ! It's a little tennis, a bit of ping pong, and a splash of badminton. Played on a court the size of a tennis court, with a short racquet called a paddle, and a perforated ball similar to a whiffle ball. Easier than tennis, lower impact, develops reaction time and strategy. This game is for everyone in the family. Wear tennis shoes and bring your own water.

6/3-7/27

Mon. & Thurs. 4:30-7:30pm

SEALS FAMILY FUN NIGHT

Bring your whole family for a night of fun, games, light refreshments, and paint projects with Art Instructor Stephanie Durkac.

6/18

Fri. 5-7pm



SUMMER MOVIE SERIES: DOOLITTLE

Enjoy movie night with family! Reserve your socially distanced family circle at: mprd.recdesk.com

6/18

Fri., Showtime 7pm



SCENTED CANDLES (Ages 15 & Up)

Learn how to make scented candles using wax and scented fragrances. Supplies provided. Register at mprd.recdesk.com

Instructor: LaShandra Barnes

6/8, 6/22, 7/6, 7/20, 7/27

Tues. 5-6:30pm

\$5



STEP AEROBICS (18 & up)



The step is a 4 inch to 12 inch raised platform. You step up, around and down from the platform in different patterns to boost your heart rate and breathing, and strengthen your muscles. The instructor and the music help to motivate the participants. Call or text 251-327-8498 for information or to register.

Instructor: Ashley Perryman

6/5 - 7/31 Sat. 9:30-10:30am

\$25/4 wks.

TENNIS ALL LEVELS (Ages 6-10)



Coach Deleston will provide beginner & intermediate instruction. Practice in the areas of ready position stance, backhand & forehand stance and how to strike a tennis ball correctly. Areas of instruction include how to serve, play points and keep score. Call 251-648-2965 for information or to register.

Instructor: Coach Lance Deleston

6/7-7/26 Mon. 5:30-7:30pm

TENNIS ALL LEVELS (Ages 19-50+)



Coach Deleston will provide beginner & intermediate instruction. Practice in the areas of ready position stance, backhand & forehand stance and how to strike a tennis ball correctly. Other areas of instruction include how to serve, play points and keep score. Racquets are available or bring your own. Call 251-648-2965 for information or to register.

Instructor: Coach Lance Deleston

6/2-7/28 Wed. 5:30-7:30pm



SPRINGHILL RECREATION CENTER

1151 SPRINGHILL AVENUE | MOBILE, AL 36604 | (251) 438-7415 | HOURS: MON.-FRI. 8AM-8PM
MARCUS HARDEN | marcus.harden@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast
Mon.-Fri. Noon-1pm

BATIK YOUR OWN MASK (16 +)



Masks are the new fashion trend! Using hot wax create a colorful design. Bring beeswax, red, yellow, and blue and an old iron. Bring your own white mask or buy one at class for \$. Wear old clothes or cover your clothes. Please call 251-490-9113 or email wjuly-12@yahoo.com for more information or to register.

Instructor: Winfred July

7/6-7/7 Project #1 Tues. & Wed., 11am-1pm

7/20-7/21 Project #2 Tues. & Wed., 11am-1pm

BEGINNER BELLY DANCING (16 & up)



The Advanced Belly Dance classes are fast-paced with an emphasis on musical interpretation and choreography. This class offers lots of changes and movements while helping to build stamina and improve skill. Students will learn performance sets including folkloric dance, veil work, and drum solos. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

6/7-7/26 Mon. 5:30-6:30pm \$35

BEGINNER PICKLEBALL (13 & up)

Join the pickleball craze! It's a little tennis, a bit of ping pong, and a splash of badminton. Played on a court ¼ the size of a tennis court, with a short racquet called a paddle, and a perforated ball similar to a whiffle ball. Easier than tennis, lower impact, develops reaction time and strategy. This game is for everyone in the family. Don't know how to play we'll teach you. Paddles & balls provided. Wear tennis shoes and bring your own water. Please register at mprd.recdesk.com

6/3-7/29 Thurs. 8am-Noon & 4:30-7:45pm

BIBLE STUDY (Adults)



Instructor: Winfred July

6/1-7/27 Tues. 10-11am

BODY BALL WORKOUT (18 & up)

Learn to tame the stability ball and how to use it effectively for toning and stretching your muscles. Improve your balance, strength and endurance. Exercising on the ball increase muscle activity. Join us and learn to trust the ball! Bring your own yoga mat and a beach towel. Call 251-208-1662 for information or to register.

Instructor: Melusyne

6/2-7/28 Wed. 5:30-6:15pm

BODY BALL WORKOUT ZOOM (18 & up)

Want to stay home & exercise? Grab your laptop, iPad or phone and join us. You'll need to send your email to the instructor at happytogether06@gmail.com and you'll receive a link for class. You'll need a stability ball, yoga mat, towel and small hands weights. You'll need to send your email to the instructor at phillipsm@cityofmobile.org and you'll receive a link for class. Call 251-208-1662 for information or to register.

Instructor: Melusyne

6/2-7/28 Wed. 5:30-6:15pm

BODY SCULPTING (18 & up)



Body Sculpting is a strength-training workout that combines flexibility and cardiovascular conditioning. It is highly recommended to those wanting a weight loss program. Classes are geared to accommodate all fitness levels. For more information or to register call 605-2008 or Glowe3@yahoo.com

Instructor: Gerry Lowe

6/1-7/29 Tues. & Thurs. 5-5:45pm

BUTT CAMP (Ages 18 & up)



YOU NEED TO GET YOUR BUM IN THIS CLASS!

High intensity training for the lower half of your body, with emphasis on the booty. Workout includes Steps, bands, cardio impact & body weight exercise and throw in a little Buti-like yoga. Bring your yoga mat and towel. Call or text 251-327-8498 for information or to register.

Instructor: Ashley Perryman

6/2-7-28 Mon. & Wed. 5:45-6:45pm

\$25-1 day/week

\$45-2 days/week




NEW FEATURE INSIDE THIS ISSUE:

If you see this icon it indicates a class or activity led by an official MPRD Programmatic Partner.

SPRINGHILL RECREATION CENTER

CALLIGRAPHY: A HIGHLY PROFITABLE HOME BUSINESS OR JUST FOR FUN (16 & Up)


 Calligraphy is a style of intricate, artistic lettering that often appears on items such as wedding invitations, birth announcements, and certificates of merit. Without a huge initial investment, learn the art form and offer your services to schools (for diplomas), brides-to-be, athletic teams, and even corporations that are involved in recognition programs requiring certificates. Supplies will be covered the first night of class. Call 251-510-0654 for more information, supply list or how to register. Please register in advance!

Instructor: Ashley Koppersmith

6/2-7/28 Wed: 7-8pm \$40



JAZZ DANCE (Ages 14-17)


 Jazz dance combines techniques of classical ballet and modern dance with current forms of popular dance. Classes include warm-ups, isolations, stretches, across the floor progressions and choreography combinations. Exercises focus on increasing flexibility and strength, rhythm and isolation of body parts and expressing personal style. Call 251-327-8498 for more info or to register.

Instructor: Ashley Perryman

6/3-7/29 Thurs. 4:30-5:30 \$25/4 weeks




JAZZ DANCE (18 & Up)

 **Instructor: Ashley Perryman**

6/3-7/29 Thurs. 5:30-6:30 pm \$25/4 weeks



CHAIR YOGA (Adults)


 This gentle form of yoga is practiced sitting on a chair or using a chair for support during standing poses. Chair yoga is especially suitable for older adults, people with balance or coordination issues, and those with disabilities. Chair yoga helps increase flexibility, lung capacity, circulation and strength, improves balance, relieves stress. The class incorporates breathing exercises, stretching, yoga postures, and final relaxation. Call or text 773-837-7618 or 251-208-1662 for information or to register.

Instructor: June Jones

6/3-7/29 Mon. & Thurs. 11am-Noon



FREESTYLE FENCING (Ages 9 & Up)


 Students will learn basic blocks, fencing terms, and stances as well as participating in mock duels to learn the art of fencing. Types of swords we will use Foil, Rapier, and Saber. Call or text 251-510-0654 for more information or to register.

Instructor: Shari Prestwood

6/2-7/28 Wed. 6-7pm \$40



MEDITATIVE DRUMMING (Ages 8 & Up)


 The In-Rhythm approach to health and well-being through the medium of drumming is unique. We use a combination of drumming, mindfulness, and meditation. We understand and harness the power of meditation to assist individuals in cultivation stillness of mind. Drums available, or you can buy one or we'll show you how to make one. Call 251-510-0654 for more info and to register.

Instructor: Shari Prestwood

6/2-6/28 Mon. 5:30-6:30pm \$40




MID-DAY MIND & BODY WORKOUT (Ages 18 & up)

 Take a break from your busy day and treat yourself to toning, stretching and smooth music. Each day is different. You can come to all 3 days or choose your days Tuesday- combo class of barre, stretch and core balance, Wednesday- core balance and stretching and Thursday- barre. Bring your own mat & water. Call 251-208-1662 for information or to register.

Instructors: Ashley & Melusyne

6/1-7/29 Tues., Wed, Thurs. Noon- 12:45pm
\$25/9 weeks

GUITAR, BEGINNER-INTERMEDIATE (Ages 10 & Up)

 Pick up this affordable musical instrument and start learning the basic skills or dust off your old guitar and refresh those rusty skills. You must bring a tunable acoustic guitar. You will learn to play 3-4 note lyrics, the chords, become familiar with finger positioning and how to tune your guitar. Call 251-422-4009 for more information and to register.

Instructor: Theodore Arthur

6/3-6/24 Thurs. 5-6:30pm \$45

7/8-7/29 Thurs. 5-6:30pm \$45



Free WiFi available at all Community Centers

SPRINGHILL RECREATION CENTER

NEW

MID-DAY MIND & BODY WORKOUT ZOOM



(Ages 18 & up)

Want to stay home & exercise? Grab your laptop, iPad or phone and join us. You'll need to send your email to the instructor at happytogether06@gmail.com and you'll receive a link for class. For class you'll need a chair, yoga mat and towel. Tuesday- combo class of barre, core balance and stretch, Wednesday- core balance and stretching. You'll need to send your email to the instructor at phillipsm@cityofmobile.org and you'll receive a link for class. Call 251-208-1662 for information or to register.

Instructors: Ashley & Melusyne

6/1-7/29 Tues., Wed 12-12:45pm \$25/ 9 weeks

PJ YOGA PARTY (Ages 18 & up)



Wear your favorite onesie or t-shirt & bottoms (nothing revealing, please). Join us for an end of the summer peaceful yoga get together. Anyone currently in the yoga class, or invite your friends, are welcome. Includes yoga, meditation, and meditative drums. Bring your own mat and beach towel. For more information or to register please call 251-208-1662

Instructors: Kendra Bell, Shari Prestwood, & Jesi Johnson

7/27 Tues. 5-7pm

NEW

SPORTS CONDITIONING (Ages 10-17)



Focus on core, condition & sports agility. Helps you stay in shape or get in better shape. Good for all sports. For more information or to register call 605-2008 or Glowe3@yahoo.com

Instructor: Gerry Lowe

6/1-7/27 Tues. 6-7pm

STRETCH & WALK (Adults)

Get your exercise in with us by stretching and then walking a mile or more. This is a self-directed activity.

Instructor: Sylvester Bush

6/2-7/29 Mon., Wed. & Thurs. 11am-1pm

TAI CHI (Adults)



Tai Chi, a series of slow, soft movements that offers a gentle path to developing a body that is strong, balanced, and energetic, and a mind that is calm, clear, and relaxed. The practice of Tai Chi reduces stress and has a recognized beneficial effect on many health issues and conditions. It is suitable for people of all ages and physical conditions. Wear comfortable clothes and shoes and be prepared to have fun. Call 251-510-0654 for more info or to register.

Instructor: Shari Prestwood

6/2-7/28 Wed. 5-6pm \$20

NEW

YOGA FOR FITNESS & RELAXATION, BEGINNERS

(Ages 18 & up)



When you combine power yoga using strong, flowing movements with deep breathing you create a high energy workout that helps you build strength, unwind tight joints and loosen up muscles (also burn calories) with gentle yoga to banish stress and tension, relax tight muscles, increase concentration, strengthen the lower back and improve balance. Learn movements you can use for a lifetime. Bring a yoga mat. For more info or to register, call 251-454-2259.

Instructor: Kendra Bell

6/1-6/22 Tue 5:30-6:15pm \$30



STOTTS RECREATION CENTER

2150 N. DEMETROPOLIS RD. (OFF COTTAGE HILL), MOBILE, AL 36693 | (251) 666-4955
HOURS: MON.-FRI. 11AM-8PM | WOODY CANNON | woody.cannon@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast
6/1-7/30 Mon.-Fri. Noon-1 pm

BELLY DANCING-ADVANCED LEVEL 1 & 2



(Ages 18 & Up)

The Advanced Belly Dance classes are fast-paced with an emphasis on musical interpretation and choreography. This class offers lots of changes and movements while helping to build stamina and improve skill. Students will learn performance sets including folkloric dance, veil work, and drum solos. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

ADVANCED LEVEL 1

Prerequisite for Level 1: Completion of Beginning and Intermediate Belly Dance Classes.

6/2-7/28 Wed. 5:45-6:45pm \$35

ADVANCED LEVEL 2

Prerequisite for Level 2: Completion of Beginning, Intermediate and Advanced Level 1 Belly Dance Classes.

6/2-7/28 Wed. 6:45-7:45pm \$35

BELLY DANCING-BEGINNER & INTERMEDIATE



(Ages 18 & Up)

Whether you aspire to be a performer or you just want to get into shape, you can enjoy the benefits of this dance class, while you develop stamina and overall flexibility-whatever your age, size, or shape! Costumes not required, however a hip scarf with coins is encouraged. Suggested class attire-yoga/exercise clothing & dance shoes or socks. For more info or to register, contact instructor at Valannmor@aol.com.

Instructor: Valerie Morrison

6/5-7/7-7/31	Sat. 9-10am	\$35
6/5-7/7-7/31	Sat. 10-11am	\$35
6/3-7/29	Thurs. 5:45-6:45pm	\$35
6/3-7/29	Thurs. 6:45-7:45pm	\$35

CHOCOLATE CANDY FLORAL (Ages 16 & Up)

Learn the basics of making chocolate arrangements. (Beginners welcome)!

Instructor: Elizabeth Espinosa

6/7-7/28 Mon. & Wed. 4:30-5:30pm

MATH & READING TUTORING (K-6th Grade)

Math & Reading for K thru 6th grade with a certified teacher.

Instructor: Mrs. B. Bennett

6/7-7/28 Mon. & Wed. 3:30-4:30pm

PICKLEBALL (Outdoor Courts, Ages 16 & Up)

Join the pickleball craze! It's a little tennis, a bit of ping pong, and a splash of badminton. Played on a court $\frac{1}{4}$ the size of a tennis court, with a short racquet called a paddle, and a perforated ball similar to a whiffle ball. Easier than tennis, lower impact, develops reaction time and strategy. This game is for everyone in the family.

Sat. 9:30-11:30am

TENNIS ALL LEVELS (Ages 6-10)



Coach Deleston will provide beginner & intermediate instruction. Practice in the areas of ready position stance, backhand & forehand stance and how to strike a tennis ball correctly. Other areas of instruction include how to serve, play points and keep score. Racquets are available or bring your own. Call 251-648-2965 for information or to register.

Instructor: Lance Deleston

6/1-7/27 Tues. 5:30-7:30pm

TENNIS ALL LEVELS (Adults)



Coach Deleston will provide beginner & intermediate instruction. Practice in the areas of ready position stance, backhand & forehand stance and how to strike a tennis ball correctly. Other areas of instruction include how to serve, play points and keep score. Racquets are available or bring your own. Call 251-648-2965 for information or to register.

Instructor: Lance Deleston

6/3-7/29 Thurs. 5:30-7:30pm



BOOM MIND (Ages 18 & Up)



Boom Mind is a combination of yoga and Pilates. Class can be practiced using a chair for support during standing poses & exercises. Call 773-837-7618 for information or to register.

Instructor: June Jones

6/1-7/27 Tues. 5-6pm

THOMAS SULLIVAN COMMUNITY CENTER

351 N. CATHERINE ST., MOBILE, AL 36603 | (251) 438-7782

HOURS: MON.-FRI. 8AM-8PM | TANYA GULLETT | tanya.gullett@cityofmobile.org

SUMMER NUTRITION PROGRAM (Ages 0-18)

Sponsored by Feeding the Gulf Coast

6/7-7/31 Mon.-Fri. Noon-1pm

MPRD KIDS SUMMER CAMP

Camp Sessions: Mon.-Fri. 6/7-8/6

Sign up weekly: First come, first served.

Camp Weekly Fee: \$50, 7:30am-4:30pm

Post Camp Care: 4:30-6:30pm

\$ 5 per day or \$20 per week

EQB'S (EXCEPTIONAL QUEENS OF BEAUTY) CIVIC CLUB (Ages 13-19)



A program designed for young ladies not organized for profit but operated exclusively for educational or charitable purposes.

Instructor: Morgan Raspberry

6/8-7/28 Tues. 5:30-7:30pm

GOSPEL-CISE



Exercising is very important. Some of the benefits include improved moods, boost immune system and energy, better sleep, increases heart rate, which pumps more oxygen to the brain, therefore aiding the release of hormones which provide an excellent environment for the growth of brain cells.

Instructors: Tangy & Sharon

6/7-7/28 Mon. & Wed. 5:30-6:30pm

TEEN CLUB! (Ages 13 & Up)

Are you a teen looking to connect with others, talk about teen concerns, develop your strengths, and play games and so much more? Come join us!

Instructor: Penny Wiley

6/7-7/28 Mon. & Wed. 4:30-6pm

SULLIVAN'S WALK CLUB! (All Ages)

Walking can help you lose weight and belly fat, as well as provide other excellent health benefits, including creased risk of disease and improved mood. Walking just one mile burns about 100 calories.

Instructor: Lorenzo Grayson

6/7-7/30 Mon.-Fri. 4-5pm

WE'RE PLAYING VOLLEYBALL (Ages 12-15)

Learn or brush up on basic volleyball skills such as passing, setting, spiking, blocking, digging, serving while getting in a game.

Instructor: Lorenzo Grayson & Edward Gamble

6/7-7/26 Mon. & Thurs. 5:30-7:30pm

WE'RE PLAYING VOLLEYBALL (Adults)

Learn or brush up on basic volleyball skills such as passing, setting, spiking, blocking, digging, serving while getting in a game.

Instructor: Lorenzo Grayson & Edward Gamble

6/10-7/29 Thurs. 5:30-7:30pm

CROCKPOT COOKING (Online)

Start the crockpot and have a delicious home-cooked meal to enjoy with your family.

Instructor: Penny Wiley

6/8/-7/27 Every 4th Tues.

VIDEO GAMING (Ages 5 & Up)

An opportunity to play multi-player games against each other, play single-player games and spend time about the latest games, discuss gaming strategies and preferences.

Instructor: Edward Gamble

6/8/-7/29 Tues.-Thurs. 5-7pm



Free WiFi available at all Community Centers

SENIOR & THERAPEUTIC PROGRAMMING

SUPERVISOR: ASHLEY-NICOLE FLOWERS MS, CTRS | ashley.flowers@cityofmobile.org | (251) 208-6169

- *Senior and Therapeutic Programing provides recreation, leisure and outreach services to City of Mobile residents who are 55+ and to residents with mild to moderate physical, mental and emotional disabilities. Special Recreation Program staff are still working during the coronavirus outbreak, but some of our programs and centers are operating with new procedures to protect public health.*
- *INCLUSION is available to ALL INDIVIDUALS in accessing and enjoying the fun opportunities the City of Mobile Parks and Recreation Department offers. Call your local recreation center to find what activities interest the member. If the member has special needs and would like to request assistance, call the Program Supervisor at 251-208-6169. Please provide a minimum of three weeks' notice to the start of the program. An assessment is required.*
- *Senior Centers are currently closed to the public. The staff is offering drive-thru socials, games, and packets at any of the Senior Center locations. Call your center to reserve a spot or for more information. If you are not a member, please call the outreach team at (251) 208-6701 to get set up.*

VIRTUAL EDUCATION

Virtual Education can be accessed via Facebook, e-newsletter, or YouTube channel.



TEXT CHALLENGE

Text Challenge is a simple text-based challenge that can help participants engage and socialize, which is important to overall health and well-being. To take part, the only thing needed is a smartphone, tablet, or other device with text capability.

Registration is required. mprd.recdesk.com



CRACK THE CODE

Crack the Code can be an easy way to help connect and mingle. Participants will work to unscramble words to reveal a phrase. Participants will receive instructions when registration happens.

Registration is required. mprd.recdesk.com

CRAFTING & ARTS (Online)

Once a month a "rec-to-go" packet can be reserved for pickup following a virtual education demonstration. Pick up locations are All Complex, Connie Hudson Senior Center, Parkway Senior Center and Tricksey Senior Center.

Registration is required. mprd.recdesk.com

6/1	Sand Art Candle Kit
7 / 1	Patriotic Star Ornament

TECHNOLOGY Q & A

Do you have technology questions? Technology Trainers are available to help Monday-Fridays from 1-3pm. Please call 251-456-9960. Trainers will be able to assist with general technology questions. More advance questions, such as virus removal, should be directed to trained professionals.

VIRTUAL BINGO - ONLINE

Join us every Tuesday and Thursday for some fun virtual Bingo with Zoom. See the staff and friends from near and far.

To access our zoom bingo, join on Zoom:

<https://us04web.zoom.us/j/9977850052>

Password: seniors

Meeting ID: 997 785 0052

Bingo cards are available outside for pickup at all Senior Centers or you can grab a virtual bingo card here:

<https://bingobaker.com/play/1228516>

6/1-7/27 Tues. 1pm

6/3-7/29 Thurs. 1pm

COMMUNITY LEISURE OPPORTUNITIES

Community Leisure Opportunities is for everyone. Come join Senior and Therapeutic staff at any of the programs, activities, or events to help learn and engage in leisure experiences.

ARTS AND CRAFTS - AT ARTWALK

Join us on the second Friday to learn about a new art activity. Participants are encouraged to pre-register for supplies and material pick-ups. mprd.recdesk.com

Cathedral Square

6/11 Fri. 5-9pm

7/9 Fri. 5-9pm



Free WiFi available at all Community Centers

SENIOR & THERAPEUTIC PROGRAMMING

SUPERVISOR: ASHLEY-NICOLE FLOWERS MS, CTRS | ashley.flowers@cityofmobile.org | (251) 208-6169

GOING FISHING AND PICNIC DAY

Get out there and go fishing! It's as simple as that. Fishing takes patience and promotes a calm nature, which is beneficial for you mentally and physically; it can lower blood pressure and allow you to feel more calm and ready to tackle life! Come grab a pole with the Senior and Therapeutic Staff. If under the age of 16 and over the age of 65 a fishing license is not required. Everyone else must possess a current Alabama fishing license. Please make sure to bring all of your favorite fishing tackle as well and your patience.

Pre-registration is encouraged. mprd.recdesk.com
6/18 9am-1pm Dog River Park

NATIONAL YOGA DAY

Join us for a day of yoga! All classes are free. Instructors will guide participants through one-hour sessions. There are many styles of yoga, from gentle yoga to power yoga, and the benefits are wide-ranging. All ages and abilities are welcome.

Pre-registration is encouraged. mprd.recdesk.com
6/21 9-10am Parkway Senior Center Green Space
Medal of Honor Park Amphitheater
Mike Dow Amphitheater

GREAT OUTDOORS PHOTO SHOOT

Celebrate the great outdoors month with a photo shoot in Arlington Park. Come to Arlington Park to enjoy the beautiful views of Mobile Bay and get your photo taken.

Pre-registration is encouraged. mprd.recdesk.com
6/30 Wed. 9-11am Arlington Park

WORKOUTS IN THE PARK

No gym membership, no problem. Taking fitness outside during Covid-19. Join a class in the park and social distance. Bring a mat and towel. No weights are necessary.

Pre-registration is encouraged. mprd.recdesk.com

MEDAL OF HONOR PARK

Instructor: Carl Lewis
6/7-7-26 Mon., Wed., Fri. 9-10 am

TRIMMIE PARK

Instructor: Jessica Shaneyfelt
6/7-7-26 Mon., Wed., Fri. 9-10 am

TRINITY GARDENS PARK

Instructor: Edmar Espina
6/7-7-26 Mon., Wed., Fri. 9-10 am



ADAPTIVE LEISURE LIFESPAN COMPLEX (ALL COMPLEX)

1301 AZALEA RD., MOBILE AL 36693 | (251) 666-3922 | HOURS: MON.-THURS. 7AM-7PM, FRI. 7AM-3PM
CENTER MANAGER: HEIDI HANCHEY | Allcomplex@cityofmobile.org

*The ALL Complex is open. Our programs are operating with new procedures to protect public health.
To sign up for classes or to become a member, call the front desk.*



COLORFUL ART SUMMER FUN (New)

Learn a fun way to create all different types of art.

All Ages & All Abilities

Pre-Registration is required. mprd.recdesk.com

Instructor: Carmel Alvis

ACRYLIC POUR

Learn a new way of painting by pouring the pigments onto the canvas rather than using a brush.

6/3 Thurs. 10-11am

6/7 Mon. 10-11am

PAINTED ROCKS

Have fun while using acrylic paints to decorate rocks to look like animals, add initials or inspirational messages, whatever you can dream up.

6/10 Thurs. 10-11am

7/1 Thurs. 10-11am

PAINT-A-LONG : SUNSET

Paint a beautiful sunset using acrylic paints

6/14 Mon. 10-11am

6/24 Thurs. 10-11am

PAINT-A-LONG: ABSTRACT PAINTING

We will celebrate LGBTQ month by creating a colorful abstract painting.

6/17 Thurs. 10-11am

6/21 Mon. 10-11am

WATERCOLOR

Learn the basics of watercolor painting while creating beautiful works of art.

6/28 Water Color Fish Mon. 10-11am

7/12 Water Color Flower Mon. 10-11am

7/15 Water Color Flower Thurs. 10-11am

7/19 Floral Monogram. Mon. 10-11am

7/22 Water Color Monogram Thurs. 10-11am

BASIC YOGA



Gain strength, increase balance and learn relaxation exercises along with proper alignment and breathing. Yoga helps relieve stress and build strength and equilibrium. Bring a sticky mat and a regular towel. The fee is payable to the instructor. Call 251-367-4280 for more information or to register mprd.recdesk.com

Instructor: Irene Callaway

6/1-6/29 Tues. 11am-Noon \$25

7/6-7/27 Tues. 11am-Noon \$20

6/4-6/25 Fri. 11am-Noon \$20

7/9-7/30 Fri. 11am-Noon \$20

BOOM MIND YOGA



Boom Mind Yoga is a fusion of Yoga and Pilates that focuses on stretching and core strength. Improve your flexibility and athletic performance that is good for your body and your mind. Call 251-666-3922 for more information or to register.

Instructor: June Jones

6/1-7/30 Mon.-Fri. 8:30-9:45am

BINGO

Bingo for everyone. Come out and win some prizes.

6/10 Thurs. 10-11am

7/15 Thurs. 10-11am

BODY SCULPTING



Body Sculpting is a strength-training workout that combines flexibility and cardiovascular conditioning.

It is highly recommended to those wanting a weight loss program. Classes are geared to accommodate all fitness levels. For more information call 251-605-2008 or Glowe3@yahoo.com

Instructor: Gerry Lowe

6/7-7/28 Mon. & Wed. 9am

CHAIR AEROBICS



Chair aerobics is a safe, effective, low impact workout that is good for all fitness levels. For more information call 251-605-2008 nor Glowe3@yahoo.com

Instructor: Gerry Lowe

6/1-7/29 Tues. & Thurs. 9am



NEW FEATURE INSIDE THIS ISSUE:

If you see this icon it indicates a class or activity led by an official MPRD Programmatic Partner.

ADAPTIVE LEISURE LIFESPAN COMPLEX (ALL COMPLEX)

OPEN ART LAB

In this self-led activity participants bring their own art supplies and encourage and help each other.

6/1-7/30 Tues. 9:30-11:30am Instructor: Carmel Alvis

6/2-7/28 Wed. 12:30-2:30pm Instructor: Heidi Hanchey



REV+FLOW BY REFIT®



REV+FLOW by REFIT® is a high intensity, low impact workout designed for everyone. Although it is movement to music, this is not a cardio dance class. Movements are slower, focusing on strength, balance, flexibility and mobility. While REV+FLOW is easier to follow, it is highly modifiable whether higher or lower intensity is needed. We would love to have you join us for a REV+FLOW class! Age: 12 and up

Instructor: Joby Robertson

6/1-7/27 Tues. 4:30-5:30pm

ZUMBA 101



Zumba combines dance and fitness moves and is done to a background of exhilarating rhythms. This dance fitness program will get your heart pumping.

Instructor: Joby Robertson

6/3-7/29 Thurs. 4:30-5:30pm



SPORTS & CONDITIONING



Focus on core, condition & sports agility. Helps you stay in shape or get in better shape. Good for all sports. For more information call 605-2008 or Glowe3@yahoo.com

Instructor: Gerry Lowe

6/7-7/26 Mon. 3:30-5pm

6/2-7/28 Wed. 3:30-5pm

WOODCARVING

Self-led workshop. Plenty of people are willing to mentor first-time woodworkers. Come and try out this hobby.

6/7 Mon. 3-6pm

7/12 Mon. 3-6pm

PICKLEBALL PLAY (RESERVATIONS ONLY)

Pickleball is a cross between badminton, tennis and ping-pong. It is played on a badminton-sized court with wooden paddles, a whiffle ball and a net that is lowered to 34 inches. It is a fun easy to learn sport for people of all ages and athletic abilities.

PICKLEBALL PROTOCOL

- One court set up, with a maximum of four people.
- Play lasts for an hour and a half and it is open play.
- Participants must bring their own Pickleball paddles and balls.
- Players will only serve their ball.
- You must sign up and reserve a time slot to play.
- There are (4) 1 ½ hour time slots available each day.
- You are only allowed to sign up for one time slot per day.

6/1-7/30 Mon.-Fri. 8:30-10:am

6/1-7/30 Mon.-Fri. 10:15-11:45am

6/1-7/30 Mon.-Fri. 1-2:30pm

6/1-7/30 Mon.-Fri. 5:30pm



Free WiFi available at all Community Centers

THERAPEUTIC PROGRAMS

PROGRAM MANAGER: LaDARREL BELL | therapeutics@cityofmobile.org
(251) 208-1252

While inclusion services provides accommodations for citizens with disabilities to participate in existing programs, without fundamentally altering the program or activity, therapeutic recreation programs are specially designed activities that aim to meet the physical, social, emotional and cognitive needs of their participants.

ADAPTIVE BASKETBALL SKILLS AND DRILLS

(Ages 10 & Up)

Develop and improve your fundamental basketball skills by learning essential drills that will help you become a more effective offensive and defensive player.

6/7-6/28 Mon. 10am-Noon
Springhill Recreation Center

ADAPTIVE PICKLEBALL (Ages 10 & Up)

Pickleball is a mixture of tennis, ping pong, and badminton. This activity is adaptive for wheelchair users. This class will introduce participants to the game of pickleball.

7/7-7/28 Wed. 10am-12 Noon
Springhill Recreation Center

ADAPTIVE FLAG FOOTBALL (Ages 15 & Up)

An opportunity for members to enjoy America's favorite sport. Players benefit by being physically active through non-contact, continuous action while learning the fundamentals of football, lessons in teamwork, and sportsmanship. Individuals who want a program with less emphasis on competition and winning and more emphasis on FUN. This activity is adaptive for wheelchair users.

7/5-7/26 Mon. 10am-Noon
Springhill Recreation Center

ADAPTIVE BOCCE BALL (Ages 10 & Up)

Join us for Bocce Ball! A game that can be played by all. Learn the rules and have some fun!

6/2-6/30 Wed. 10am-Noon
Springhill Recreation Center



ARTISM: ARTIST WITH AUTISM (Ages 10 & Up)

Art provides a way for people who are nonverbal or minimally verbal to express themselves, and in some cases create a modest income. It allows people living in sheltered environments to be creative and have meaningful and enjoyable work. Most importantly, people with autism are often good artists precisely because they see things from their unique perspective.

6/1-7/27 Tues. 10-Noon
ALL Complex



REEL FUN FISHING (Ages 16 & Up)

The Reel Fun fishing program will help to make fishing in City parks an easy option for anyone who might want to try it out. This class will include information about the waterbody, a list of fish species present, fishing tips and techniques applicable to each waterway, and information about obtaining a fishing license.

6/4-2/25 Fri. 10am-2pm Dog River Park



SIMPLE SIGN LANGUAGE (Ages 10 & Up)

Students learn basic, common etiquette signs and everyday signs to communicate with the hearing impaired.

Instructor: Val Armstrong & April Britton

6/3-7/29 Thurs. 9-11am ALL Complex

THERAPEUTIC YOUTH MARCHING BAND

(Ages 5-18)

Become a member of the all-inclusive therapeutic marching band. Learn instrumental music and marching fundamentals, dance routines, and color guard routines to prepare for community performances and parades. Beginner and experienced musicians, dancers, and color guard (flag twirler) students are encouraged to join. Band activities are held at the ALL Complex

6/7-7/26 Mon. 5-7pm
6/2-7/28 Wed. 5-7pm



GAME ON! (Ages 5 & Up)

Learn to play various video games on the Xbox and Wii Gaming Stations. From race car driving to interactive games enjoy them all. By the end of the summer compete to win in tournament play.

7/2-7/30 Fri. 10am-Noon All Complex

SENIOR PROGRAMS 55+

Senior Centers and Programs staff are still working during the coronavirus outbreak. New client intake is being conducted by the outreach team via phone. To sign up for services, call the outreach team at (251) 208-6701. Senior Centers are currently closed to the public. If you are not a member, please call the outreach team at (251) 208-6701 to get set up. Senior centers and programs are for individuals age 55 and older. Frozen meals are being delivered once a week. All classes and activities will be evaluated with the most current conditions and orders. For more information, please email mprdseniors@cityofmobile.org or contact (251) 208-6701.

The ADA Liaison provides inclusion to individuals with disabilities and/or medical conditions who request modifications to participate in other Parks and Recreation programs. The City of Mobile Parks and Recreation Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and provide reasonable modifications to facilitate program participation. We request that modification requests are made 3 weeks in advance, so we can communicate and prepare appropriate modifications. To request a modification or for more information, please contact us via email at mprdada@cityofmobile.org or at (251) 208-6169.

CONNIE HUDSON SENIOR CENTER

3201 Hillcrest Road
Center Manager: Carl Lewis
251-208-6335

PARKWAY SENIOR CENTER

1600 Boykin Blvd.
Center Manager: Jessica Shaneyfelt, CTRS
251-471-2503

TRICKSEY SENIOR CENTER

3100 Banks Ave
Center Manager: Edmar Espina, CTRS
251-456-6690

25 MILE CLUB

Senior and Therapeutic Recreation Division is holding a Run/Walk Challenge to help encourage all members to stay active during the summer. The challenge is for walkers, runners, joggers, and everyone in between! The challenge will begin on June 1st and end on July 29th. All participants will be entered into a raffle for prizes. Join us outside at each location to help get your 25 miles in for the Summer. Pre-registration is encouraged. mprd.recdesk.com

6/1-7/24 Tues. & Thurs. 8-9am
 Connie Hudson Senior Center
 Parkway Senior Center
 Tricksey Senior Center

NATIONAL GIVE A BUNCH OF BALLOONS MONTH

During the month of June, Senior Center staff will celebrate National Give a Bunch of balloons Month by driving to a senior's house to drop off a balloon and say "Hello". Know of a senior who needs a pick me up email us at mprdseniors@cityofmobile.org to nominate them for a "POPPIN SURPRISE"!!!

The ADA Liaison provides inclusion to individuals with disabilities and/or medical conditions who request modifications to participate in other Parks and Recreation programs. The City of Mobile Parks and Recreation Department welcomes the participation of all individuals, including those with disabilities or special needs. We are committed to compliance with the ADA and provide reasonable modifications to facilitate program participation. We request that modification requests are made 3 weeks in advance, so we can communicate and prepare appropriate modifications. To request a modification or for more information, please contact us via email at mprdada@cityofmobile.org or at 251-208-6169.

DRIVE-THRU EVENTS

Calling all Mobile residents 55 years of better! Join us for Drive-Thru events at the Senior Center's parking lots. Senior Center staff will be there to assist with directions. No walk-ups. Participants are encouraged to wear mask.

NATIONAL PEN PAL DAY

Let's connect with other senior centers around the United States! Come pick up your pre-stamped, pre-addressed envelopes and let's see if we can get one back from every state.

6/1 Tues. 1-2pm
Connie Hudson Senior Center
Parkway Senior Center
Tricksey Senior Center

NATIONAL DONUT DAY

Drive in to a Senior Center and enjoy a donut and coffee to celebrate National Donut Day.

Sponsored by Community Insurance Partners.

6/4 Fri. 9:30-10:30am
Connie Hudson Senior Center
Parkway Senior Center
Tricksey Senior Center

FATHERS DAY DRIVE BY CORNHOLE & HOT DOG CELEBRATION (Ages 55 & Up)

Calling all father figures to the Senior Centers for hotdogs and cornhole to celebrate you.

Sponsored by Community Insurance Partners.

6/17 Thurs. 11:30am-12:30pm
Connie Hudson Senior Center
Parkway Senior Center
Tricksey Senior Center

4TH OF JULY SNOW CONE CELEBRATION & TRIVIA

Come celebrate the 4th of July with snow-cones and trivia. How well do you know our Nation's History? Come find out!

7/2 Fri. 10:30-11:30am
Connie Hudson Senior Center
Parkway Senior Center
Tricksey Senior Center

NATIONAL STRAWBERRY SUNDAE DAY

Each year on this day, Americans combine vanilla or strawberry ice cream, strawberry sauce, fresh strawberries, and whipped cream. It's summer! Strawberries and ice cream just go together. What better way to celebrate than with a sundae?

Sponsored by Community Insurance Partners.

7/7 Wed. 11:30am-1pm
Connie Hudson Senior Center
Parkway Senior Center
Tricksey Senior Center

NATIONAL GIVE SOMETHING AWAY DAY

Most of us have the benefit of having more than we need to live. Giving benefits us all, too. It improves our community and puts much-needed services and assistance within the reach of those who need it most. Come to a Senior Center and be blessed with a bag that was donated full of BLESSINGS.

Sponsored by Walmart Community Foundation Grant.

7/15 Thurs. 1-2pm
Connie Hudson Senior Center
Parkway Senior Center
Tricksey Senior Center

NATIONAL CHILI DOG DAY

Celebrate National Chili Dog Day with a chili dog and chips. Making decisions is difficult. Alas, making decisions about what mouthwatering cuisine to satiate your appetite during the sweltering summer months can also be difficult. Do you want chili? Do you want hot dogs? Sometimes life doesn't have to be so complicated. Sometimes you can have it all. Enter, like a shining beacon from the sky, the Chili Dog. On National Chili Dog Day, we the staff of senior centers celebrate a food that doesn't make us choose. We celebrate a food that chooses us. We celebrate the chili dog.

Sponsored by Community Insurance Partners.

7/29 Thurs. 11am-12:30pm
Connie Hudson Senior Center
Parkway Senior Center
Tricksey Senior Center



DRIVE-THRU EVENTS

DRIVE IN BINGO

Parking attendants will assist with parking. There will be no reserved parking spots. Trucks and vans will be parked in the rear of the parking lot to help with viewing by smaller cars. There is room for approximately 45-50 cars, and it is first come, first served. There will be five games followed by an intermission, then five more games (time allowing) will be held but this is subject to change. The bingo caller will be in a central location with a microphone. Those who get Bingo honk their horn. All attendees must remain in their vehicles.

CONNIE HUDSON SENIOR CENTER

6/9 Wed. 1-2pm
Sponsored by: Homecare Companions
7/16 Fri. 1-2pm
7/21 Thurs. 1-2pm
Sponsored by: Community Insurance Partners

PARKWAY SENIOR CENTER

6/10 Thurs. 1-2pm
Sponsored by: Homecare Companions
7/15 Thurs. 1-2pm
7/22 Thurs. 1-2pm

TRICKSEY SENIOR CENTER

6/8 Tues. 1-2pm
7/14 Wed. 1-2pm
Sponsored by: On the Island Training
7/23 Fri. 1-2pm
Sponsored by: First Baptist of Carver Homes



TENNIS CENTERS

COPELAND-COX TENNIS CENTER — MOBILE TENNIS CENTER

851 GAILLARD DRIVE, MOBILE, AL 36608 | (251) 208-5181

HOURS: MON.-THURS. 8AM-9PM, FRI.-SAT. 8AM-5PM, SUN. 9AM-5PM

GENERAL MANAGER: SCOTT NOVAK | www.mobiletenniscenter.net/clinics

JUNIOR CLINICS & FEES

All junior clinics are 1 hour long, twice a week

Mighty Mites	Age 5	\$35/session
8 & Under	Ages 6-8	\$90/session
10 & Under	Ages 9-10	\$90/session
11 & Up	Ages 11-17	\$90/session

SESSION 5: 6/14-7/9

Registration Deadline: 6/7/21

Mighty Mites	Mon. 3:30-4 pm
8 & Under	Mon. & Wed. 4-5pm
10 & Under	Tue. & Thurs. 5-6 pm
11 & Up	Tue. & Thurs. 4-5pm

Rain Make-up Week: 7/12-7/16

SESSION 6: 7/19-8/20

Registration Deadline: 7/12/21

Mighty Mites	Mon. 3:30-4 pm
8 & Under	Mon. & Wed. 4-5pm
10 & Under	Tue. & Thurs. 5-6 pm
11 & Up	Tue. & Thurs. 4-5pm

Rain Make-up Week: 8/23-8/27

ADULT CLINICS & FEES

All adult clinics are 1 hour long, once a week for 4 weeks

Adult Beginner	Ages 18 & Up	\$50/session
Adult Intermediate	Ages 18 & Up	\$50/session
Adult Beginner Cardio	Ages 18 & Up	\$50/session
Adult Intermediate Cardio	Ages 18 & Up	\$50/session

SESSION 5: 6/14-7/9

Registration Deadline: 6/7/21

Adult Beginner	Mon. 6-7pm
Adult Intermediate	Mon. 7-8pm
Adult Beginner Cardio	Wed. 6-7pm
Adult Intermediate Cardio	Wed. 7-8pm

Rain Make-up Week: 7/12-7/16

SESSION 6: 7/19-8/20

Registration Deadline: 7/12/21

Adult Beginner	Mon. 6-7pm
Adult Intermediate	Mon. 7-8pm
Adult Beginner Cardio	Wed. 6-7pm
Adult Intermediate Cardio	Wed. 7-8pm

Rain Make-up Week: 8/23-8/27



TENNIS CENTERS

COTTAGE HILL TENNIS CENTER — MEDAL OF HONOR PARK

1711 HILLCREST RD., MOBILE, AL. 36695 | (251) 666-9539
HOURS: MON.-THURS. 8-11AM, 5-9PM | GATES ARE OPEN 8AM-9PM

*Individual or group Tennis Lessons for all Ages are offered at Cottage Hill Tennis Center.
Contact Teaching Pros for available time and rates:
Bruce King, 251-382-4500 | Elaine Campbell, 251-604-4941*



LYONS PARK TENNIS CENTER

180 LYONS PARK AVENUE | (251) 694-1830 | FAX: (251) 690-7730
HOURS: MON.-THUR. 3-9PM, FRI. CLOSED, SAT. 8AM-1PM | FEES: \$4 DAY, \$5 NIGHT

*Individual or group Tennis Lessons for all ages are offered at Lyons Park Tennis Center.
Contact Teaching Pros for available time and rates
James Richardson, 251-391-6685 | Lance Deleston, 251-648-2925*



PARKS AND RECREATION PROGRAMMATIC PARTNERSHIP

The City of Mobile Parks and Recreation Department (MPRD) is looking for individuals and organizations for programmatic services. We are actively recruiting partners in areas such as dance, fitness, tutoring, mentoring, art, theatre, and other fun activities/programs in MPRD facilities.

Interested parties will need to attend one mandatory technical assistance workshop. During this Technical Assistance workshop, you will learn the process to successfully apply to be a partner.

All selected partners will be required to sign a Facility Use Agreement with the City of Mobile. Program facilitation will begin Winter/Spring 2022.

AUGUST 20 Programmatic Partnership Application released

AUGUST 31 Mandatory Technical Assistance Workshops
Tuesday, 6-7:30pm
Will be conducted over Zoom

SEPTEMBER 1 Mandatory Technical Assistance Workshops
Wednesday, 10:30am–Noon
Will be conducted over Zoom

SEPTEMBER 2 Mandatory Technical Assistance Workshops
Thursday, 6-7:30pm
MPRD Administrative Offices, 48 North Sage Ave.

Partnership Application Submission Deadline:
Friday, September 17, 2021 at 5pm

For additional information email us at MPRDPrograms@cityofmobile.org



**THIS PROGRAM PROVIDES FISHING OPPORTUNITIES
FOR FIRST-TIME OR INEXPERIENCED ANGLERS
NEAR URBAN AREAS THROUGHOUT ALABAMA.**

**LAKE DRIVE TRICENTENNIAL PARK
FRI. JULY 23, 4-8PM
SAT. JUNE 26, 8AM-NOON**

- Families and adults will be provided with all the equipment needed to fish, fishing instruction, casting demonstrations, snacks, and drinks.
- Participants ages 16-64 required to have a freshwater fishing license (registration fees may apply).

**For more information or to register, please contact Kasie McKee
at (205) 331-1266 or Kasie.McKee@dcnr.alabama.gov**



EVENTS

Please follow us on Social Media to keep up to date on the events you are planning to attend.



LoDa ARTWALK

The 2nd Friday of Each Month, 6-9pm
With the LoDa Art Walk in its 10th year, the event seems to be getting better each month. Join downtown art

galleries, institutions, studios, and unique shops as they open their doors and welcome you inside to see beautiful artwork, sample delicious foods and hear the sounds of the LoDa Art Walk. Please contact any participating art gallery to find out how to display your artwork.

@LODAartwalk



ROLL MOBILE

Bienville Square: 150 Dauphin St.
5/14, 6/11, 7/9, 8/13
Fri. 6-9pm

Get your skates street ready and

Let's Roll, Mobile! The Mobile Parks and Recreation Department is turning all of Bienville Square into an outdoor roller skating rink! Entrance to the skating event is FREE!! Come on out, listen to the LIVE DJ, and skate the square with us on the 2nd Friday of the month! Bienville Square. @CityofMobileEvents



MARKET IN THE PARK

Cathedral Square: 300 Conti St.
5/8-7/17
Sat. 7:30am-Noon

Buy locally-grown, locally-produced

and homemade items at Market in the Park!

@MarketsInMobile



MARKET IN THE PARK

Dotch Community Center: 3100 Bank Ave.
5/27-7/15
Thurs. 3-6pm

The City of Mobile's Farmer's Market

is at Dotch Community Center and has the vendors you've come to love, but with new vendors as well! Now you have more locally-produced, locally-made items to choose from! @MarketsInMobile



TOUR de FOOD TRUCKS

The 3rd Tuesday of each month.
4-9pm

Follow the Food Trucks!

#DiscoverYourParks by following the

Food Truck Tour! We are continuing our Spring Food Truck Trail through the Summer! In Eight Parks, Eight Months, and Eight Days of Food Trucks and Fun! Games, music, trivia, and food...come spend the evening with us to enjoy it all! Please follow our social media pages to see where the Food Truck Trail will be this Summer.

Medal of Honor Park	April 20
Matthews Park	May 18
Dog River Park	June 15
Arlington Park	July 20
Tricentennial Park	Aug. 17
Hope Park	Sept. 21
Hillsdale Park	Oct. 19
Langan Park	Nov. 16



SATURDAYS AT THE COOP

Cooper Riverside Park
6/12-9/14
Sat. 6-11pm

Join us every Saturday and enjoy a variety of bands/entertainment, food trucks, local vendors, and more at Cooper Riverside Park. Saturdays at the Coop is brought to you in partnership with Visit Mobile.

@CooperRiversidePark

MAYOR'S CUP

Herndon-Sage Park
8/7

Sat., 8am-Noon

The Mayor's Cup is back with a showcase of MPRD athletic programs, along with games, activities, food, and fun! Bring the entire family and enjoy watching and participating in this athletic showcase.

Register to participate @mprd.recdesk.com

"FRIDAY NIGHT LIVE"

Quarterly Concert Series

Medal of Honor Park, 1711 Hillcrest Rd.
8/28

Fri., Gates open at 6pm, Concert begins at 7pm

Join us for Fun, Food, and Great Music

EVENTS


Please follow us on Social Media to keep up to date on the events you are planning to attend.



THE 23rd ANNUAL DAUPHIN STREET BEER FESTIVAL

Downtown Mobile

8/21, Sat. 6 -9pm

Grab your friends, grab your mug, and get ready to taste a bevy of brews! You heard that right! The Dauphin Street Beer Festival is back and we are gearing up for another record year of bar hopping through downtown Mobile tasting nearly 100 beers along the way! Cheers!  @DauphinStreetBeerFestival



MASKS ARE ENCOURAGED FOR ALL INDOOR ACTIVITIES AND EVENTS.





ARE YOU READY FOR A FIREWORKS EXTRAVAGANZA ON THE WATERFRONT?

Plan to spend your July 4th in downtown Mobile! Enjoy a fantastic fireworks show and music at Cooper Riverside Park while celebrating the birth of our nation.

COOPER RIVERSIDE PARK

101 S. WATER STREET

FIREWORKS BEGIN AT DUSK

Head downtown early or stay late and visit one of our many downtown businesses for a bite and a beverage! Follow our social media pages for more information.

 @CityofMobileEvent | #July4thMobile

